



# LET'S ENHANCE LIPOEDEMA CARE

## JOBST® CONFIDENCE® – WHEN COMFORT IS KEY

- **Contour fit** - Innovative knitting technology allows for high ability to conform to individual body shapes.
- **Moisture management** - Advanced moisture management system with doublelayer construction for optimal comfort.
- **Soft & firm** - Supple conforming fabric provides firm support and reassurance.



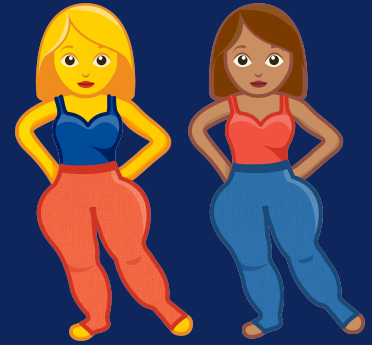
## JOBST® ELVAREX® – WHEN RELIABLE AND FIRM SUPPORT IS NEEDED

- **Breathable** - Allows air to pass more freely due to open loop knitting structure.
- **Optional Functional Zone** - For greater comfort and mobility around joints.
- **Flat-knit technology** - Helps bridge skin folds and reduces cutting into the skin.



# RECOGNIZING THE SIGNS AND SYMPTOMS OF LIPOEDEMA

- Symmetrical increase of fatty tissue in the legs (less often the arms)
- Larger legs compared to narrow waist and slender upper body
- Pain in the affected area and tender to touch skin
- Affected emotional wellbeing, e.g., low self-esteem



## LIPOEDEMA VERSUS OBESITY

### LIPOEDEMA



- Only women
- Associated with phases of weight gain and hormonal changes; puberty, pregnancy, menopause
- Family history is common in female members
- Symmetric (both limbs), the hands or feet are not affected
- Pain due to inflammation and hypoxia
- There is no progress, if obesity does not progress

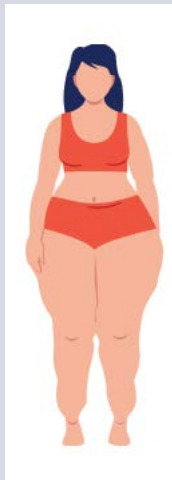


### OBESITY

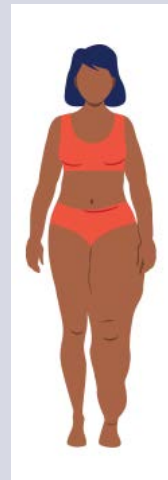
- Men and women
- Can already develop in early childhood, but it is not limited to a certain age group
- Family history is common
- Affects the whole body, usually symmetrical
- No specific signs, especially no pain in the affected limb
- Likely to progress with risks of e.g. chronic heart diseases, diabetes and joint degeneration

## LIPOEDEMA VERSUS LYMPHOEDEMA

### LIPOEDEMA



- Only women
- Symmetric (both limbs) lower extremity more often
- Interstitial fluid does not accumulate
- No swelling of foot/hand
- Bacterial cellulitis is uncommon
- Pain due to inflammation and hypoxia
- Caused by hypertrophy and hyperplasia of adipocytes leading to inflammation



### LYMPHOEDEMA

- Men and women
- Asymmetric (often only one limb), upper and lower extremity
- Interstitial fluid accumulates
- Swelling of foot/hand possible
- Bacterial cellulitis is common
- Feeling of tension due to interstitial fluid
- Caused by a defect or overload in the lymphatic system



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