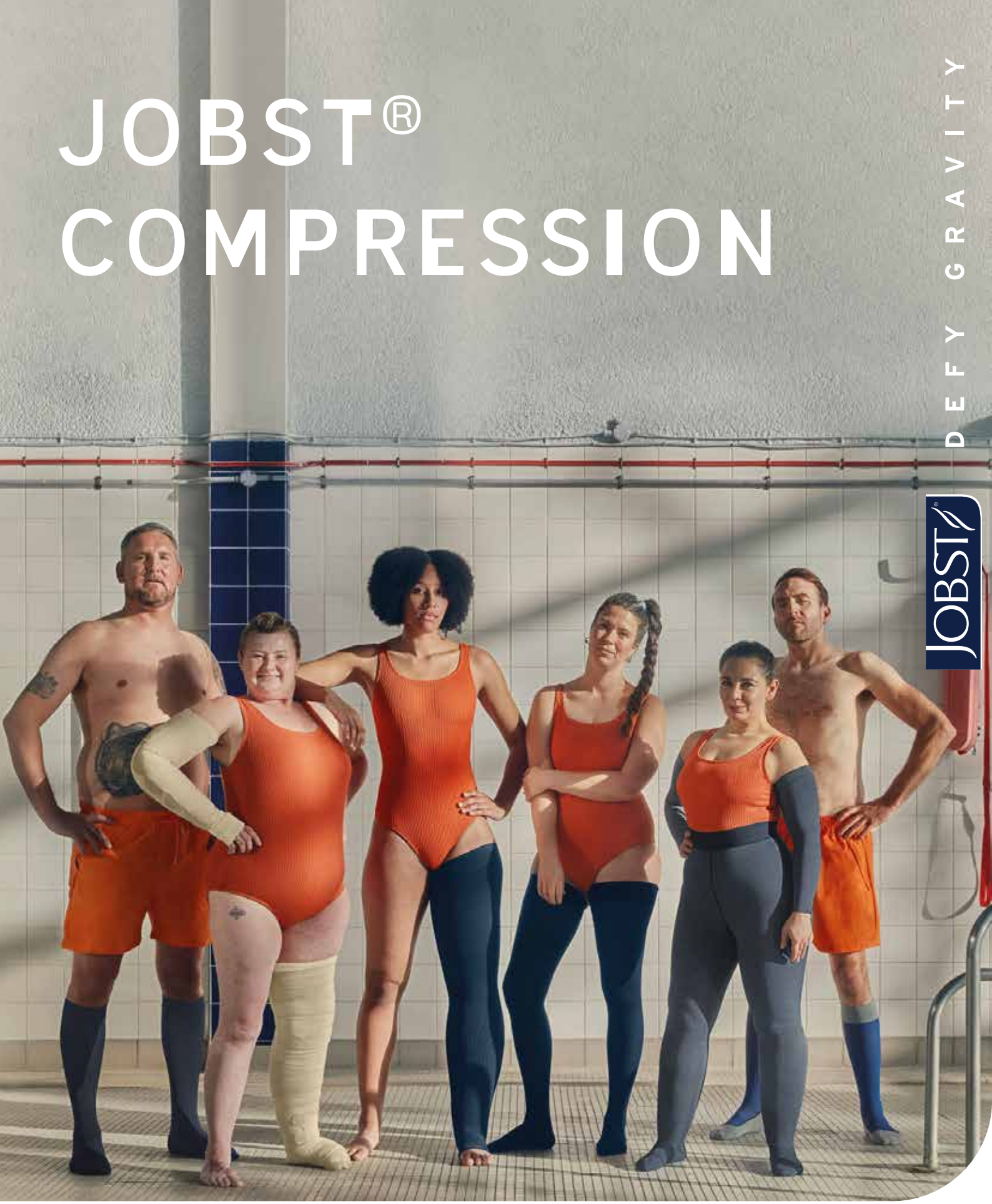
JOBST® COMPRESSION

DEFY GRAVITY



Products, Resources and Measuring Guides

HISTORY OF **JOBST® BRAND**

Our founder Conrad Jobst had venous insufficiency like many of our customers. He refused to accept there was nothing doctors could do for him.

So from illness came innovation. He loved swimming. He felt weightless in the water, so he made a sock that squeezed his leg, just like water did. So no matter where he went he wasn't weighed down. He was floating. And thanks to him, JOBST® compression therapy solutions do the same.

We have been busy breaking barriers and shattering the status quo since 1950.

Today, JOBST® is one of the biggest brands for compression hosiery worldwide.

#1 Brand for lymphatic conditions globally and available in over 30 markets.



Which type of conditions do we treat?

Lymphology

Treatment of lymphoedema. Primary goal is to reduce swelling and maintain size. Lipoedema is a disease still wrongly attributed to lymphology. Primary goal is to reduce symptoms such as pain.

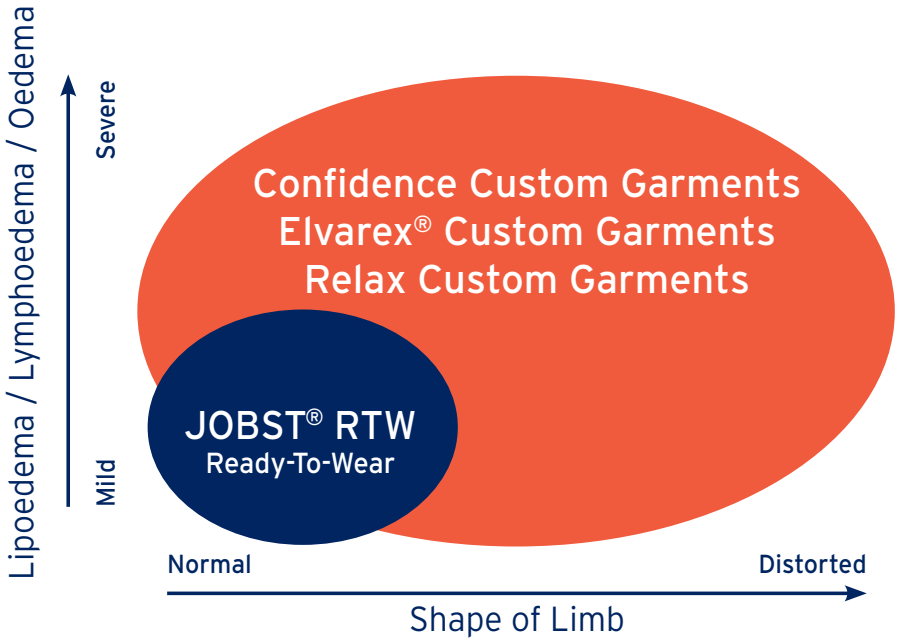
Phlebology

Treatment of vein diseases. Primary goal is to enhance and maintain venous blood flow.

The **management** of oedema with compression therapy can be challenging as limbs do not follow a normal anatomical shape

The effective management of oedema is highly dependent on a well-fitting garment that contours to the individual patient's anatomical differences/shape. Custom Garments provide excellent fit and are therapeutically effective. **JOBST® Elvarex® Custom Garments** are recognised as a preferred option for these patients.

There are however situations where the patient's symptom severity and/or progression will allow flexibility in treatment options. The JOBST® range provides a quality garment option for all of these patients.



Early Intervention/ Prevention	Mild Lymphoedema	Moderate Lymphoedema	Severe Lymphoedema
Bella™ Lite RTW	Bella™ Lite RTW	Bella™ Strong RTW	Elvarex® Custom Garments
Lower Limb Circular Knit RTW	Bella™ Strong RTW	Elvarex® RTW	
	Lower Limb Circular Knit RTW	Elvarex® Custom Garments	
	Confidence Custom Garments	Confidence Custom Garments	



DEFY GRAVITY

JOBST®

JOBST® COMPRESSION

Upper Limb Compression Garments

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Upper Limb Compression Garments

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Circular Knit Ready-To-Wear (RTW)

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Circular Knit Ready-To-Wear (RTW)

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- Gauntlet

JOBST® **ELVAREX SOFT** 8

Flat Knit Ready-To-Wear (RTW)

- Armsleeve
- Glove
- Gauntlet

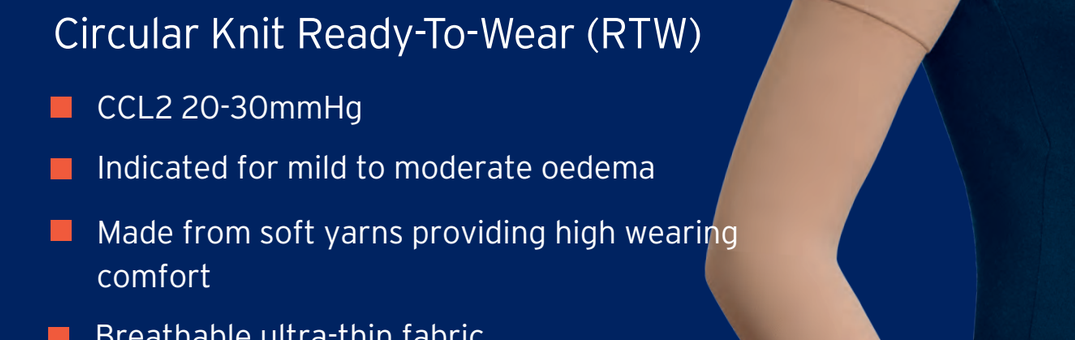
MEASURING GUIDE 10

THINKING ABOUT EARLY INTERVENTION?

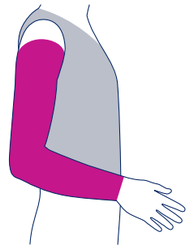
JOBST® **BELLA™ LITE**

Circular Knit Ready-To-Wear (RTW)

- CCL2 20-30mmHg
- Indicated for mild to moderate oedema
- Made from soft yarns providing high wearing comfort
- Breathable ultra-thin fabric
- Fine seams
- Fingers on glove can be cut to length without fraying
- All products are suitable for wearing on either hand/arm
- Latex free
- Available in beige and black



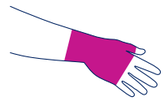
Ordering Guide



JOBST® Bella Lite **Armsleeve**

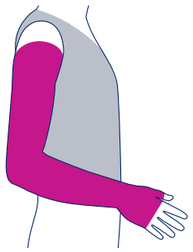
Size	Small Regular	Small Long	Medium Regular	Medium Long	Large Regular	Large Long	Colour
Product Code	75276-05	75276-00	75277-05	75277-00	75278-05	75278-00	Beige
		75276-04		75277-04		75278-04	Black
cC	13.5 - 19.5 cm	13.5 - 19.5 cm	15.5 - 21.5 cm	15.5 - 21.5 cm	17.5 - 23.5 cm	17.5 - 23.5 cm	
cD	17.8 - 23.2 cm	17.8 - 23.2 cm	23.3 - 28.7 cm	23.3 - 28.7 cm	28.8 - 34.3 cm	28.8 - 34.3 cm	
cF	21.5 - 39.5 cm	21.5 - 39.5 cm	27 - 45 cm	27 - 45 cm	32.5 - 50.5 cm	32.5 - 50.5cm	

Regular length C-G ≤ 43 cm. Long length C-G >43 cm.



JOBST® Bella Lite **Gauntlet**

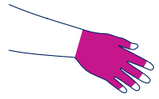
Size	Small	Medium	Large	Colour
Product Code	75282-00	75283-00	75284-00	Beige
	75282-03	75283-03	75284-03	Black
cA	15 - 19 cm	19 - 22 cm	22 - 26 cm	
cC	14 - 20 cm	16 - 22 cm	18 - 24 cm	



JOBST® Bella Lite **Combination Armsleeve**

Size	Small Regular	Small Long	Medium Regular	Medium Long	Large Regular	Large Long
Product Code	77680-00	77680-03	77680-01	77680-04	77680-02	77680-05
cA	15 - 18.9 cm	15 - 18.9 cm	19 - 22 cm	19 - 22 cm	22.1 - 26 cm	22.1 - 26 cm
cD	17.8 - 23.2 cm	17.8 - 23.2 cm	23.3 - 28.7 cm	23.3 - 28.7 cm	28.8 - 34.3 cm	28.8 - 34.3 cm
cF	21.5 - 39.5 cm	21.5 - 39.5 cm	27 - 45 cm	27 - 45 cm	32.5 - 50.5 cm	32.5 - 50.5 cm

Regular length C-G ≤ 43 cm. Long length C-G >43 cm.



JOBST® Bella Lite **Glove**

Size	1	2	3	4	5	6	7	8	Colour
Product Code	71026-00	71026-01	71026-02	71026-03	71026-04	71026-05	71026-06	71026-07	Beige
	71026-10	71026-11	71026-12	71026-13	71026-14	71026-15	71026-16	71026-17	Black
cA	16.6 - 18 cm	16.6 - 18 cm	18 - 19.5 cm	18 - 19.5 cm	18 - 19.5 cm	19.5 - 21.5 cm	19.5 - 21.5 cm	21.5 - 23.1 cm	
cC	15.6 - 16.7 cm	16.7 - 18.1 cm	15.9 - 17 cm	17 - 18.5 cm	18.5 - 20.4 cm	17.2 - 18.7 cm	18.7 - 20.6 cm	18.3 - 20.1 cm	

All JOBST Bella Lite products are supplied as single units and are finished without a silicone top band.



MILD TO MODERATE LYMPHOEDEMA

JOBST® **BELLA™ STRONG**

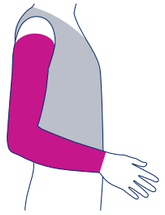
Circular Knit Ready-To-Wear (RTW)

- CCL2 20-30mmHg
- Indicated for mild to moderate oedema
- Skin friendly multi fibre nylon material
- Utilises advanced comfort technology to regulate humidity, quickly wicks moisture, keeping you cool and comfortable
- Innovative sizing system - armsleeves can fit approx 80% of patients and gauntlets approx 90% of patients
- Available in beige





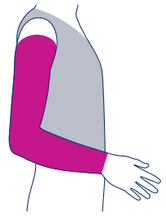
Ordering Guide



JOBST® Bella Strong **Armsleeve Regular** Length

Size	1	2	3	4	5	6	7	8	9	10
Product Code	72736-01	72736-02	72736-03	72736-04	72736-05	72736-06	72736-07	72736-08	72736-09	72736-10
cC	14 - 18 cm	14 - 18 cm	14 - 18 cm	16 -19 cm	17 - 20 cm	14 - 18 cm	17 - 20 cm	18 - 21 cm	16 - 19 cm	19 - 22 cm
cD	17 - 21 cm	17 - 21 cm	21 - 25 cm	21 - 25 cm	21 - 25 cm	25- 29 cm	25-29 cm	25 -29 cm	29 -33 cm	29 -33 cm
cG	22 - 31 cm	31 - 41 cm	25-34 cm	28-38 cm	34-43 cm	29-38 cm	33-43 cm	38-48 cm	32-42 cm	36-46 cm

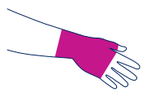
Finished with a 5cm silicone top band.
Regular length C-G ≤ 43 cm.



JOBST® Bella Strong **Armsleeve Long** Length

Size	1	2	3	4	5	6	7	8	9	10
Product Code	72737-01	72737-02	72737-03	72737-04	72737-05	72737-06	72737-07	72737-08	72737-09	72737-10
cC	14 - 18 cm	14 - 18 cm	14 - 18 cm	16 - 19 cm	17 - 20 cm	14 - 18 cm	17 - 20 cm	18 - 21 cm	16 - 19 cm	19 - 22 cm
cD	17 - 21 cm	17 - 21 cm	21 - 25 cm	21 - 25 cm	21 - 25 cm	25-29 cm	25-29 cm	25-29 cm	29-33 cm	29-33 cm
cG	22 - 31 cm	31 - 41 cm	25-34 cm	28-38 cm	34-43 cm	29-38 cm	33-43 cm	38-48 cm	32-42 cm	36 -46 cm

Finished with a 5cm silicone top band.
Long length C-G >43 cm.



JOBST® Bella Strong **Gauntlet**

Size	1	2	3	4	5	6	7	8
Product Code	73694-40	73694-41	73694-42	73694-43	73694-44	73694-45	73694-46	73694-47
cA	15 - 17 cm	17 - 19 cm	17 - 19 cm	19 - 21 cm	19 - 21 cm	21 - 23 cm	21 - 23 cm	23 - 26 cm
cC	14 - 18 cm	14 - 18 cm	18 - 21 cm	14 - 18 cm	18 - 21 cm	16 - 19 cm	19 - 22 cm	19 - 22 cm

All JOBST Bella Strong products are supplied as single units.



MILD TO MODERATE LYMPHOEDEMA

JOBST® **ELVAREX™ SOFT**

Flat Knit Ready-To-Wear (RTW)

- Indicated for mild to moderate oedema
- Available in CCL1 15-21mmHg and CCL2 23-32mmHg
- Flat knit fabric for greater containment and management of limb shape
- Soft, breathable fabric for exceptional comfort and adherence
- Moisture management technology to keep skin dry
- Graduated, short-stretch compression
- Ease of donning and doffing to support patient independence
- Available in beige and black



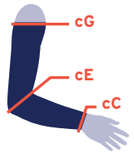


Ordering Guide

COMPRESSION LEVELS

- 15-21 mmHg / CCL1
- 23-32 mmHg / CCL2

JOBST® Elvarex® Soft Ready-To-Wear **Armsleeve (CG)**



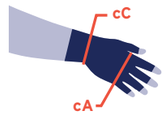
Size	1	2	3	4	5
cG (cm)	26 - 30	28 - 34	32 - 38	36 - 44	40 - 48
cE (cm)	22 - 26	24 - 28	26 - 32	29 - 35	32 - 40
cC (cm)	14 - 16	16 - 18	18 - 20	20 - 22	22 - 24

LCG Petite: <44 cm LCG Regular: >44 cm

Length	Top Band	Colour	Size 1	Size 2	Size 3	Size 4	Size 5
Regular	Standard	Beige	73619-00	73619-01	73619-02	73619-03	73619-04
Regular	Standard	Black	73619-05	73619-06	73619-07	73619-08	73619-09
Regular	SoftFit	Beige	73619-10	73619-11	73619-12	73619-13	73619-14
Regular	SoftFit	Black	73619-15	73619-16	73619-17	73619-18	73619-19
Petite	Standard	Beige	78101-02	78101-03	78101-04	78101-05	78101-06
Petite	Standard	Black	78101-07	78101-08	78101-09	78101-10	78101-11
Petite	SoftFit	Beige	78101-12	78101-13	78101-14	78101-15	78101-16
Petite	SoftFit	Black	78101-17	78101-18	78101-19	78101-20	78101-21
Regular	Standard	Beige	78100-02	78100-03	78100-04	78100-05	78100-06
Regular	Standard	Black	78100-07	78100-08	78100-09	78100-10	78100-11
Regular	SoftFit	Beige	78100-12	78100-13	78100-14	78100-15	78100-16
Regular	SoftFit	Black	78100-17	78100-18	78100-19	78100-20	78100-21
Petite	Standard	Beige	78102-03	78102-04	78102-05	78102-06	78102-07
Petite	Standard	Black	78102-08	78102-09	78102-10	78102-11	78102-12
Petite	SoftFit	Beige	78102-13	78102-14	78102-15	78102-16	78102-17
Petite	SoftFit	Black	78102-18	78102-19	78102-20	78102-21	78102-22

JOBST Elvarex Soft RTW armsleeve garments are supplied as a single unit.

JOBST® Elvarex® Soft Ready-To-Wear **Glove and Gauntlet (AC1)**



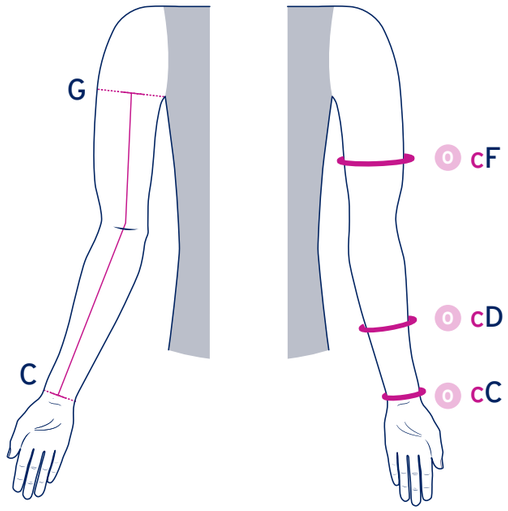
Size	Palm at base of fingers (cA)	Wrist (cC)
1	16.6 - 18 cm	15.6 - 16.7 cm
2	16.6 - 18 cm	16.7 - 18.1 cm
3	18 - 19.5 cm	15.9 - 17 cm
4	18 - 19.5 cm	17 - 18.5 cm
5	18 - 19.5 cm	18.5 - 20.4 cm
6	19.5 - 21.5 cm	17.2 - 18.7 cm
7	19.5 - 21.5 cm	18.7 - 20.6 cm
8	21.5 - 23.1 cm	18.3 - 20.1 cm

Style	Colour	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6	Size 7	Size 8
Glove	Beige	73156-00	73156-01	73156-02	73156-03	73156-04	73156-05	73156-06	73156-07
Glove	Black	73156-08	73156-09	73156-10	73156-11	73156-12	73156-13	73156-14	73156-15
Gauntlet	Beige	73156-16	73156-17	73156-18	73156-19	73156-20	73156-21	73156-22	73156-23
Gauntlet	Black	73156-24	73156-25	73156-26	73156-27	73156-28	73156-29	73156-30	73156-31
Glove	Beige	73157-00	73157-01	73157-02	73157-03	73157-04	73157-05	73157-06	73157-07
Glove	Black	73157-08	73157-09	73157-10	73157-11	73157-12	73157-13	73157-14	73157-15
Gauntlet	Beige	73157-16	73157-17	73157-18	73157-19	73157-20	73157-21	73157-22	73157-23
Gauntlet	Black	73157-24	73157-25	73157-26	73157-27	73157-28	73157-29	73157-30	73157-31

JOBST Elvarex Soft RTW glove & gauntlet garments are supplied as a single unit.

Measuring Guide

JOBST® Bella Lite **Armsleeves**



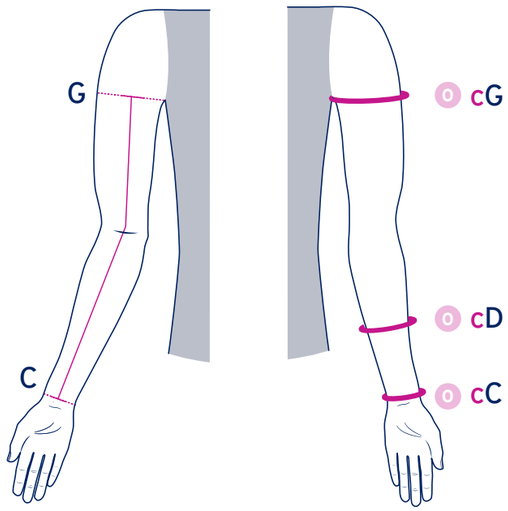
Length Measurements (C-G)

Regular up to 43 cm.

Long greater than 43 cm.

Circumference Measurements Bella Lite			
Size	**Wrist cC**	**Mid Lower cD**	**Mid Upper cF**
Small Reg	13.5 - 19.5 cm	17.8 - 23.2 cm	21.5 - 39.5 cm
Small Long	13.5 - 19.5 cm	17.8 - 23.2 cm	21.5 - 39.5 cm
Medium Reg	15.5 - 21.5 cm	23.3 - 28.7 cm	27 - 45 cm
Medium Long	15.5 - 21.5 cm	23.3 - 28.7 cm	27 - 45 cm
Large Reg	17.5 - 23.5 cm	28.8 - 34.3 cm	32.5 - 50.5 cm
Large Long	17.5 - 23.5 cm	28.8 - 34.3 cm	32.5 - 50.5 cm

JOBST® Bella Strong **Armsleeves**



Length Measurements (C-G)

Regular up to 43 cm.

Long greater than 43 cm.

Measuring Circumference

STEP 1 Measure axilla circumference **cG**
This leaves 1 or 2 choices.

STEP 2 Measure mid lower circumference **cD**
This leaves 2 or 3 choices.

STEP 3 Measure wrist circumference **cC**
This leaves 1 or 2 choices.

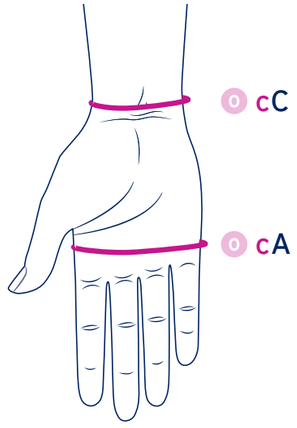
If there are still 2 options left, we recommend choosing the larger size for ease of donning, overall comfort and ultimate compliance.

Either size selection will deliver the desired therapy.

Circumference Measurements Bella Strong			
Size	**Wrist cC**	**Mid Forearm cD**	**Axilla cG**
1	14 - 18 cm	17 - 21 cm	22 - 31 cm
2	14 - 18 cm	17 - 21 cm	31 - 41 cm
3	14 - 18 cm	21 - 25 cm	25 - 34 cm
4	16 - 19 cm	21 - 25 cm	28 - 38 cm
5	17 - 20 cm	21 - 25 cm	34 - 43 cm
6	14 - 18 cm	25 - 29 cm	29 - 38 cm
7	17 - 20 cm	25 - 29 cm	33 - 43 cm
8	18 - 21 cm	25 - 29 cm	38 - 48 cm
9	16 - 19 cm	29 - 33 cm	32 - 42 cm
10	19 - 22 cm	29 - 33 cm	36 - 46 cm

Ready-To-Wear Circular Knit garment circumferences are measured with zero tension applied to the measuring tape.

JOBST® Bella Lite **Gloves**



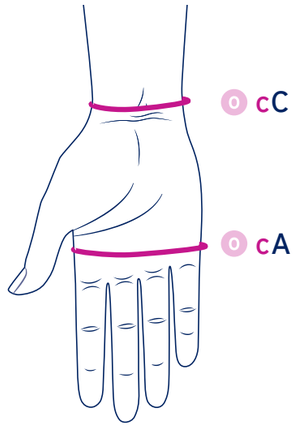
Measuring Circumference

STEP 1 Measure palm circumference **cA**
This leaves 2 choices.

STEP 2 Measure wrist circumference **cC**
Select Glove.

Circumference Measurements Bella Lite								
Size	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
cA	16.6 - 18 cm	16.6 - 18 cm	18 - 19.5 cm	18 - 19.5 cm	18 - 19.5 cm	19.5 - 21.5 cm	19.5 - 21.5 cm	21.5 - 23.1 cm
cC	15.6 - 16.7 cm	16.7 - 18.1 cm	15.9 - 17 cm	17 - 18.5 cm	18.5 - 20.4 cm	17.2 - 18.7 cm	18.7 - 20.6 cm	18.3 - 20.1 cm

JOBST® Bella Lite and Strong **Gauntlets**



JOBST® Bella Strong Measuring Circumference

STEP 1 Measure palm circumference
This leaves 2 choices.

STEP 2 Measure wrist circumference
Select Glove.

Circumference Measurements Bella Lite		
Size	**Palm cA**	**Wrist cC**
Small	15 - 19 cm	14 - 20 cm
Medium	19 - 22 cm	16 - 22 cm
Large	22 - 26 cm	18 - 24 cm

Circumference Measurements Bella Strong		
Size	**Palm cA**	**Wrist cC**
1	15 - 17 cm	14 - 18 cm
2	17 - 19 cm	14 - 18 cm
3	17 - 19 cm	18 - 21 cm
4	19 - 21 cm	14 - 18 cm
5	19 - 21 cm	18 - 21 cm
6	21 - 23 cm	16 - 19 cm
7	21 - 23 cm	19 - 22 cm
8	23 - 26 cm	19 - 22 cm

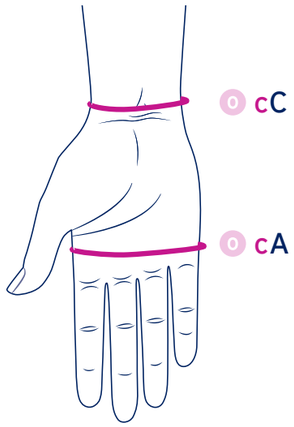
TIPS

Mark the measurement points on the limb with a JOBST® Skin Marking Pencil

Take the corresponding circumference and length measurements using the JOBST® tape measure

Measuring Guide

Elvarex® Soft Ready-To-Wear **Gloves and Gauntlets**



Measuring Circumference

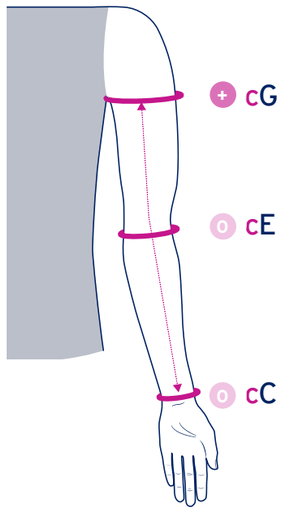
STEP 1 Measure palm circumference **cA.**
This leaves 2 choices.

STEP 2 Measure wrist circumference **cC.**
Select Glove or Gauntlet.

Circumference Measurements Elvarex Soft RTW Gloves and Gauntlets

Size	Palm at base of fingers (cA)	Wrist (cC)
1	16.6 - 18 cm	15.6 - 16.7 cm
2	16.6 - 18 cm	16.7 - 18.1 cm
3	18 - 19.5 cm	15.9 - 17 cm
4	18 - 19.5 cm	17 - 18.5 cm
5	18 - 19.5 cm	18.5 - 20.4 cm
6	19.5 - 21.5 cm	17.2 - 18.7 cm
7	19.5 - 21.5 cm	18.7 - 20.6 cm
8	21.5 - 23.1 cm	18.3 - 20.1 cm

Elvarex® Soft Ready-To-Wear **Armsleeves**



Length Measurements

Suitable for C-G lengths up to 44 cm for Petite, and C-G lengths greater than 44 cm for Regular.

Measuring Circumferences

STEP 1 The patient should be seated, arm on table with palm facing upwards and elbow flexed to approximately 40°.

STEP 2 Measure and record the circumference at C, the wrist. NOTE: At the wrist and elbow, the tape should never be pulled tightly.

STEP 3 Measure and record the circumference at E, the elbow. NOTE: Ensure the arm is slightly bent (approximately 40°) before taking this measurement.

STEP 4 Measure and record the circumference at G. NOTE: Take the measurement approx 1 cm below axilla.

Compare the measurements you have obtained with the following table to determine the correct size.

Where measurements vary across all three sizes, or are smaller or larger than the tabled measurements, a custom-made sleeve will be required.

Circumference Measurements Elvarex Soft RTW Armsleeves

Size	1	2	3	4	5
cG (cm)	26 - 30	28 - 34	32 - 38	36 - 44	40 - 48
cE (cm)	22 - 26	24 - 28	26 - 32	29 - 35	32 - 40
cC (cm)	14 - 16	16 - 18	18 - 20	20 - 22	22 - 24

LCG Petite: <44 cm LCG Regular: >44 cm

Fibre Content

FABRIC/CCL	Spandex (Elastane)	Polyamide (Nylon)
JOBST® Bella Lite Armsleeve 20-30mmHg	20%	80%
JOBST® Bella Lite Gauntlet 20-30mmHg	14%	86%
JOBST® Bella Lite Combined Armsleeve 20-30mmHg	21%	79%
JOBST® Bella Lite Glove 20-30mmHg	41%	59%
JOBST® Bella Strong Armsleeve with Silicone Band 20-30mmHg	20%	72%
JOBST® Bella Strong Gauntlet 20-30mmHg	9%	91%
JOBST® Elvarex® Soft 15-21mmHg	16%	84%
JOBST® Elvarex® Soft 23-32mmHg	20%	80%

Selected products: Top bands contain silicone.

Caution: Products labelled on the packaging with LATEX contain natural rubber (latex) which may cause allergic reactions.



DEFY GRAVITY

JOBST®

JOBST® COMPRESSION

Lower Limb Compression Garments

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Lower Limb Compression Garments

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WHAT TYPE OF COMPRESSION DOES MY PATIENT NEED?

1 Select the required compression

CCL 1: 15-20 mmHg

- Tired aching legs
- Minor ankle, leg and foot swelling
- Minor varicoses during pregnancy
- Long distance travel

CCL 2: 20-30 mmHg

- Tired aching legs
- Moderate to severe varicoses during pregnancy
- Post vein surgery/post sclerotherapy
- Moderate tendency of oedema
- Superficial thrombophlebitis
- Helps prevent recurrence of ulcerations

CCL 3: 30-40 mmHg

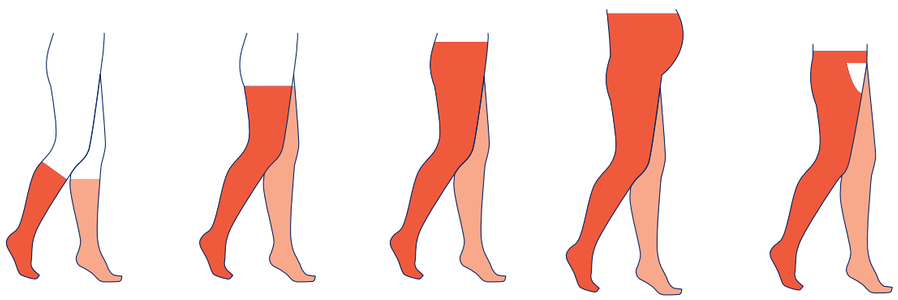
- Severe varicose veins
- Lymphatic oedema
- Post vein surgery/post sclerotherapy
- Venous ulcers
- Manages manifestations of Post Thrombotic Syndrome (PTS), Chronic Venous Insufficiency CVI/CVD
- Aids in prevention of thrombotic syndrome

JOBST® Medical Legwear should not be worn and is contraindicated for the following conditions:

- Ischemia (eg. Advanced arterial disease)*
- Uncontrolled congestive heart failure
- Untreated septic phlebitis
- Phlegmasia cerulea dolens

*As part of a comprehensive assessment, a Doppler Ultrasound is used in the vascular screening process to clarify the vascular aetiology. A hand-held Doppler will assist in determining the degree, if any, of arterial disease. Using the Doppler the Ankle/Brachial Index (ABPI) can be calculated.

2 Select garment style



Knee | Thigh | Waist | Maternity | Chaps

Some considerations when selecting the most appropriate style for your patient:

- Indication being treated/managed
- Lifestyle, mobility and age
- Ability to don and tolerate level of compression
- Skin Integrity
- Open toe or closed toe requirements
- Maternity Style only available in Maternity Opaque

3 Measure for JOBST® Medical Legwear

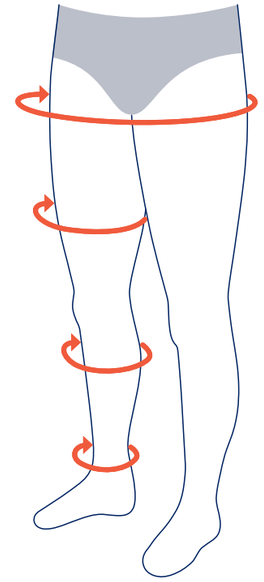
Measuring positions

cH – Hip
Circumference at largest dimension around buttocks **cH**

cG – Thigh
Circumference at largest dimension **cG**

cC – Calf
Circumference at largest dimension **cC**

cB – Ankle
Circumference at smallest dimension **cB**



Provide the following measurements

Knee High – cB & cC
Thigh High – cB, cC & cG
Waist high – cB, cG & cH
Chap - cB, cC, cG, & cH

NOTE Each leg is measured independently. Measure early in the morning when possible as swelling often increases throughout in the day.

Sizing Chart for JOBST® UltraSheer, forMen, Relief, ActiveWear, Sport and Maternity Opaque

Style	Measurement	S	M	L	L Full Calf	XL	XL Full Calf
UNISEX	Ankle	18 - 21 cm	21 - 25 cm	25 - 29 cm	25 - 30 cm	29 - 33 cm	30 - 36 cm
	Calf	28 - 38 cm	30 - 42 cm	32 - 46 cm	46 - 61 cm	34 - 50 cm	46 - 61 cm
	Thigh	40 - 62 cm	46 - 70 cm	54 - 78 cm		60 - 81 cm	
	Hip	71 - 117 cm	76 - 127 cm	81 - 137 cm		102 - 166 cm	
MATERNITY	Ankle	18 - 21 cm	21 - 25 cm	25 - 29 cm			
	Thigh	40 - 62 cm	46 - 70 cm	54 - 78 cm			
	Hip	81 - 132 cm	86 - 142 cm	91 - 152 cm			

Knee High Length: Petite ≤ 38cm, Regular > 38cm. Thigh high length: ≥ 68.5cm.

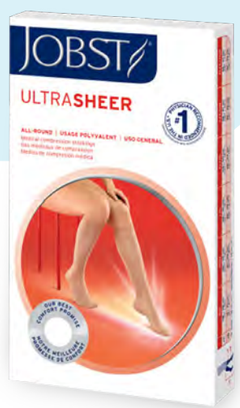
JOBST® **ULTRASHEER**

Circular Knit
Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Medical compression stockings help manage specific venous and lymphatic conditions
- Fine high quality yarns with an open mesh-like knitting structure allows air to pass for greater breathability
- Excellent moisture wicking for better patient compliance
- Shimmering appearance for a glossy, stylish look
- Thigh high silicone top bands that grip in style



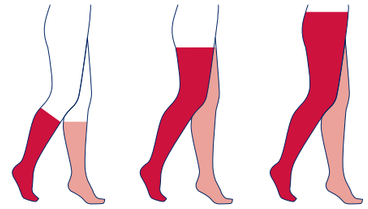




Sizing & Compression Classes

CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg



Transparent — Sheerness for beautiful legs

Breathable — Allows air to pass

Shimmering — For a glossy look

Length	S	S	M	M	L	L	XL	XL	Colour
	Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe	Closed Toe	
Knee High	75165-30	75165-25	75166-30	75166-25	75167-30	75167-25	75168-30	75168-25	Natural Regular
	75408-02		75409-02		75410-02		75415-02		Natural Petite
	75165-04		75166-04		75167-04		75168-04		Black
	75201-19		75202-19		75203-19		75204-19		Natural Regular
	75435-02		75436-02		75437-02		75438-02		Natural Petite
	75201-04		75202-04		75203-04		75204-04		Black
Thigh High	75169-22		75170-22		75171-22		75172-22		Natural
	75169-04		75170-04		75171-04		75172-04		Black
	75205-23		75206-23		75207-23		75208-23		Natural
	75205-04		75206-04		75207-04		75208-04		Black
Sensitive Thigh High	77686-12		77686-13		77686-14		77686-15		Natural
	77686-04		77686-05		77686-06		77686-07		Black
	77687-12		77687-13		77687-14		77687-15		Natural
	77687-04		77687-05		77687-06		77687-07		Black
Waist High	75173-12		75174-12		75175-12		75176-12		Natural
	75173-04		75174-04		75175-04		75176-04		Black
	75209-13		75210-13		75211-13		75212-13		Natural
	75209-04		75210-04		75211-04		75212-04		Black

JOBST UltraSheer knee high and thigh high garments are supplied as a pair.
Only JOBST UltraSheer thigh high variants are finished with a silicone top band.

JOBST® FOR**MEN**

Circular Knit
Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- A unique knit structure
- Ribbed design offers a fashionable men‘s look dress sock
- Knee high garments include a SoftFit top band - a fine knitted-in silicone yarn for gentle, comfortable grip.
- Durable fabric designed for long-lasting compression
- Effective odour control
- Cushioned sole with anatomical left and right feet for improved fit
- JOBST® forMen offers therapy and style with unparalleled comfort and durability



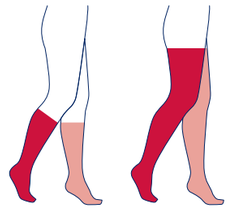


Sizing & Compression Classes

CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg

CCL 3: 30-40 mmHg



Durable — For long-term use

Odour Control — Helps to keep feet fresh

Cushioned Sole — Specially constructed cushioned sole

Length	S	M	L	LFC	XL	XLFC	Colour
	Closed Toe	Closed Toe	Closed Toe	Closed Toe Full Calf	Closed Toe	Closed Toe Full Calf	
Knee High	60523-40	60523-41	60523-42	60523-44	60523-43	60523-45	Black
	60524-40	60524-41	60524-42	60524-44	60524-43	60524-45	Khaki
	60529-40	60529-41	60529-42	60529-44	60529-43	60529-45	Black
	60530-40	60530-41	60530-42	60530-44	60530-43	60530-45	Khaki
	60535-40	60535-41	60535-42	60535-44	60535-43	60535-45	Black
	60536-40	60536-41	60536-42	60536-44	60536-43	60536-45	Khaki
Thigh High	60423-20	60423-21	60423-22		60423-23		Black
	60423-60	60423-61	60423-62		60423-63		Khaki
	60425-20	60425-21	60425-22		60425-23		Black
	60425-60	60425-61	60425-62		60425-63		Khaki
	60427-20	60427-21	60427-22		60427-23		Black
	60427-60	60427-61	60427-62		60427-63		Khaki

All JOBST forMen garments are supplied as a pair.
Knee high garments are finished with SoftFit silicone top band.
Thigh high garments are finished with a micro-dotted silicone top band.

JOBST® **RELIEF**

Circular Knit
Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Universal graduated compression in a classical stocking appearance
- Reinforced areas in the foot make Relief stockings especially durable
- Circular knit and seamless providing comfort and support
- Unisex with open and closed toe options
- A wide top band promotes all day comfort







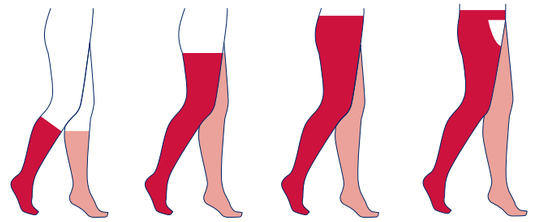


Sizing & Compression Classes

CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg

CCL 3: 30-40 mmHg



- Durable — Long lasting fabric
- Breathable — Allows air to pass
- Helps minimise swelling — Improves blood circulation

S	S	M	M	L	L	LFC	LFC	XL	XL	XLFC	XLFC	Colour
Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe Full Calf	Closed Toe Full Calf	Open Toe	Closed Toe	Open Toe Full Calf	Closed Toe Full Calf	
Relief Garments Knee High												
75339-20	75339-12	75340-20	75340-12	75341-20	75341-12	78649-04	75343-12	78649-03	75342-12	78649-05	75344-12	Black
75339-10	75339-11	75340-10	75340-11	75341-10	75341-11	75343-10	75343-11	75342-10	75342-11	75344-10	75344-11	Beige
78052-20	78052-32	78052-21	78052-33	78052-22	78052-34	78052-24	78052-36	78052-23	78052-35	78052-25	78052-37	Black
78052-26	78052-38	78052-27	78052-39	78052-28	78052-40	78052-30	78052-42	78052-29	78052-41	78052-31	78052-43	Black Petite
78050-04	78050-15	78051-04	78051-15	78052-04	78052-15	77975-15	77975-16	78053-04	78053-15	77976-15	77976-16	Beige
78054-04	78054-15	78055-04	78055-15	78056-04	78056-15	77977-15	77977-16	78057-04	78057-15	77978-15	77978-16	Beige
Relief Garments Thigh High												
78649-20	78649-34	78649-21	78649-35	78649-22	78649-36			78649-23	78649-37			Black
78042-30	78042-07	78043-30	78043-31	78044-30	78044-07			78650-23	78045-07			Black
78042-08	78042-09	78043-08	78043-09	78044-08	78044-09			78045-08	78045-09			Beige
78059-08	78059-09	78047-08	78047-09	78048-08	78048-09			78049-08	78049-09			Beige
Relief Garments Waist High												
78476-10	78476-11	78477-10	78477-11	78478-10	78478-11			78479-10	78479-11			Beige
78480-10		78481-10		78482-10				78483-10				Beige
Relief Garments Chaps												
78031-05		78032-05		78033-05				78034-05				Beige L
78031-06		78032-06		78033-06				78034-06				Beige R
78035-05		78036-05		78037-05				78041-05				Beige L
78035-06		78036-06		78037-06				78041-06				Beige R

JOBST Relief knee high and thigh high garments are supplied as a pair.
Only thigh high variants are finished with a dotted silicone top band.

JOBST® **ACTIVEWEAR**

Circular Knit
Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Unisex, soft and easy to apply
- Cushioned foot and seamless toe help protect feet from shoe seams
- Dri-release technology - providing a dry and cooling effect





Sizing & Compression Classes

CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg

CCL 3: 30-40 mmHg



Cushioning — Cushioned foot provides comfort

Moisture Management — Helps to keep feet dry

Soft Touch — Blend of soft yarns

Length	S	M	L	XL	Colour
	Closed Toe	Closed Toe	Closed Toe	Closed Toe	
Knee High	75147-03	75148-03	75149-03	75150-03	Black
	75147-02	75148-02	75149-02	75150-02	White
	75155-03	75156-03	75157-03	75158-03	Black
	75155-02	75156-02	75157-02	75158-02	White
	75411-03	75412-03	75413-03	75414-03	Black
	75411-02	75412-02	75413-02	75414-02	White

JOBST ActiveWear garments are supplied as a pair and are finished without a silicone top band.

JOBST® **SPORT**

Circular Knit
Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Soft fabric with a breathable knit provides a high level of comfort for sporting activities
- JOBST® moisture management system for moisture control of the feet
- Activated carbon fibres for effective odour control
- Extra flat toe seam for extended wearing comfort





Sizing & Compression Classes

CCL 1: 15-20 mmHg



Support Zone — Support zone for tendons

Odour Control — Helps to keep feet fresh

Moisture Management — Helps keep feet dry

Length	S	M	L	XL	Colour
	Closed Toe	Closed Toe	Closed Toe	Closed Toe	
Knee High	75289-70	75289-71	75289-72	75289-73	Black
	75289-80	75289-81	75289-82	75289-83	Royal Blue
	75289-90	75289-91	75289-92	75289-93	Pink

JOBST Sport garments are supplied as a pair and are finished without a silicone top band.

JOBST® **MATERNITY OPAQUE**

Circular Knit
Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Elastic SoftFlex Zone adapts to a woman's growing belly
- Moisture management system to provide air permeability through the foot
- Made from a soft blend of yarns with a particular focus on the wellbeing of pregnant women





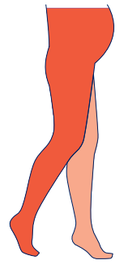




Sizing & Compression Classes

CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg





Adapts to the growing belly



Helps to keep feet dry



Blend of soft yarns

Length	S	M	L	Colour
	Closed Toe	Closed Toe	Closed Toe	
Maternity Waist High	60412-20	60412-21	60412-22	Caramel
	60412-70	60412-71	60412-72	Caramel
	60412-50	60412-51	60412-52	Black

JOBST® **TRAVEL**

Circular Knit
Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Promotes leg health during long hours of inactivity
- Helps reduce swelling and aching legs, ankles and feet due to long periods of sitting or standing
- 15-20mmHg compression helps reduce the risk of deep vein thrombosis (Blood Clot)
- Improves circulation and energises legs





Sizing & Compression Classes

CCL 1: 15-20 mmHg





Improves blood circulation



Promotes leg health



Allows air to pass

Length	Size 1	Size 2	Size 3	Size 4	Size 5	Colour
	Closed Toe	Closed Toe	Closed Toe	Closed Toe	Closed Toe	
Knee High	78844-07	78845-07	78846-07	78847-07	79272-07	Black
	78844-12	78845-12	78846-12	78847-12	79272-12	Beige

JOBST Travel garments are supplied as a pair and are finished without a silicone top band.

JOBST® Travel Socks Measurement Table

Size	1	2	3	4	5
Ankle Circumference	18 - 21 cm	20 - 23 cm	22 - 25cm	24 - 27 cm	26 - 29 cm
Calf Circumference	27 - 37 cm	30 - 40 cm	33 - 43 cm	36 - 46 cm	39 - 49 cm
AUS Women's Shoe	4.5 - 6.5	7 - 9	9.5 - 11	11.5 - 13.5	-
AUS Men's Shoe	3.5 - 5.5	6 - 8	8.5 - 10	10.5 - 12	12.5 - 14
EU Shoe	37 - 38	39 - 40	41 - 42	43 - 44	45 - 46
UK Shoe	3 - 5	5 - 7	7 - 9	9 - 11	11 - 13



JOBST® **ACTIVA SOSOFT**

Circular Knit
Ready-To-Wear (RTW)

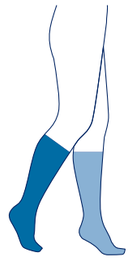
- JOBST® Activa soSoft compression socks provide graduated compression to help support circulation
- Before applying compression, a full leg assessment should be carried out
- With gentle compression of 8-15mmHg, JOBST® Activa soSoft compression socks can help tired and achy legs
- Suitable for longer periods of sitting and standing
- Provide prevention of and relief from minor oedema





Sizing & Compression Classes

CCL 1: 8-15 mmHg
Supportive Compression



Length	S	M	L	XL	Colour
	Closed Toe	Closed Toe	Closed Toe	Closed Toe	
Knee High	60562-00	60562-01	60562-02	60562-03	Black
	73680-12	60562-21	60562-22	60562-23	Sand

JOBST Activa soSoft garments are supplied as a pair and are finished without a silicone top band.

Size	S	M	L	XL
Ankle Circumference	18 - 21 cm	21 - 25 cm	25 - 29 cm	29 - 33 cm
Calf Circumference	28 - 38 cm	30 - 42 cm	32 - 46 cm	34 - 50 cm
AUS Women's Shoe	4.5 - 6.5	7 - 9	9.5 - 11	11.5 - 13.5
AUS Men's Shoe	3.5 - 5.5	6 - 8	8.5 - 10	10.5 - 12

Shoe size alone is not an indicator for correct sizing. Measurements of calf and ankle circumference are mandatory for the proper performance of this product



JOBST® **ELVAREX® SOFT**

Flat Knit
Ready-To-Wear (RTW)

- Indicated for mild to moderate lymphoedema, lipoedema and vascular insufficiency
- Available in CCL1 15-21mmHg, CCL2 23-32mmHg and CCL3 34-46mmHg
- Flat knit fabric for greater containment and management of limb shape
- Soft, breathable fabric for exceptional comfort and adherence
- Moisture management technology to keep skin dry
- Graduated, short-stretch compression
- Ease of donning and doffing to support patient independence
- Available in beige and black



Sizing & Compression Classes

COMPRESSION LEVELS

15-21 mmHg / CCL1

23-32 mmHg / CCL2

34-46 mmHg / CCL3*
*CCL3 knee high & thigh high only



Soft Touch

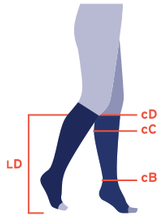
Easy Donning

SoftFit
Stays up for a better comfort

Soft Touch

Easy to Put On

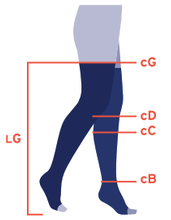
SoftFit Technology



KNEE HIGH (AD)

Size	1	2	2 plus	3	3 plus	4	4 plus	5
cD (cm)	27 - 34	29 - 37	32 - 40	34 - 43	36 - 46	38 - 49	40 - 51	43 - 56
cC (cm)	28 - 35	30 - 38	33 - 41	35 - 44	37 - 47	39 - 50	41 - 54	44 - 58
cB (cm)	18 - 20	20 - 23	20 - 23	23 - 26	23 - 26	26 - 30	26 - 30	30 - 34

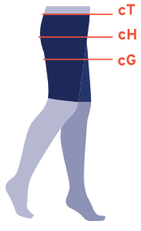
LD Petite: 35 - 40 cm LD Regular: 41 - 46 cm



THIGH HIGH (AG)

Size	1	2	2 plus	3	3 plus	4	4 plus	5
cG (cm)	44 - 57	46 - 60	49 - 63	50 - 66	55 - 71	52 - 70	57 - 75	65 - 82
cD (cm)	27 - 34	29 - 37	32 - 40	34 - 43	36 - 46	38 - 49	40 - 51	43 - 56
cC (cm)	28 - 35	30 - 38	33 - 41	35 - 44	37 - 47	39 - 50	41 - 54	44 - 58
cB (cm)	18 - 20	20 - 23	20 - 23	23 - 26	23 - 26	26 - 30	26 - 30	30 - 34

LG Petite: 68 - 76 cm LG Regular: 77 - 85 cm



BERMUDA (ET)

Size	1	2	3	4	5
cT (cm)	70 - 85	80 - 95	85 - 105	90 - 110	100 - 120
cH (cm)	85 - 100	90 - 105	95 - 115	105 - 125	115 - 135
cG (cm)	44 - 57	46 - 60	50 - 66	52 - 70	65 - 82



JOBST® ELVAREX® SOFT Flat Knit

EXPLORE THE READY-TO-WEAR ASSORTMENT

COMPRESSION LEVELS

15-21 mmHg / CCL1

23-32 mmHg / CCL2

34-46 mmHg / CCL3*
*CCL3 knee high & thigh high only

KNEE HIGH (AD)

Length	Top Band	Toe Style	Colour	Size 1	Size 2	Size 2+	Size 3	Size 3+	Size 4	Size 4+	Size 5
Regular	Standard	Closed Toe	Beige	79546-00	79546-01	79546-05	79546-02	79546-06	79546-03	79546-07	79546-04
Regular	Standard	Closed Toe	Black	79546-08	79546-09	79546-13	79546-10	79546-14	79546-11	79546-15	79546-12
Regular	Standard	Open Toe	Beige	79546-32	79546-33	79546-37	79546-34	79546-38	79546-35	79546-39	79546-36
Regular	Standard	Open Toe	Black	79546-40	79546-41	79546-45	79546-42	79546-46	79546-43	79546-47	79546-44
Regular	SoftFit	Closed Toe	Beige	79546-16	79546-17	79546-21	79546-18	79546-22	79546-19	79546-23	79546-20
Regular	SoftFit	Closed Toe	Black	79546-24	79546-25	79546-29	79546-26	79546-30	79546-27	79546-31	79546-28
Regular	SoftFit	Open Toe	Beige	79546-48	79546-49	79546-53	79546-50	79546-54	79546-51	79546-55	79546-52
Regular	SoftFit	Open Toe	Black	79546-56	79546-57	79546-61	79546-58	79546-62	79546-59	79546-63	79546-60
Petite	Standard	Closed Toe	Beige	73605-00	73605-01	73605-05	73605-02	73605-06	73605-03	73605-07	73605-04
Petite	Standard	Closed Toe	Black	73605-08	73605-09	73605-13	73605-10	73605-14	73605-11	73605-15	73605-12
Petite	Standard	Open Toe	Beige	73605-32	73605-33	73605-37	73605-34	73605-38	73605-35	73605-39	73605-36
Petite	Standard	Open Toe	Black	73605-40	73605-41	73605-45	73605-42	73605-46	73605-43	73605-47	73605-44
Petite	SoftFit	Closed Toe	Beige	73605-16	73605-17	73605-21	73605-18	73605-22	73605-19	73605-23	73605-20
Petite	SoftFit	Closed Toe	Black	73605-24	73605-25	73605-29	73605-26	73605-30	73605-27	73605-31	73605-28
Petite	SoftFit	Open Toe	Beige	73605-48	73605-49	73605-53	73605-50	73605-54	73605-51	73605-55	73605-52
Petite	SoftFit	Open Toe	Black	73605-56	73605-57	73605-61	73605-58	73605-62	73605-59	73605-63	73605-60
Regular	Standard	Closed Toe	Beige	79559-24	79559-25	79559-29	79559-26	79559-30	79559-27	79559-31	79559-28
Regular	Standard	Closed Toe	Black	79559-32	79559-33	79559-37	79559-34	79559-38	79559-35	79559-39	79559-36
Regular	Standard	Open Toe	Beige	79559-56	79559-57	79559-61	79559-58	79559-62	79559-59	79559-63	79559-60
Regular	Standard	Open Toe	Black	79559-64	79559-65	79559-69	79559-66	79559-70	79559-67	79559-71	79559-68
Regular	SoftFit	Closed Toe	Beige	79559-40	79559-41	79559-45	79559-42	79559-46	79559-43	79559-47	79559-44
Regular	SoftFit	Closed Toe	Black	79559-48	79559-49	79559-53	79559-50	79559-54	79559-51	79559-55	79559-52
Regular	SoftFit	Open Toe	Beige	79559-72	79559-73	79559-77	79559-74	79559-78	79559-75	79559-79	79559-76
Regular	SoftFit	Open Toe	Black	79559-80	79559-81	79559-85	79559-82	79559-86	79559-83	79559-87	79559-84
Petite	Standard	Closed Toe	Beige	79558-24	79558-25	79558-29	79558-26	79558-30	79558-27	79558-31	79558-28
Petite	Standard	Closed Toe	Black	79558-32	79558-33	79558-37	79558-34	79558-38	79558-35	79558-39	79558-36
Petite	Standard	Open Toe	Beige	79558-56	79558-57	79558-61	79558-58	79558-62	79558-59	79558-63	79558-60
Petite	Standard	Open Toe	Black	79558-64	79558-65	79558-69	79558-66	79558-70	79558-67	79558-71	79558-68
Petite	SoftFit	Closed Toe	Beige	79558-40	79558-41	79558-45	79558-42	79558-46	79558-43	79558-47	79558-44
Petite	SoftFit	Closed Toe	Black	79558-48	79558-49	79558-53	79558-50	79558-54	79558-51	79558-55	79558-52
Petite	SoftFit	Open Toe	Beige	79558-72	79558-73	79558-77	79558-74	79558-78	79558-75	79558-79	79558-76
Petite	SoftFit	Open Toe	Black	79558-80	79558-81	79558-85	79558-82	79558-86	79558-83	79558-87	79558-84
Regular	Standard	Closed Toe	Beige	73552-24	73552-25	73552-29	73552-26	73552-30	73552-27	73552-31	73552-28
Regular	Standard	Closed Toe	Black	73552-32	73552-33	73552-37	73552-34	73552-38	73552-35	73552-39	73552-36
Regular	Standard	Open Toe	Beige	73552-56	73552-57	73552-61	73552-58	73552-62	73552-59	73552-63	73552-60
Regular	Standard	Open Toe	Black	73552-64	73552-65	73552-69	73552-66	73552-70	73552-67	73552-71	73552-68
Regular	SoftFit	Closed Toe	Beige	73552-40	73552-41	73552-45	73552-42	73552-46	73552-43	73552-47	73552-44
Regular	SoftFit	Closed Toe	Black	73552-48	73552-49	73552-53	73552-50	73552-54	73552-51	73552-55	73552-52
Regular	SoftFit	Open Toe	Beige	73552-72	73552-73	73552-77	73552-74	73552-78	73552-75	73552-79	73552-76
Regular	SoftFit	Open Toe	Black	73552-80	73552-81	73552-85	73552-82	73552-86	73552-83	73552-87	73552-84
Petite	Standard	Closed Toe	Beige	73579-24	73579-25	73579-29	73579-26	73579-30	73579-27	73579-31	73579-28
Petite	Standard	Closed Toe	Black	73579-32	73579-33	73579-37	73579-34	73579-38	73579-35	73579-39	73579-36
Petite	Standard	Open Toe	Beige	73579-56	73579-57	73579-61	73579-58	73579-62	73579-59	73579-63	73579-60
Petite	Standard	Open Toe	Black	73579-64	73579-65	73579-69	73579-66	73579-70	73579-67	73579-71	73579-68
Petite	SoftFit	Closed Toe	Beige	73579-40	73579-41	73579-45	73579-42	73579-46	73579-43	73579-47	73579-44
Petite	SoftFit	Closed Toe	Black	73579-48	73579-49	73579-53	73579-50	73579-54	73579-51	73579-55	73579-52
Petite	SoftFit	Open Toe	Beige	73579-72	73579-73	73579-77	73579-74	73579-78	73579-75	73579-79	73579-76
Petite	SoftFit	Open Toe	Black	73579-80	73579-81	73579-85	73579-82	73579-86	73579-83	73579-87	73579-84

JOBST Elvarex Soft RTW knee high garments are supplied as a pair.

THIGH HIGH (AG)

Length	Toe Style	Colour	Size 1	Size 2	Size 2+	Size 3	Size 3+	Size 4	Size 4+	Size 5
Regular	Closed Toe	Beige	73160-00	73160-01	73160-05	73160-02	73160-06	73160-03	73160-07	73160-04
Regular	Closed Toe	Black	73160-08	73160-09	73160-13	73160-10	73160-14	73160-11	73160-15	73160-12
Regular	Open Toe	Beige	73160-16	73160-17	73160-21	73160-18	73160-22	73160-19	73160-23	73160-20
Regular	Open Toe	Black	73160-24	73160-25	73160-29	73160-26	73160-30	73160-27	73160-31	73160-28
Petite	Closed Toe	Beige	73164-00	73164-01	73164-05	73164-02	73164-06	73164-03	73164-07	73164-04
Petite	Closed Toe	Black	73164-08	73164-09	73164-13	73164-10	73164-14	73164-11	73164-15	73164-12
Petite	Open Toe	Beige	73164-16	73164-17	73164-21	73164-18	73164-22	73164-19	73164-23	73164-20
Petite	Open Toe	Black	73164-24	73164-25	73164-29	73164-26	73164-30	73164-27	73164-31	73164-28
Regular	Closed Toe	Beige	73161-00	73161-01	73161-05	73161-02	73161-06	73161-03	73161-07	73161-04
Regular	Closed Toe	Black	73161-08	73161-09	73161-13	73161-10	73161-14	73161-11	73161-15	73161-12
Regular	Open Toe	Beige	73161-16	73161-17	73161-21	73161-18	73161-22	73161-19	73161-23	73161-20
Regular	Open Toe	Black	73161-24	73161-25	73161-29	73161-26	73161-30	73161-27	73161-31	73161-28
Petite	Closed Toe	Beige	73165-00	73165-01	73165-05	73165-02	73165-06	73165-03	73165-07	73165-04
Petite	Closed Toe	Black	73165-08	73165-09	73165-13	73165-10	73165-14	73165-11	73165-15	73165-12
Petite	Open Toe	Beige	73165-16	73165-17	73165-21	73165-18	73165-22	73165-19	73165-23	73165-20
Petite	Open Toe	Black	73165-24	73165-25	73165-29	73165-26	73165-30	73165-27	73165-31	73165-28
Regular	Closed Toe	Beige	73162-00	73162-01	73162-05	73162-02	73162-06	73162-03	73162-07	73162-04
Regular	Closed Toe	Black	73162-08	73162-09	73162-13	73162-10	73162-14	73162-11	73162-15	73162-12
Regular	Open Toe	Beige	73162-16	73162-17	73162-21	73162-18	73162-22	73162-19	73162-23	73162-20
Regular	Open Toe	Black	73162-24	73162-25	73162-29	73162-26	73162-30	73162-27	73162-31	73162-28
Petite	Closed Toe	Beige	73298-00	73298-01	73298-05	73298-02	73298-06	73298-03	73298-07	73298-04
Petite	Closed Toe	Black	73298-08	73298-09	73298-13	73298-10	73298-14	73298-11	73298-15	73298-12
Petite	Open Toe	Beige	73298-16	73298-17	73298-21	73298-18	73298-22	73298-19	73298-23	73298-20
Petite	Open Toe	Black	73298-24	73298-25	73298-29	73298-26	73298-30	73298-27	73298-31	73298-28

JOBST Elvarex Soft RTW thigh high garments are supplied as a pair.

BERMUDA (ET)

Gender	Colour	Size 1	Size 2	Size 3	Size 4	Size 5
Female	Beige	73318-00	73318-01	73318-02	73318-03	73318-04
Female	Black	73318-05	73318-06	73318-07	73318-08	73318-09
Male	Beige	73318-10	73318-11	73318-12	73318-13	73318-14
Male	Black	73318-15	73318-16	73318-17	73318-18	73318-19
Female	Beige	73616-00	73616-01	73616-02	73616-03	73616-04
Female	Black	73616-05	73616-06	73616-07	73616-08	73616-09
Male	Beige	73616-10	73616-11	73616-12	73616-13	73616-14
Male	Black	73616-15	73616-16	73616-17	73616-18	73616-19

JOBST Elvarex Soft RTW bermuda garments are supplied as a single unit.



JOBST® **ULCERCARE**

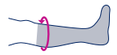


JOBST® UlcerCARE™ enables effective management of hard to heal wounds on the lower leg while offering ease of use for patients and care givers – the perfect combination for providing patients with an improved quality of life.

JOBST® UlcerCARE™ Compression System:

- Provides graduated compression of 40mmHg, the recommended pressure for healing these types of wounds
- This 2-in-1 stocking system is designed for patient self-management to facilitate easy changing of the wound dressing and to allow for improved personal hygiene (e.g. bathing and skin care)
- JOBST® UlcerCARE Liner provides mild compression (15-20mmHg) for the non-ambulatory patient to help manage lower leg oedema during bed rest
- Outer stocking comes with a zipper on the left or right side for comfortable closure on the opposite side of the wound. It is removed at night and applied first thing in the morning

Sizing & Compression Classes

Size	 Ankle	 Calf	JOBST® UlcerCARE Zipper Stocking and Liners (1 stocking/2 liners)		
			Zipper on Left Side	Zipper on Right Side	JOBST® UlcerCARE Replacement Liners (3 liners)
Small	18 - 21 cm	29 - 35 cm	60428-00	60428-20	60428-60
Medium	21 - 24 cm	34 - 41 cm	60428-01	60428-21	60428-61
Large	24 - 27 cm	40 - 47 cm	60428-02	60428-22	60428-62
X-Large	27 - 30 cm	46 - 54 cm	60428-03	60428-23	60428-63
XX-Large	30 - 33 cm	48 - 56 cm	60428-04	60428-24	60428-64
XXX-Large	33 - 36 cm	50 - 58 cm	60428-05	60428-25	60428-65
XXXX-Large	36 - 39 cm	52 - 60 cm	60428-06	60428-26	60428-66

JOBST UlcerCARE is supplied with one outer stocking and two liners without a silicone top band.
Replacement liners are supplied in packs of three.



JOBST® **COMPRINET® PRO**

Graduated compression anti-embolism stockings

- Indicated for thrombosis prophylaxis in **surgical patients** and patients requiring prolonged periods of immobilisation
- Comprinet® pro anti-embolism stockings can help reduce the risk of thrombosis in immobile and surgical patients
- Comprinet® pro exerts pressure on the vessels from outside. This narrows the veins and, although the patient is lying supine, the blood flows at a faster rate back to the heart

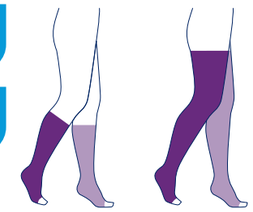


Sizing & Compression Classes

The colour-coded sizing system allows rapid allocation of the right size.
The colours displayed at the inspection window correspond to the width (inner colour) and the length (outer colour) of the stocking.
Select the correct size garment based upon the measurement guide.

SM-XL: 10-20 mmHg

XXL: 14-22 mmHg



Comprinet pro Knee High

Size	Ankle Circumference	Colour Code	Product Code
Small	23 - 30 cm		77026-02
Medium	30 - 38 cm		77027-02
Large	38 - 46 cm		77028-02
X-Large	46 - 53 cm		77124-05
XX-Large	53 - 66 cm		77133-03

Comprinet pro Thigh High

Size	Ankle Circumference	Length	Colour Code	Product Code
Small Regular	23 - 30 cm	64 - 80 cm		46335-12
Small Long	23 - 30 cm	80 - 97 cm		46336-02
Medium Regular	30 - 38 cm	64 - 80 cm		46337-02
Medium Long	30 - 38 cm	80 - 97 cm		46338-02
Large Regular	38 - 46 cm	64 - 80 cm		46388-02
Large Long	38 - 46 cm	80 - 97 cm		46389-02
X-Large Regular	46 - 53 cm	64 - 80 cm		77125-02
X-Large Long	46 - 53 cm	80 - 97 cm		77128-02
XX-Large Regular	53 - 66 cm	64 - 80 cm		77130-01
XX-Large Long	53 - 66 cm	80 - 97 cm		77131-01

All JOBST Comprinet pro garments are supplied as a pair in boxes of 10 pairs and are finished without a silicone top band.

JOBST®
ACCESSORIES
AND **CARE**
GUIDELINES



JOBST® DONNING AND DOFFING SOLUTIONS

Application of knee high stockings

Application of thigh high stockings

Doffing of thigh high stockings instructions

JOBST® Application



Put the hand inside the stocking and grip the heel.



Turn the stocking inside-out, whilst still holding onto the heel.



Pull the inside-out of the stocking over the front of the foot as far as the heel.



Gradually pull the stocking onto the calf, like a normal stocking.



Push the overlapping part of the stocking over the heel.



Fold over the stocking and pull without using force.



Make sure that the heel of the stocking is free of creases.



Pull the stocking up to the knee, thigh or waist; let it slide over the thumbs.

Knee high socks or stockings should finish 2 finger width's below the knee crease at the back of the leg.

JOBST® ACCESSORIES





JOBST® Stocking Donner

Product Code: 79668-00

Due to the nature of compression stockings, people may find putting them on to be initially a challenging task. The **JOBST® Stocking Donner**, which features a **lightweight frame** and foam grip handles, is designed to aid in the application of all JOBST® Medical legwear.



Place your JOBST® compression stocking inside the semi-circle frame and pull the top of the stocking down over the semi-circle. The heel of the stocking must face the back of your JOBST® Stocking Donner.

Continue to slide the stocking down over the semi-circle until the heel protrudes from the frame, and is centred and even.



Preferably whilst seated, grasp the padded handles and gently pull the stocking donner upwards whilst moving your leg slightly outwards, until the stocking is above the calf.



Whilst using a support for balance, insert your foot into the stocking until your foot is completely on the floor.

Helpful Tip: Sit down and hold the heel pocket against the frame as you slide your toes into the stocking.



Push the JOBST® Stocking Donner backward and down to free the stocking.

Be sure the heel of the stocking is properly placed on the foot. Then adjust the length and smooth out any wrinkles by stroking with the palm of your hands.

The knee band in knee high socks or stockings should stop two finger widths below the crease at the back of the knee.



ARION DONNING AND DOFFING AIDS

Slide solutions for medical compression garments

Product benefits

Easy to Use

- ✓ **Minimise friction** between compression garment and skin
- ✓ **Reduce physical strain** for both compression wearers and caregivers
- ✓ Promote **independence** of compression wearers

Safe to Apply

- ✓ **Reduce risk** of skin damage; can be especially beneficial in case of high skin sensitivity or leg ulcers
- ✓ Contribute to a **longer garment lifetime** by preventing damage from fingers and nails
- ✓ Help **maintain the original compression longer** and avoiding garments from overstretching and distortion

Simple Solutions

- ✓ Offer application aids for all types of compression garments: stockings, tights, arm sleeves, and gloves
- ✓ Designed for different shapes and sizes of limbs
- ✓ Support the concordance to compression therapy

Arion Application Aids for your medical compression garments

	Donning and Doffing Aids for medical compression stockings and tights		Donning aid for armsleeves
	Easy-Slide 	Magnide® 	Easy-Slide ARM 
Open toe	●		—
Closed toe		●	—
Donning (On)/ Doffing (Off)	ON 		
Sizes	Code / Size / Shoe size EU 79658-03 / Size XS / ≤ 33 79658-04 / Size S / 34 - 36 79658-05 / Size M / 37 - 38.5 79659-03 / Size L / 39 - 41 79660-02 / Size XL / ≥ 42	Code / Size / Shoe size EU 79571-00 / Size M / ≤ 38 79571-20 / Size L / 39 - 43 79571-02 / Size XL / ≥ 44 XL also suitable for extra wide feet (circumference up to 28 cm)	Code / Size / Arm Length* 79661-04 / Size M / 59 - 67 cm 75100-01 / Size L / > 67 cm *Arm length measured from the tip of the middle finger to the armpit.
Video instructions: scan the QR code to watch the video			
Care instructions	Wash by hand (30°C) / Do not Bleach	Tumble dry / Dry with a towel	Do not Iron / Do not dry clean



JOBST® **DONNING GLOVES**

JOBST® Donning Gloves help create friction and provide a better grip when you put your garments on. They support an even distribution of the fabric of your compression garments on the leg. Wearing donning gloves also reduces the risk of damage to the fabric.

Extra Tip

Besides donning aids and accessories, there are helpful tips and tricks for easier application. Make sure that your skin is dry before putting on your garments. Avoid using any greasy ointments or body lotions prior to applying compression stockings.

Supplied as a pair.

XS	S	M	L	XL	Colour
77400-27	77400-28	77400-29	77400-30	77400-31	● Blue



DO NOT:

Tumble dry / Bleach / Iron / Use softeners / Dry clean

JOBST® **ROLL-ON ADHESIVE**

An adhesive lotion to help hold garments in place

Suitable for daily use.

A single application with the roll-on-ball on the exposed skin around the arm or leg is sufficient. Then the edge of the garment is folded up and pressed against the skin.

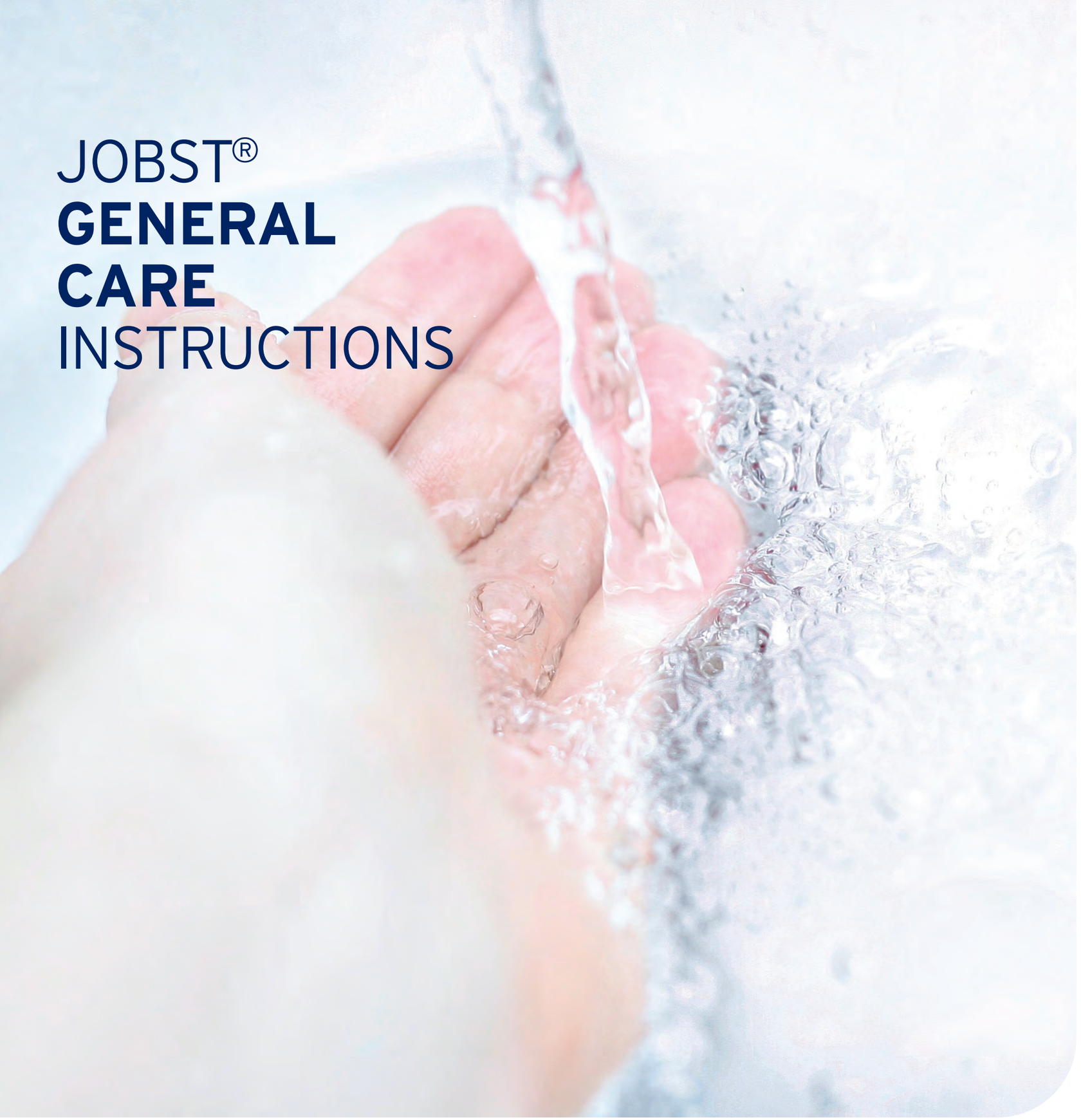
For garments with a silicone edge, the adhesive lotion should not be applied directly under it.

Cleaning instructions: Remnants of the adhesive lotion can be easily washed off the skin or garment with water after removing the garment.

Supplied as a box of 12.

Product code: 79274-11





JOBST® **GENERAL CARE** INSTRUCTIONS

Washing **Instructions**

- It is recommended to wash JOBST® compression garments on a daily basis, or at least every other day.
- Use mild liquid detergent and a low spin cycle setting.
- Machine washable in warm water.
- Do not use laundry additives such as fabric softener, optical brightener or stain remover.
- Rinse compression garments well.
- Roll up the wet compression garments in a towel after washing and press out excess moisture. Do not wring.

For garments with a silicone band:

When needed, hand wash silicone band to remove excess creams, lotions, hair and other foreign materials.

Drying Instructions

- Dry JOBST® UltraSheer, JOBST® Travel and JOBST® UlcerCARE™ liner either indoors or in the shade, laid flat
- JOBST® forMen, ActiveWear, Sport, Activa soSoft, Relief, Maternity Opaque and UlcerCARE™ outer stocking can be tumble dried at low temperature
- Do not wring



Do not bleach



Do not iron



Do not dry clean

Please refer to the product label and / or package insert for full instructions on the safe use of these products.

Always read the label and follow the directions for use.

Fibre Content

FABRIC/CCL	Nylon (Polyamide)	Spandex (Elastane)	Silicone	Polyester	Other
JOBST® UltraSheer 15-20mmHg KH	75%	25%	-	-	-
JOBST® UltraSheer 15-20mmHg TH (Dotted Band)	66%	19%	15%	-	-
JOBST® UltraSheer 15-20mmHg THW (Sensitive)	75%	21%	4%	-	-
JOBST® UltraSheer 15-20mmHg WH	72%	28%	-	-	-
JOBST® UltraSheer 20-30mmHg KH	74%	26%	-	-	-
JOBST® UltraSheer 20-30mmHg TH (Dotted Band)	64%	24%	12%	-	-
JOBST® UltraSheer 20-30mmHg THW (Sensitive)	71%	26%	3%	-	-
JOBST® UltraSheer 20-30mmHg WH	73%	27%	-	-	-
JOBST® forMen 15-20mmHg KH (SoftFit)	72%	26%	2%	-	-
JOBST® forMen 15-20mmHg TH (Micro Dots)	75%	20%	5%	-	-
JOBST® forMen 20-30mmHg KH (SoftFit)	69%	29%	2%	-	-
JOBST® forMen 20-30mmHg TH (Micro Dots)	70%	26%	4%	-	-
JOBST® forMen 30-40mmHg KH (SoftFit)	67%	31%	2%	-	-
JOBST® forMen 30-40mmHg TH (Micro Dots)	66%	30%	4%	-	-
JOBST® Relief 15-20mmHg KH	80%	20%	-	-	-
JOBST® Relief 15-20mmHg TH (Dotted Band)	74%	18%	8%	-	-
JOBST® Relief 20-30mmHg KH CT	77%	23%	-	-	-
JOBST® Relief 20-30mmHg KH OT	75%	25%	-	-	-
JOBST® Relief 20-30mmHg TH (Dotted Band)	70%	23%	7%	-	-
JOBST® Relief 20-30mmHg / 30-40mmHg WH / CHAP OT	78%	22%	-	-	-
JOBST® Relief 20-30mmHg WH CT	75%	25%	-	-	-
JOBST® Relief 30-40mmHg KH CT	72%	28%	-	-	-
JOBST® Relief 30-40mmHg KH OT	70%	30%	-	-	-
JOBST® Relief 30-40mmHg TH (Dotted Band)	66%	28%	6%	-	-
JOBST® ActiveWear 15-20mmHg / 20-30mmHg	20%	9%	-	60%	11% Cotton
JOBST® ActiveWear 30-40mmHg	20%	12%	-	58%	10% Cotton
JOBST® Sport 15-20mmHg	60%	10%	-	30%	-
JOBST® Maternity Opaque 15-20mmHg	80%	20%	-	-	-
JOBST® Maternity Opaque 20-30mmHg	78%	22%	-	-	-
JOBST® Travel 15-20mmHg	55%	-	-	-	12% Elastan + 33% Cotton
JOBST® ACTIVA soSoft 8-15mmHg	92%	8%	-	-	-
JOBST® Elvarex® Soft 15-21mmHg	84%	16%	-	-	-
JOBST® Elvarex® Soft 23-32mmHg	80%	20%	-	-	-
JOBST® Elvarex® Soft 34-46mmHg	76%	24%	-	-	-
JOBST® UlcerCARE Liner	79%	16%	-	-	5% Silk
JOBST® UlcerCARE Outer Stocking (Zipper)	76%	24%	-	-	-
JOBST® Comprinet pro KH	80%	20%	-	-	-
JOBST® Comprinet pro TH	77%	19%	-	-	4% Neoprene

KH Knee High | **TH** Thigh High | **WH** Waist High | **CT** Closed Toe | **OT** Open Toe

Top bands contain silicone where indicated.

Caution: Products labelled on the packaging with LATEX contain natural rubber (latex) which may cause allergic reactions.



JOBST® COMPRESSION

Custom Made Compression Garments

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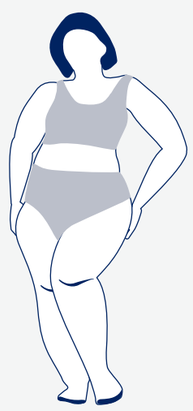
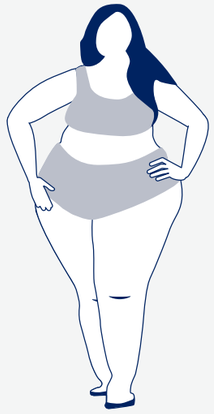
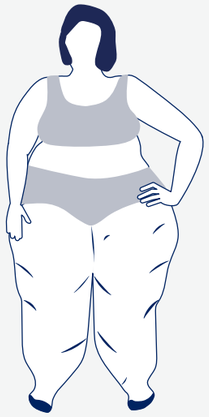
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JOBST® FLAT KNIT DECISION TABLE

JOBST® Confidence / JOBST® Elvarex Soft / JOBST® Elvarex

Body Shape			
Stage	**Mild (O-I)**	**Moderate (II)**	**Severe (III)**
Patient Description	First time user Newly diagnosed Preventative treatment Lipoedema/Lymphoedema	First time user Low tolerance to stiff fabric Desire to "feel" the compression Lipoedema/Lymphoedema	Persistent/aggressive oedema Lymphoedema (not best for Lipoedema)
Skin Folds	None	Minimal	Significant
Tissue	Proportionate Symmetrical Athletic Controlled/maintained oedema	Adipose present Beginning development of early fibrotic changes	Significant adipose and/or hard fibrotic
User Need	Light & soft material	Soft & flexible material	Firm & strong material
JOBST® Product Recommendation	**JOBST® Confidence**		
		JOBST® Elvarex Soft	
			JOBST® Elvarex

JOBST® CONFIDENCE

The Next Generation of Made-to-measure Flat-knit Compression Garments for patients with mild to moderate lymphoedema and lipoedema







JOBST® CONFIDENCE

Innovative knitting method allows for high ability to **conform to individual body shapes**

Contour Fit

Made with a supple conforming fabric that also gives the reassurance of **firm support**

Soft & Firm

Advanced moisture management system with double-layer construction for **optimal wearing comfort**

Moisture Management

Flexible, conforming fabric is designed to make **putting on and taking off easier**

Easy Donning



JOBST CONFIDENCE – INSPIRE YOUR PATIENTS' CONFIDENCE WITH COMFORT AND STYLE

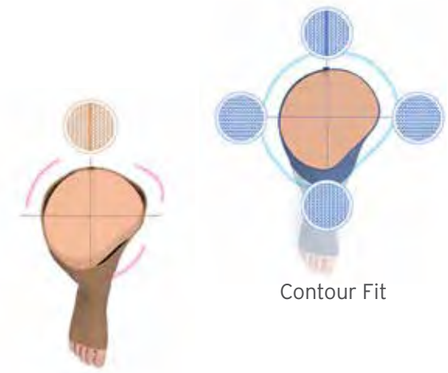
At JOBST, we want to help your patients find their inner confidence through comfort and style. This is why JOBST Confidence compression garments are designed to help individuals with lipoedema* or lymphoedema live life to the fullest.

As well as providing your patients with the support they need to manage their condition, JOBST Confidence can be personalised with a range of new design features. Now your patients can benefit from more comfort and style, giving them the confidence they need to believe in themselves - whatever they do.

THE TECHNOLOGY BEHIND OUR COMFORT

CONTOUR FIT TECHNOLOGY

Unlike traditional flat-knit, Contour Fit adapts the fit of the garment at four positions of the limb instead of one. This creates a garment that truly replicates the unique contours of the body. Special Contour Points show where the garment has been individually tailored to allow your patients to move freely.



Traditional flat-knit

Contour Fit

ADVANCED MOISTURE MANAGEMENT

JOBST Confidence garments are designed with an advanced moisture management system where a unique material construction and yarn composition is integrated to offer optimal moisture management. High-performance fabrics wick away moisture to keep the skin dry and your patients feeling comfortable all day long.

*Without pronounced skin folds and pronounced shape distortions

JOBST® CONFIDENCE – DESIGNED FOR SUPERIOR COMFORT

Having a comfortable garment is vital as it means that your patient is more likely to wear their garment regularly, which is important for effective treatment. JOBST Confidence offers besides its unique design, options that are also designed to make it more comfortable.



A DEDICATED DESIGN FOR MEN

All panty styles are also available with an ergonomic seam placement that follows the natural shape of men's bodies. The fly option, specifically designed for men, has an improved fit and is designed for higher wearing comfort.

PANTY DESIGN FOR COMFORTABLE FIT

Our panty styles feature an ergonomic seam placement that better follows the natural shape of lymphoedema and lipoedema patients' bodies. This can help reduce discomfort and restriction in their daily lives.



COMFORT OPTIONS

Functional Zones are designed to enable greater mobility around the elbow, knee and ankle.



Functional zone knee*



Functional zone elbow*



NEW! Comfort waistband



Slant toe



Hallux valgus closed toe



Hallux valgus open toe

*Available for knee, ankle and elbow

WHERE STYLE AND COMFORT MEET

Every patient is unique and their compression garments should mirror their individuality. With JOBST Confidence, your patients can customise their garments, ensuring both medical support and a reflection of their style.

DESIGN OPTIONS



Decorative seams
Silver, Gold, Multicolour



Deco line



Initials



Floral waistband
(5 cm)



Motivational print
"Keep moving"

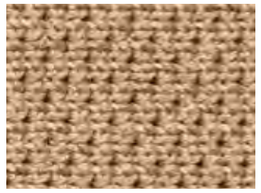


Motivational print
"Empower yourself"

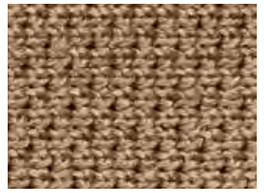


Motivational print
"Feel good"

COLOURS



Beige



Caramel



NEW! Hazelnut



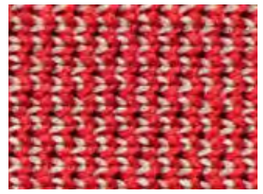
Black



Jeans Heather



Anthracite Heather



Red Heather



NEW! Cranberry

COMPRESSION CLASSES

Upper limb	Lower limb
CCL 1	CCL 1
CCL 2	CCL 2
	CCL 3

Available Styles



AB1 Sock



AD Knee High



AG Thigh High



ET Bermuda



AT Panty



CT Capri



BT and B1T Capri



AG-HT One Leg



AG1 Armsleeve with Gauntlet



CG1 Armsleeve

CRAFTED FOR CONFIDENCE

DEFY GRAVITY



JOBST®
ELVAREX
RANGE

JOBST® ELVAREX

A range of fabrics for patients with mild to severe lymphoedema. JOBST® Elvarex garments offer high elasticity and tensile strength to ensure you achieve consistent and reliable results.



- Shape memory: a unique feature to Elvarex, enabling patients to maximise limb containment particularly during exercise
- Unique stitch pattern with an open and wide mesh structure, provides high air permeability and breathability
- High working to resting pressure ratio, guarantees effective mobilization of oedema and improves lymph drainage
- Coarse knitted loops ensures the garment lies flat over skin folds
- Robust yarn formula provides a firm hold especially important for more stubborn and rebound oedema



JOBST® **Elvarex Soft Seamless**

JOBST® Elvarex Soft fabric, seam-free for the hands and feet

Constructed entirely without a seam, these unique custom-fit, flat-knit garments provide unrivalled patient comfort during wear. The perfect anatomical fit guarantees even, uninterrupted and consistent compression for optimum oedema management, even in critical areas, such as the fingers and the ball of the foot. The real advantage of this innovation is that the garments are especially comfortable to wear.

JOBST® **Elvarex Soft**

The unique knitted fabric contains a soft textured yarn which creates an extremely smooth fabric surface and makes the inside of the seam particularly soft. This combination of skin-protecting softness and excellent breathability makes the garments particularly well suited for patients with dry, sensitive or fragile skin.

JOBST® **Elvarex**

For over 70 years, JOBST® Elvarex has been a recognised standard of therapy providing reliable flat-knitted, graduated compression garments for the treatment of lymphoedema and chronic oedema. JOBST® Elvarex is a time-proven classic and seen as the absolute specialist amongst flat-knitted compression garments.

JOBST® **Elvarex Plus**

JOBST® Elvarex fabric, seam-free for the hands and feet

JOBST® Elvarex Plus has succeeded in adapting the inner strength of the JOBST® Elvarex material to the skin's sensory perception and the complex movements of the hands and feet. With the unique 3D knitting technology, the custom-fit, flat-knit, seamless compression garments reproduce each body shape accurately and fit like a second skin.



JOBST® ELVAREX®

Firm hold for effective lymphoedema management

Strong Hold

Special knitting structure allows air to pass, to enhance wearing comfort

Breathable

Optional Functional Zone for greater wearing comfort and flexibility

Functional Zone

Subtle pressure of the knitted fabric on the skin provides a micro-massage effect, especially during movement

Micro-Massage



SoftFit
Stays up for elevated comfort

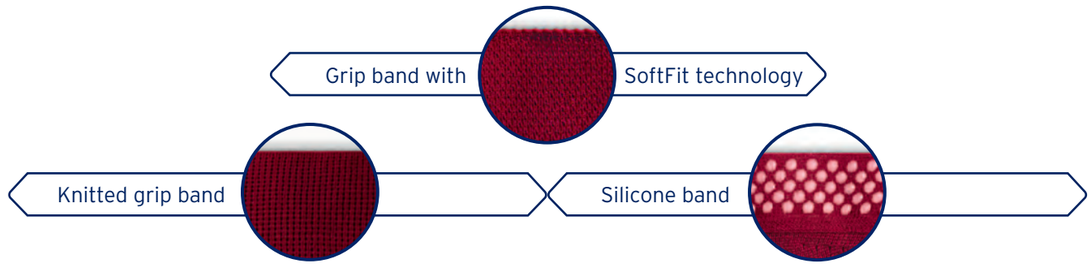
Giving you options with gripping new ideas

At the heart of our brand is the desire to provide advanced solutions for all patients.

SoftFit™ technology is a unique system of silicone yarns, knitted into the band of our compression garments. This provides a more gentle, seamless friction on the skin with less reported cutting in and slipping down, even when moving about.

Top Bands

Stage 0	Stage 1	Stage 2	Stage 3
Latent: A subclinical state where swelling is not evident despite impaired lymph transport. This stage may exist for months or years before oedema becomes evident.	**Mild:** This represents early onset of the condition where there is accumulation of tissue fluid that subsides with limb elevation. This oedema may be pitting at this stage.	**Moderate:** Limb elevation alone rarely reduces swelling and pitting may manifest. There may or may not be pitting as tissue fibrosis is more evident.	**Severe:** The tissue is hard (fibrotic) and pitting is absent. Skin changes such as thickening, hyperpigmentation, increased skin folds, fat deposits and warty overgrowths develop.



Staging according to International Society of Lymphology (ISL). Each band is available and suitable for all stages. The table serves only as a recommendation.

FUNCTIONAL ZONES
FOR IMPROVED CONFORMABILITY

Superior flat knit technology

Unique and innovative because of sophisticated, technically superior flat-knit technology: JOBST® Elvarex®, with the functional zones for knee and elbow combine comfort with more freedom of movement as well as medical efficacy.

Different internal and external knit pattern





Knee Functional Zone outside | Knee Functional Zone inside

- Internal and external matched zones created by differential knit construction and use of yarn
- The soft yarn inside is especially gentle on the skin. It effectively prevents skin irritation especially when the joint is subject to a lot of movement.





Knee Functional Zone outside | Knee Functional Zone inside

- Internal and external matched zones created by differential knit construction and use of yarn
- The soft yarn inside is especially gentle on the skin. It effectively prevents skin irritation especially when the joint is subject to a lot of movement.

More **comfort** and more **freedom** of movement

Maximises freedom of movement





Elbow Functional Zone | Elbow Functional Zone back

- The functional zone works in harmony with every movement of the joint.
- Wrinkling is effectively reduced, improving comfort and fit (e.g. when seated for protracted periods or during active knee and elbow joint movement).





Knee Functional Zone outside | Knee Functional Zone inside

- The functional zone extends around the entire knee joint or elbow joint.
- This guarantees maximum freedom of movement of the joint with consistently even and effective control of oedema.
- Optimally suited to movements with a great degree of deflection (e.g. when sitting).

Lower Extremities



Functional Zone '**Top Comfort Zone**'

Features and benefits

- Anatomically-adapted functional zone on the upper leg with special combined double-effect zone for improved comfort and compression.
- The 'Top Comfort Zone' consists of two components:
  a) Elevated upper leg section in the front (higher in the front, sloping down wedge-shaped in the back) for improved individual fit from the groin to the buttocks.
  b) Fabric shaped to extend higher on the outside for improved grip and fit and to prevent the formation of circular constrictions and congestion in this area.
- Particularly well-suited for customised management of patients with oedema who have large leg volumes, unusually shaped upper legs and/or 'drooping' buttocks.

Notes and tips for ordering

- Top Comfort Zone is available in all compression levels and length types: AG, AG-HT, AT Pressure panty Elvarex (full compression), Bermuda, Capri pants. NOT AVAILABLE for chap style AG-T.
- Check the box 'Top Comfort Zone'.
- Enter the length measurements of a-G and a-K. The individual shape and height of the Top Comfort Zone is determined by these length measurements and is calculated automatically taking into consideration the corresponding circumference measurement.





Functional Zone '**T-Heel**'

Features and benefits

- Special knitting construction for improved fit at the heel and instep, promoting optimal patient compliance.
- Supports an even medical compression pressure in this critical, high-movement joint and reduces the pressure at the instep.
- Recommended for patients with oedema, in particular, in stage II and elephantiasis patients.

Notes and tips for ordering

- The T-Heel version is available in compression level 30-50mmHg.
- Check the field 'T-Heel available 30-50mmHg' under 'Options'.

Upper Extremities



Functional Zone **'Bias top end'**

Features and benefits

- Special shaping of the armsleeve in the area of the upper arm (outer edge slanted upwards in the direction of the shoulder joint).
- This gives an anatomically adapted compression effect right up to the base of the shoulder joint.

Notes and tips for ordering

- The functional zone is available in all compression classes (20-40mmHg).
- Under 'Armsleeve without hand' tick field 'CG1 bias top end' or under 'Single piece, hand/arm' tick field 'AG1 arm with hand, bias top end'.

JOBST® ELVAREX® CUSTOM FABRICS, COMPRESSION LEVELS AND STYLES

	JOBST® Elvarex	JOBST® Elvarex Soft	JOBST® Elvarex Soft Seamless	JOBST® Elvarex Plus
Indicated for	Moderate to severe Lymphoedema/ Lipoedema, especially with skin folds	Mild to moderate Lymphoedema/Lipoedema	Mild to moderate Lymphoedema/ Lipoedema	Mild to severe Lymphoedema/ Lipoedema, especially patients who need ergonomically shaped toe caps or gloves without seams
Performance attributes	Unique stitch pattern, enabling the custom made garment to lie fly over skin folds and allows air to pass, enhancing wearing comfort. Structured surface demonstrates good heat transfer and micro massage effect, especially during movement.	Fabric contains soft textured yarn creating a smooth fabric surface making the inside of the seam particularly soft. Specifically designed for patients with sensitive, dry or fragile skin. The structured surface demonstrates good heat transfer and micro massage effect.	Constructed entirely without a seam, a unique custom-fit, flat-knit garment. The structured surface demonstrates good heat transfer and micro massage effect.	Unique 3D knitting technology allows seamless compression garments that reproduce each body shape accurately and allows a high freedom of movement. The structured surface demonstrates good heat transfer and micro massage effect.
Compression levels Upper Limb	CLL 1 CCL 2 CCL 2 Forte	CLL 1 CCL 2	CLL 1 CCL 2	CLL 1 CCL 2
Compression levels Lower Limb	CLL 1 CCL 2 CCL 3 CCL 3 Forte CCL 4 CCL 4 Super	CLL 1 CCL 2 CCL 3	CLL 1 CCL 2	CLL 1 CCL 2
Styles	Knee High Thigh High Panty Hose Capri Bermuda Chaps Toe pieces Gloves Gauntlets Armsleeves Combined garments and segments	Knee High Thigh High Panty Hose Capri Bermuda Chaps Armsleeves	Toe pieces Gloves Gauntlets	Toe pieces Gloves Gauntlets



ELVAREX® IN LYMPHOEDEMA THERAPY

The options displayed represent just an extract of the JOBST® Elvarex assortment. Each style can be combined individually. For further information on the JOBST® Elvarex assortment please refer to the current JOBST® product information.

Styles and options lower extremities

MOST FREQUENT STYLES



AD
Knee High



AG
Thigh High



AG-T
Thigh High with Waist Attachment (chap style)



AG-HT
Elvarex® One Leg Panty (Single leg with body bandage and leg extension)



AT
Elvarex® Panty (Thigh high with body bandage)



CT
Elvarex® Capri

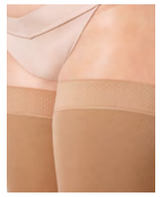
MOST FREQUENT OPTIONS



Straight ending



Slip form (outside higher)



Silicone dotted band on top



Silicone dotted band inside



3/4 Silicone dotted band inside

Width of the silicone dotted band: 2.5 cm or 5.0 cm



Silicone band pieces



Silicone vertical strips



Foot cap with toes



Zipper option

Open and closed toe are available

Colours – Lower Extremities

	Beige	Caramel	Bronze	Dark Brown	Black	Dark Blue	Grey	Cranberry	Ruby Red	Pine Green	Yellow
Elvarex®	●	●	●	●	●	●	●	●			
Elvarex® Plus	●	●	●	●	●	●	●	●			
Elvarex® Soft	●			●	●	●	●	●	●	●	●

Styles and options upper extremities

MOST FREQUENT STYLES



AC[1]
Glove



AE
Glove to elbow



CG[1]
Armsleeve with bias top end

GLOVE/GAUNTLET OPTIONS



Without fingers, with thumb*



With fingers, with thumb*



CG[1]
Armsleeve with silk pocket



CH
Armsleeve with shoulder cap (eg. bra attachment with Velcro)



AG[1]
One-piece armsleeve and glove



With zipper



With pocket

*Individual length of the fingers and the thumb is variable

MOST FREQUENT OPTIONS FOR ARMSLEEVES



Silicone dotted band on top



Silicone dotted band inside



3/4 Silicone dotted band inside



With shoulder cap and bra attachment with Velcro



With shoulder cap and strap

Colours – Upper Extremities

	Beige	Caramel	Bronze	Hazelnut	Dark Brown	Black	Dark Blue	Grey	Cranberry	Macchiato	Ruby Red	Pine Green	Yellow
Elvarex®	●	●	●	●	●	●	●		●		●		
Elvarex® Plus	●	●	●	●	●	●	●		●		●		
Elvarex® Soft	●				●	●	●	●	●	●	●	●	●

JOBST® **RELAX**



JOBST® RELAX

Textured surface designed to **micro-massage the skin** and to support stimulation of lymph flow

Micro-Massage

Heat management promoted by **yarn combination with monofilaments**

Breathable

Special flat-knit construction provides **extra cushioning and enhances comfort**

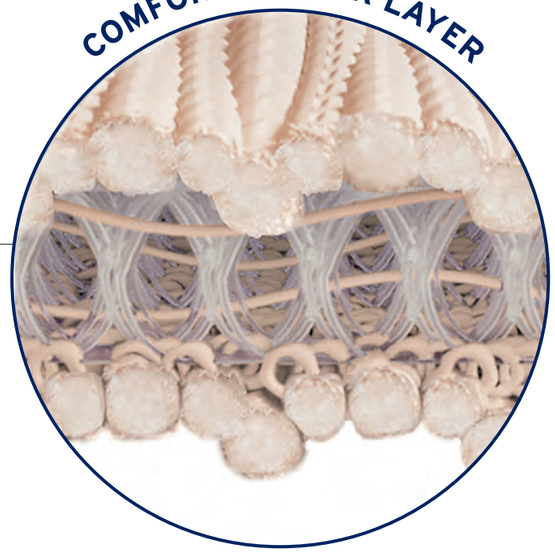
Cushioning

Designed to be **easy and fast to don** compared to self-bandaging

Easy Donning

SMART DESIGN FOR A BETTER NIGHT'S SLEEP, **THANKS TO BREATHABLE COMPRESSION** TECHNOLOGY

JOBST® Relax is a **night compression garment** to complement patients' recommended day-time lymphoedema therapy. Designed to maintain oedema reduction and **counteract fluid accumulation at night**, your patients will feel the difference and sleep more easily thanks to its lightweight and breathable features.



Provides cushioning and can adapt to various sleeping positions. Made with Coolmax® Air Technology.

High **performance and results** enhanced by the **Comfort Spacer Layer**

One of the special features that sets JOBST® Relax apart from other night compression garments is its Comfort Spacer Layer, created with a special knitting technique that delivers the right balance between fabric thickness, cushioning and breathability.

A combination of monofilaments and moisture-managing yarns creates a lightweight garment, meaning that heat and perspiration are likely to be transferred much more effectively from the surface of the skin. The flexible material also promotes freedom of movement during sleep as the flat-knit properties make it less likely to wrinkle into skin folds and cause constriction.



GIVING YOUR PATIENTS THE RELIEF AND RELAXATION THAT THEY DESERVE

JOBST® RELAX

Our assortment for a relaxing night routine

Compression Classes

AG1 CG1 AD AG

CCL 1: 15-20 mmHg

AD AG

CCL 2: 20-30 mmHg

Colours



Rosé

Beige

Optional

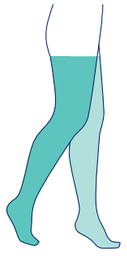


Zipper for knee high only

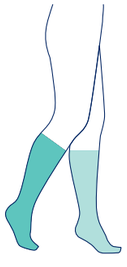
Anti-Slip



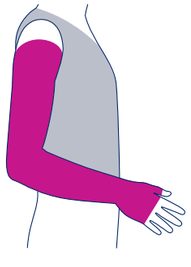
Pad on sole to help prevent slipping



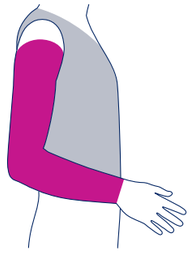
Thigh High



Knee High



Armsleeve with Gauntlet



Armsleeve

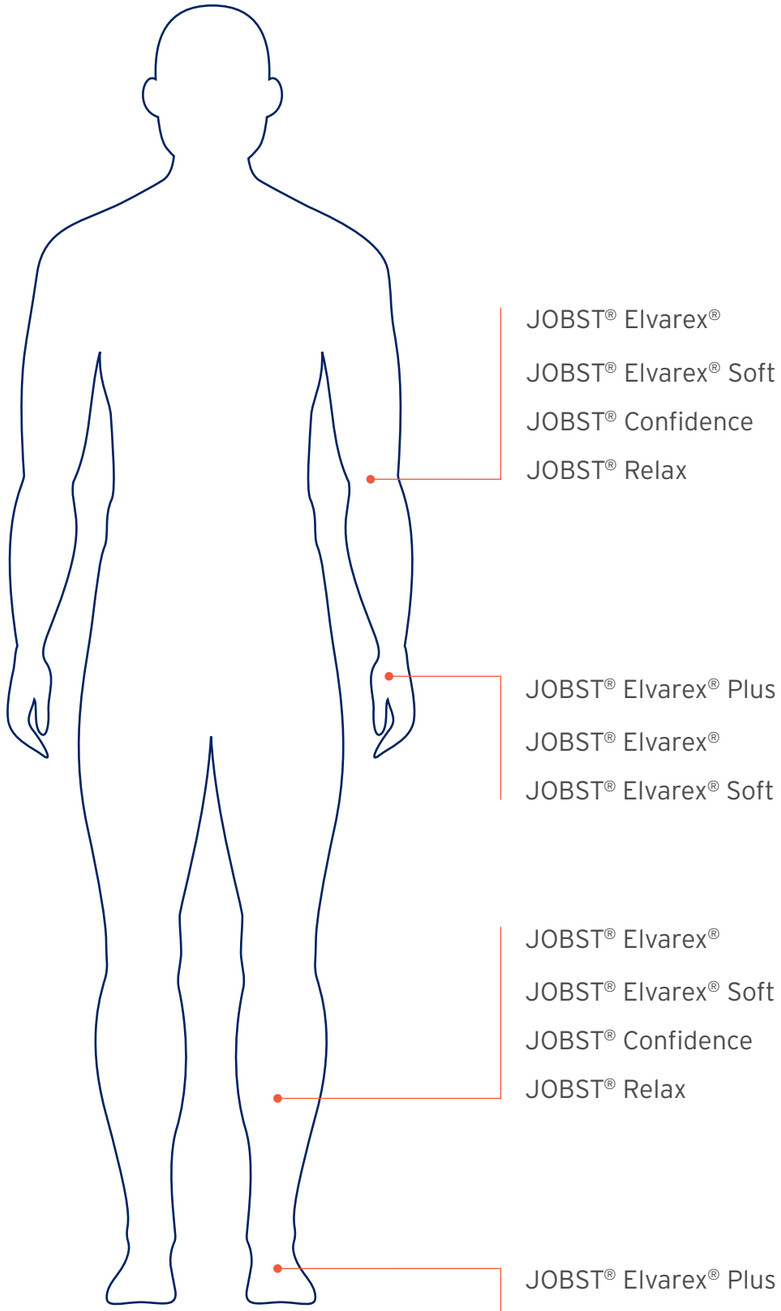


JOBST®
GENERAL INFORMATION

JOBST® CUSTOM GARMENT MEASURING GUIDELINES



OVERVIEW OF JOBST®
MADE-TO-MEASURE FLAT-KNIT GARMENTS



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INTRODUCTION

Purpose of this document

- Measuring a flat-knit garment can be quite challenging as there are many aspects that need to be considered during the process.
- Being your trusted partner in compression therapy, we would like to ease the process of measuring and give as much support as possible.
- The goal is to come close to a standardized measuring for JOBST® flat-knit garments, in order to create compression hosiery that will have the best possible fit straight from the beginning.

When using this document, please keep in mind

- This booklet is a guide to measuring for JOBST® made-to-measure flat-knit compression garments and must be used as a guide only.
  Please use alongside the JOBST® order forms or the JOBST® e-shop.
- **Note:** this Measuring Standard does not replace any formal training on treatment of lymphatic and venous diseases or lipedema.

How to use this document

- Our JOBST® Measuring Standards have been developed as an interactive PDF, which you can use on any digital device.
- Using this document in full-screen mode enables you to interactively click through the slides, following the links while clicking on the respective buttons.
- Clicking on the footer, you will always be able to go back to the table of contents or the tension matrix.

JOBST® MEASURING STANDARD

General information

- The limb should be decongested before measuring for a compression garment and oedema reduced through multi-layer lymphedoema bandaging or JOBST® FarrowWrap® compression system.
- The best time to measure a patient for a compression garment is in the morning, or after a therapy session.
- Measure hands, feet, fingers and toes accurately to the nearest millimetre.
- Photo documentation is helpful in difficult cases.
- Documentation of body measurements (no tension) and order measurements are important in order to track changes of the oedema.
- Do not measure into skin folds but place the measuring tape over the top of the skin fold.

BEFORE YOU GET STARTED

JOBST® MEASURING CARD

The measuring card is a measurement aid developed exclusively for arm sleeves, gloves and toe caps. The card allows finger and toe lengths to be determined very easily and precisely. Moreover, the measurement aid is used for positioning measurement point G on the arm.

JOBST® MEASURING BOARD

A measuring board is recommended for accurately measuring the lower extremities. It is particularly convenient to take combined length and circumference measurements without marking the patient's skin.

JOBST® ORDER FORM OR JOBST® ESHOP

In order to note down the measurements and place the order, please have either an order form or the JOBST® eShop prepared.

JOBST® MEASURING TAPES

Measuring tapes of different widths are recommended for taking measurements, depending on which areas of the extremities are being measured:

- A 0.5 cm wide measuring tape or appropriate finger / toe tape is used to ensure measurements to the nearest millimetre in the hand and foot areas.
- A regular JOBST® measuring tape to measure the remaining circumference and length measurements (feet, legs, possibly abdomen, hand and arm).

JOBST® SKIN PENCIL

A skin pencil is recommended for marking the measurement points.

Our JOBST® skin pencils are particularly skin-compatible and are easy to remove from the skin due to their fat solubility.

JOBST® FOAM PAD

The foam pad is a measuring aid developed for measuring length K.

The pad allows accurate measurement to be taken for point K. It is placed in between the groin area.

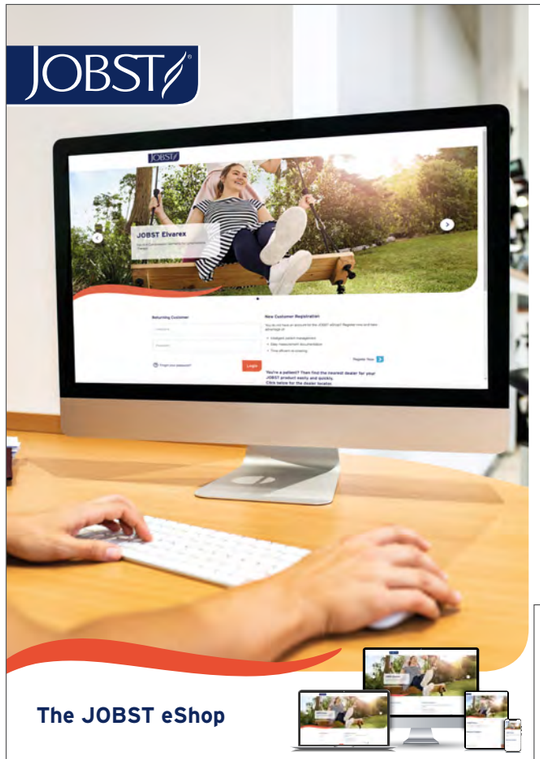
JOBST® ELASTIC BELT

The elastic belt helps the patient find the best position for themselves and delivers a secured position for the measurement. It aids in the measurement of circumference and length at point H and T, especially for JOBST® Confidence panty (AT) garment.

JOBST® TAPE CLIPPER

The tape clipper is used on a measuring tape. This is needed for taking rise measurement for JOBST® Confidence panty (AT) garment.

JOBST® ESHOP

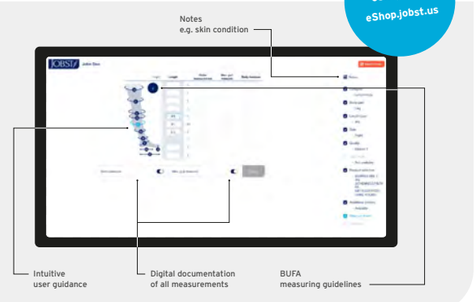


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- Easy measurement documentation

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- Time efficient re-ordering

essity JOBST®, an Essity brand

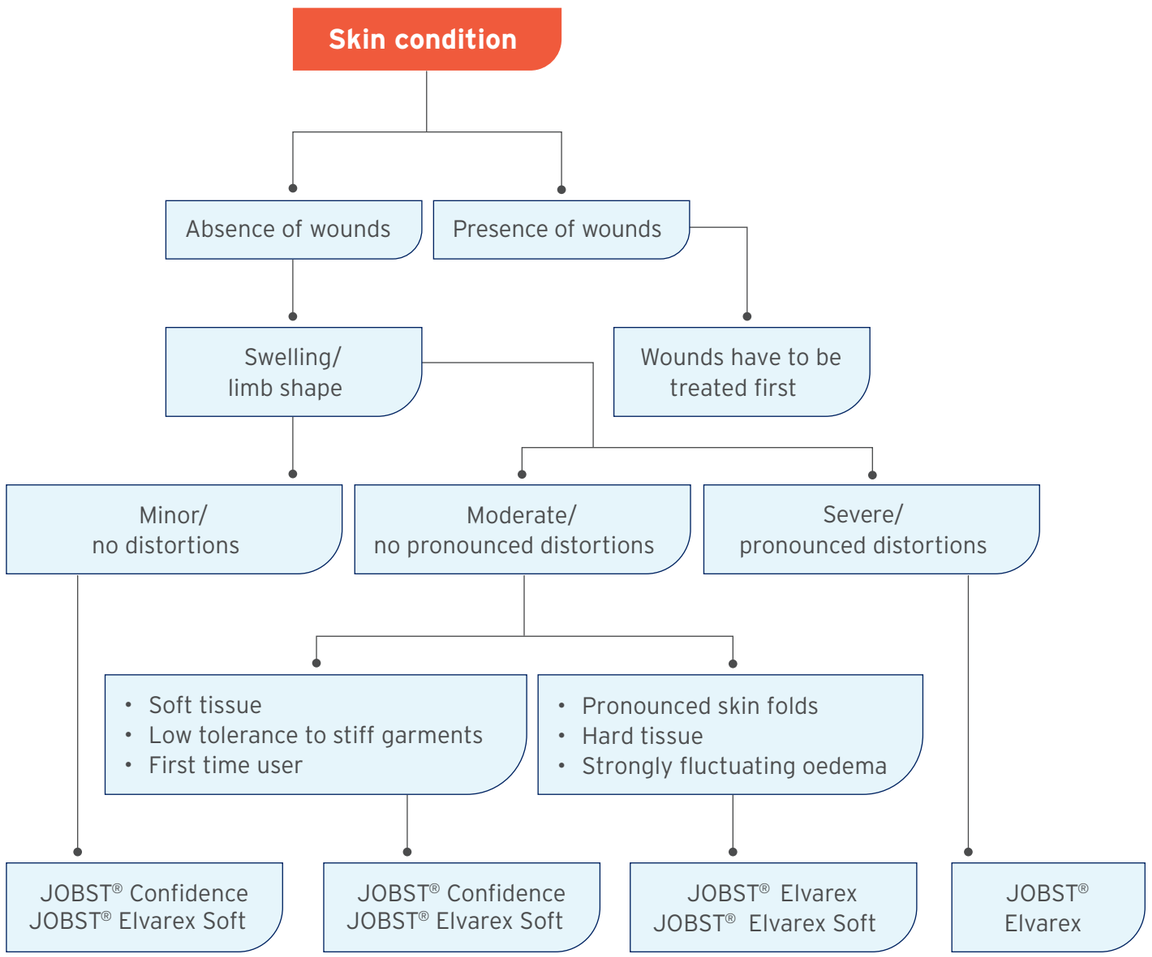
www.eshop.jobst.us 02/2020

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HOW TO CHOOSE BETWEEN JOBST® ELVAREX AND JOBST® CONFIDENCE IN PATIENTS WITH LYMPHOEDEMA*

Decision tree



* Developed by Essity based on technical features of the products; individual patient needs and conditions must be taken into consideration

TENSION MATRIX

In order to measure for an optimal fit of our flat-knit garments, circumferential measurements should be carried out under different levels of tension.

As shown here, the tension can range from 0 (lay on measurement) to +++ (maximum tension).

Measuring for JOBST® flat-knit garments involves tensions 0 to ++ pull.
The maximum tension of +++ is shown here to give you an indication and is actually not used while measuring patients.

0 **Lay on Measurement**

+ **Pull until first resistance**

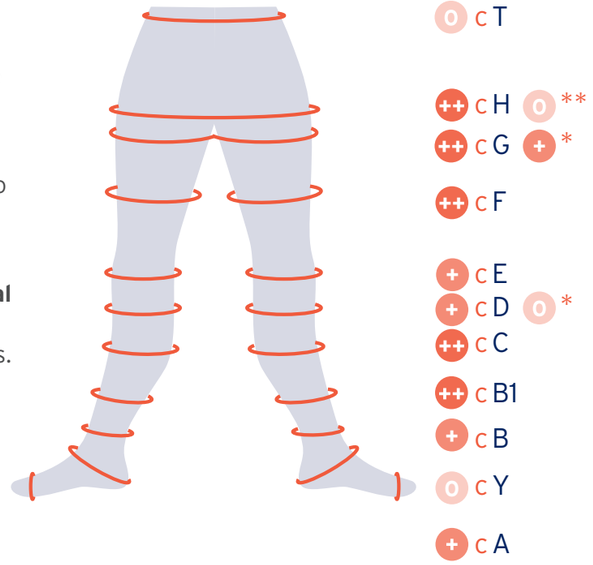
++ **Pull until second resistance**

+++ **Maximum tension**

JOBST® FLAT-KNIT LOWER EXTREMITIES

Overview of tension per measuring point

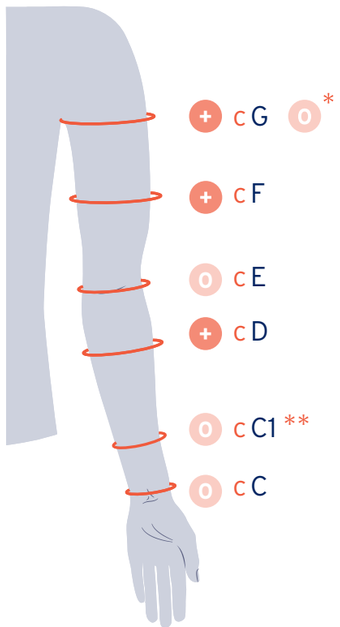
- For each of the **circumferential measurements** required for a **JOBST® flat-knit garment**, a specific tension level will be used.
- The graphic shows you the overall picture and includes the tension matrix icons next to the measuring point.
- Additionally, you will find the **amount of tension** to be used for every **circumferential measuring point** in the step-by-step measuring instruction on the following slides.
- This tension matrix is valid for all JOBST® flat-knit garments and shall be applied for lymphoedema and lipedema patients.
- Please note that the **pain tolerance** of the patient must be taken into account.



JOBST® FLAT-KNIT UPPER EXTREMITIES

Overview of tension per measuring point

- For each of the **circumferential measurements** required for a **JOBST® flat-knit garment**, a specific tension level will be used.
- The graphic shows you the overall picture and includes the tension matrix icons next to the measuring point.
- Additionally, you will find the **amount of tension** to be used for every **circumferential measuring point** in the step-by-step measuring instructions on the following slides.
- This tension matrix is valid for **all JOBST® flat-knit garments** and shall be applied for lymphoedema and lipedema patients.
- Please note that the **pain tolerance** of the patient must be taken into account.

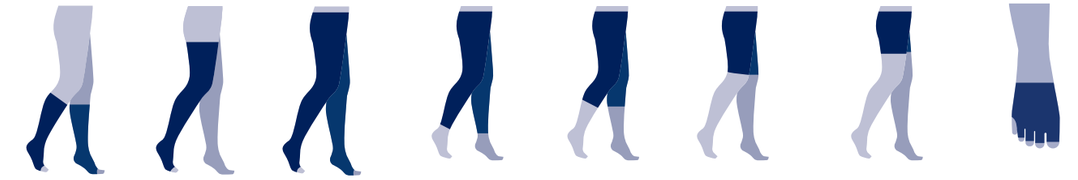


* With silicone band & straight ending ** for JOBST® Confidence

JOBST® ELVAREX LOWER EXTREMITIES

At a glance

POPULAR STYLES

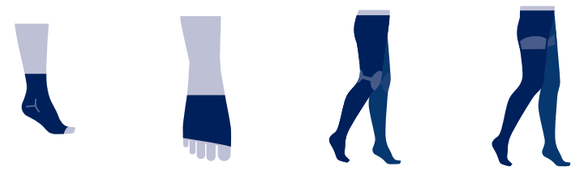


AD Knee High | AG Thigh High | AT Panty | B1T/BT Leggings/Capri | CT Capri | ET Bermuda | FT Biker Shorts | AA Foot Cap

COMPRESSION CLASSES

- CCL 1
- CCL 2
- CCL 3
- CCL4

POPULAR OPTIONS

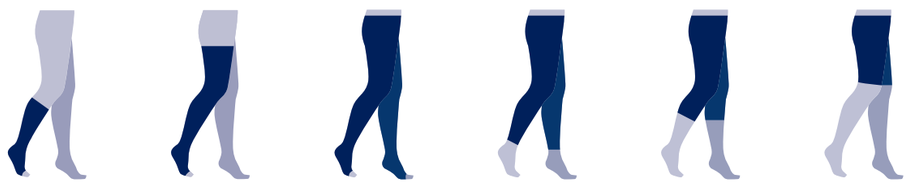


Functional Zone T-Heel | Slant Foot | Functional Zone Knee | Slip Form

JOBST® ELVAREX SOFT LOWER EXTREMITIES

At a glance

POPULAR STYLES

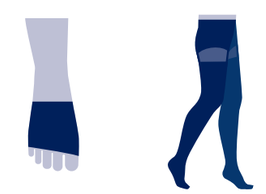


AD Knee High | AG Thigh High | AT Panty | B1T/BT Leggings | CT Capri | ET Bermuda

COMPRESSION CLASSES

- CCL 1
- CCL 2
- CCL 3

POPULAR OPTIONS

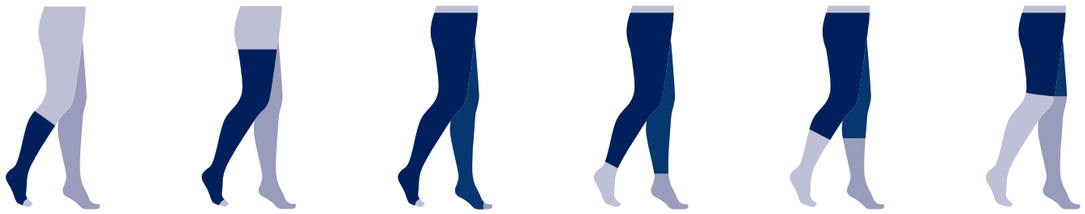


Slant Foot | Slip Form

JOBST® CONFIDENCE LOWER EXTREMITIES

At a glance

POPULAR STYLES



AD
Knee High

AG
Thigh High

AT
Panty

B1T/BT
Leggings

CT
Capri

ET
Bermuda

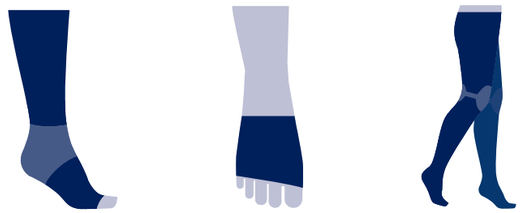
COMPRESSION CLASSES

CCL 1

CCL 2

CCL 3

POPULAR OPTIONS



Functional Zone
Ankle

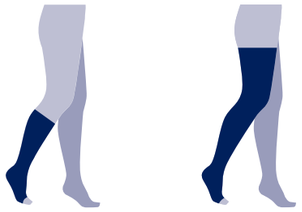
Slant Foot

Functional
Zone Knee

JOBST® RELAX LOWER EXTREMITIES

At a glance

POPULAR STYLES



AD
Knee High

AG
Thigh High

This garment has been developed to be soft and comfortable to the skin while sleeping or relaxing, forgoing the usage of a top band. It is not constructed for a lot of movement, especially strong bending of the knees. As a consequence the garment might move from its original position. If needed, adjust before and after sleeping. Furthermore, some patients might experience a slight volume reduction during the night and find the garment loose in the morning.

COMPRESSION CLASSES

CCL 1

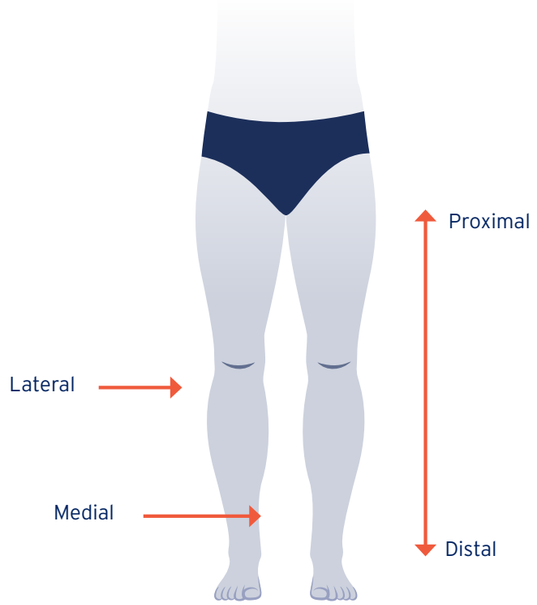
CCL 2

MEASURING FOR JOBST® LOWER EXTREMITIES

General

Please keep in mind:

- Medial measurements are taken on the inside of the limb; lateral measurements on the outside.
- Proximal refers to points closer to the head; distal closer to the feet.



When the patient is in a supine position:

- Position patient carefully on the measuring board.
- The foot must be flat on the board.
- The heel must be as close to the board as possible.
- If a measuring board is not available, make sure that the position of the foot is flexed and that the measuring tape is kept in a straight line from heel to pubic bone.

MEASURING FOR JOBST® LOWER EXTREMITIES

Measuring the foot

- First, measure the foot lengths with the patient standing. Mark all length measuring points on the foot.
- The toe can be open or closed.

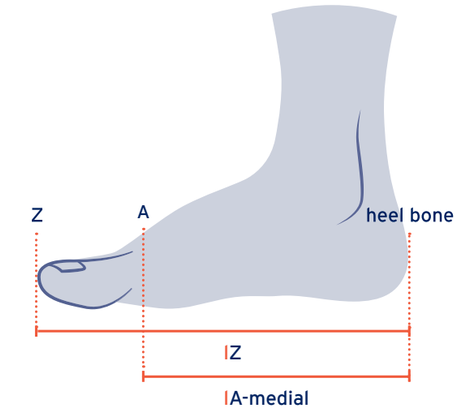


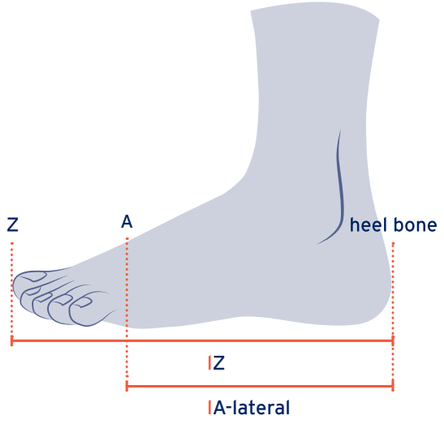
TIPS & TRICKS

- Please note that a slant foot offers the best anatomical fit.
- Please keep in mind that you can also measure for a slant foot with closed toe.

Lengths of foot (A, Z)

- **Open toe straight foot:** First measure the medial length from the back of the heel, to just under the base of the big toe. Continue with the lateral length from the back of the heel to just under the base of the small toe. Take the measurement in between to define length A.
- **Open toe slant foot:** First measure the medial length from the back of the heel, to just under the base of the big toe. Continue with the lateral length from the back of the heel to just under the base of the small toe. Note both measurements down.
- **Closed toe:** Also measure the total foot length from the back of the heel to the end of the longest digit on the medial side.
- Please note that for JOBST® Relax, only medial length A is taken (lA-medial).



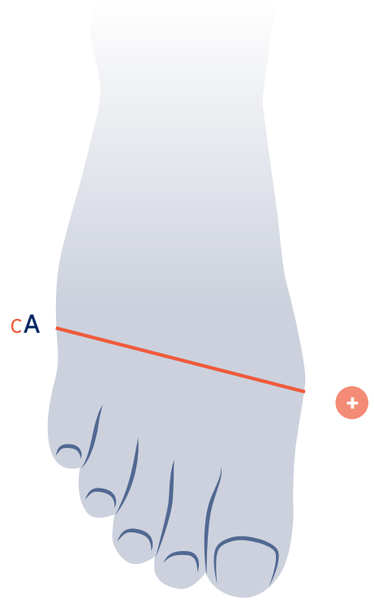


A Circumference

- This measurement is taken with the patient standing.
- Measure circumference A at the base of the toes at the widest part of the foot.

TIPS & TRICKS

- If measuring is done in lying position, please apply 0 tension.



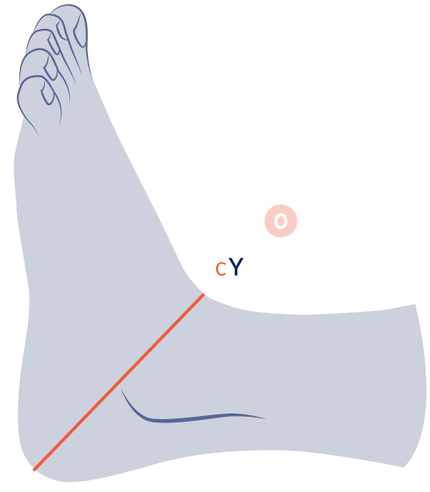
MEASURING FOR JOBST® LOWER EXTREMITIES

A Circumference

- Position the patient in a supine position.
- Y circumference is taken around the heel to the front crease, at maximal dorsal flexion.

TIPS & TRICKS

- If there are deep skin folds or irregular contours, measure cY more towards proximal.



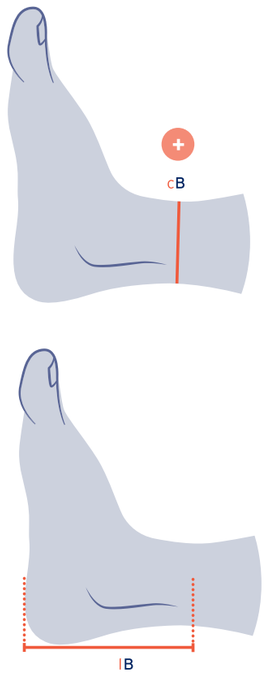
MEASURING FOR JOBST® LOWER EXTREMITIES

B Circumference and Length

- Circumference B is measured just above the malleoli, at the narrowest part of the ankle.
- Length B is measured where the B circumference is taken.
- For JOBST® Relax, if cB is below 20 cm, cB should be measured with 0 tension.

TIPS & TRICKS

- If the limb definition is unclear, we recommend taking the measurement 10 cm from the heel.

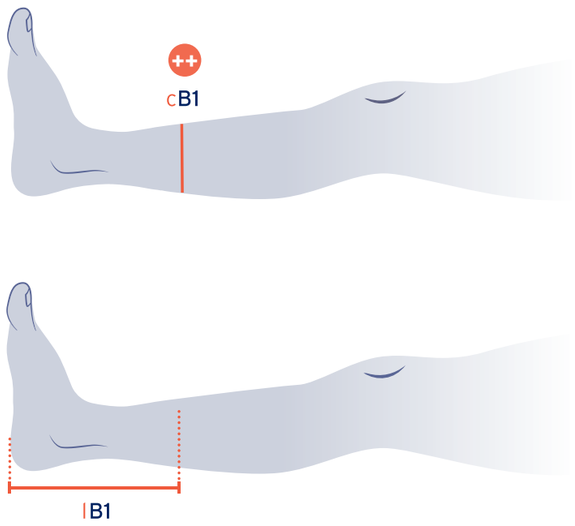


B1 Circumference and Length

- Circumference B1 is measured at the insertion of the Achilles tendon into the calf muscle.
- Length B1 is measured where the B1 circumference is taken.

TIPS & TRICKS

- If you cannot feel the Achilles tendon, measure B1 at the midway point of length D.

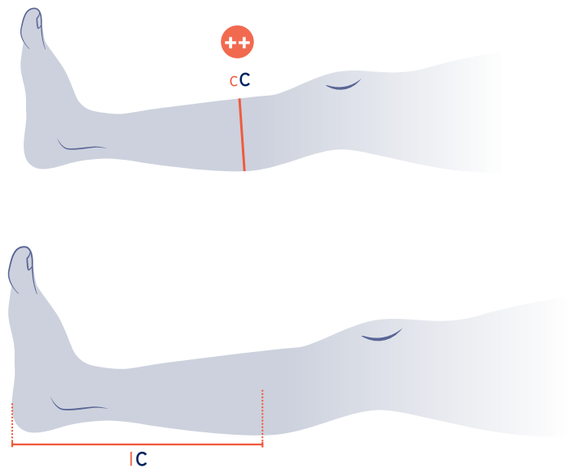


C Circumference and Length

- This is an anchor-point for an AD garment (knee-high).
- Circumference C is measured at the greatest calf circumference.
- Length C is measured where C circumference is taken.
- For CT (Capri Style) - if one may wish, the end point of the garment may be measured a little lower than the actual point C. But, the circumference has to be measured at exact point C.

TIPS & TRICKS

- When calf circumference is unclear, C is located in-between B1 and D.

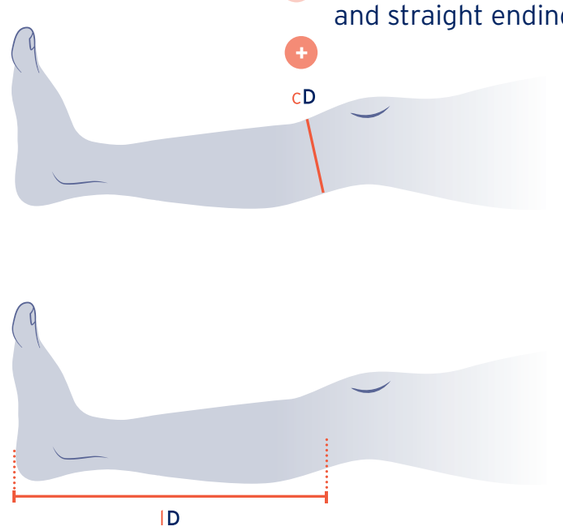


D Circumference and Length

- Circumference D is measured two fingers below patella at pre-patellar bursa.
- Length D is measured where circumference D is taken.

TIPS & TRICKS

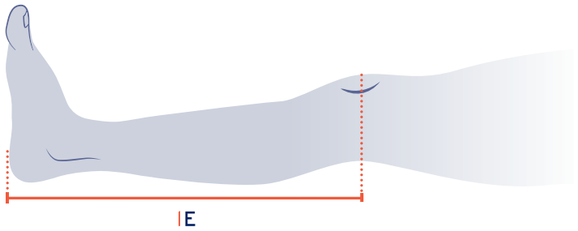
- If the patella is hard to feel, measure two fingers below the knee crease on the medial side (length).



MEASURING FOR JOBST® LOWER EXTREMITIES

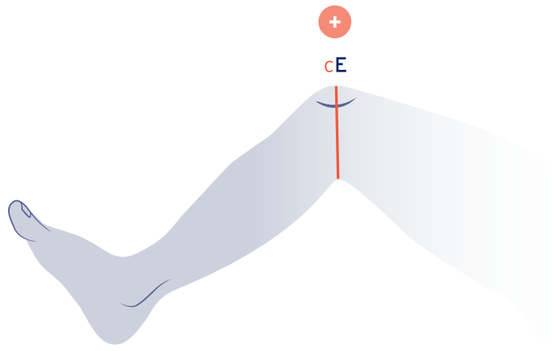
E Length

- E length is measured across the middle of the patella.
- The leg must be extended and flat against the measuring board, with the foot in the correct flexed position (90 degree towards the board) and the heel as close to the board as possible.



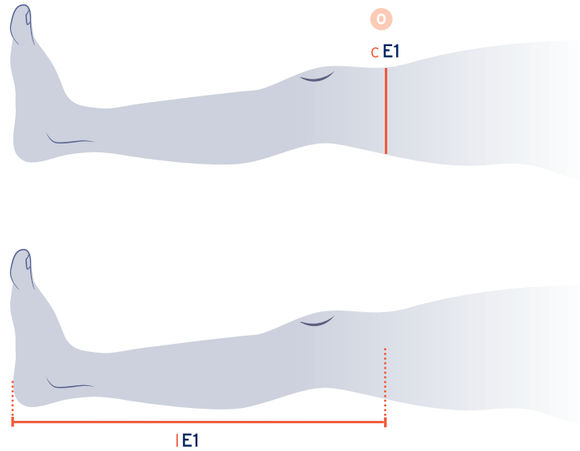
E Circumference

- Circumference E is measured over the middle of the patella.
- The leg must be flexed (30-45 degrees).
- This allows comfort and range of movement while wearing the garment.



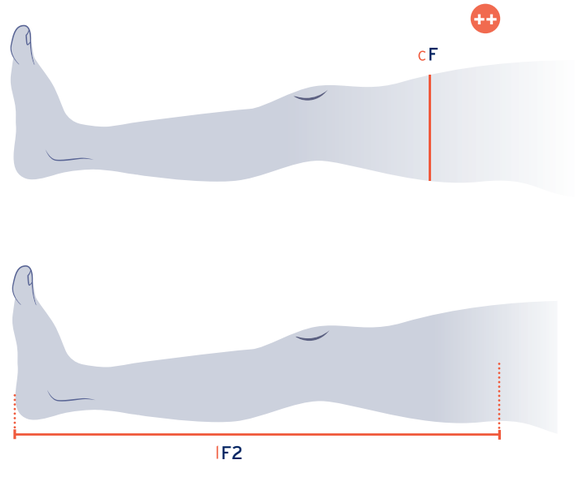
E1 Circumference and E1 length for Bermuda

- Point E1 is required for Bermuda style.
- Circumference E1 measured at approx 5 cm above point E.
- Length E1 is measured where circumference E1 is taken.



F Circumference and Length

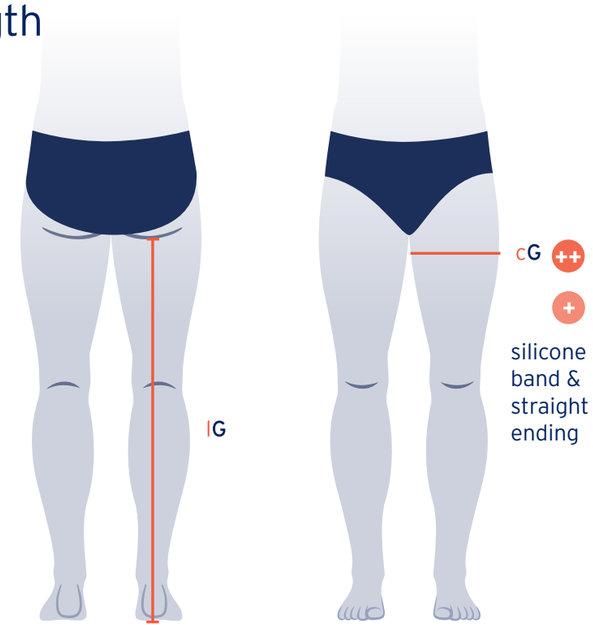
- Circumference F is located mid-thigh.
- This is the anchor point which holds the garment in place for AG (thigh-high) and AT (tights).
- Length F is measured where circumference F is taken.
- For AG-HT one legged panty, point F of the shorter leg (non compression leg) should be measured with 0 tension. Also, length F of non-compression leg can differ from length F of compression leg.
- For JOBST® Relax, if needed, slightly more tension can be used.



MEASURING FOR JOBST® LOWER EXTREMITIES

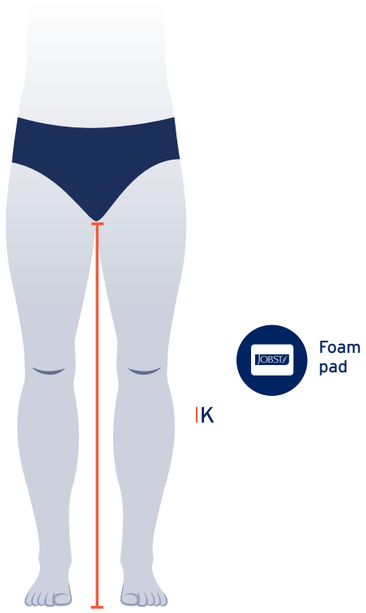
G Circumference and Length

- Measure point G with the patient standing.
- Circumference G is measured at the widest part of the thigh.
- Length G is measured up to the gluteal fold.
- Length and circumference may be taken at different points depending on limb shape.
- For AG-HT one legged panty, point G of the shorter leg (non compression leg) should be measured with 0 tension.
- For JOBST® Relax, if needed, slightly more tension can be used.



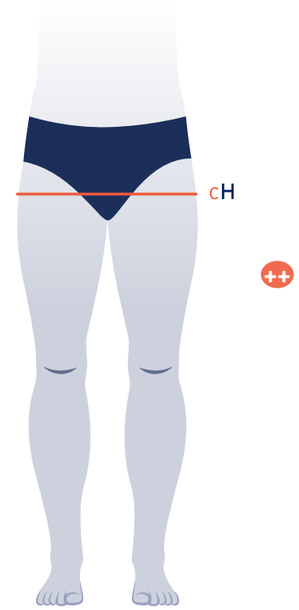
K Length

- Measure point K with the patient standing.
- Place the JOBST® foam pad in between the groin area.
- Now measure the length K from floor to the upper edge of the foam pad in a straight line.
- This measurement is essential for JOBST® Confidence AG garments and all AT flat-knit garments.
- Length K is not necessary for JOBST® Elvarex and JOBST® Elvarex Soft AG garment, unless you want to order a top comfort zone for JOBST® Elvarex.



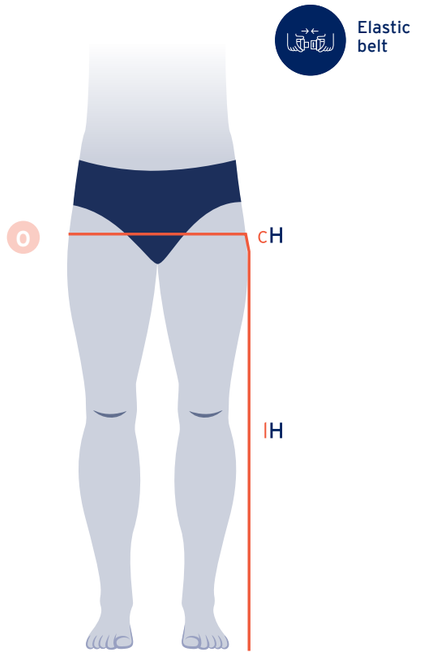
H Circumference for JOBST® Elvarex and Elvarex Soft

- H circumference is measured over the widest part of the buttocks area.



H Circumference and Length for JOBST® Confidence

- You need to use an elastic belt to define and secure point H. Then, use a measuring tape and measure the circumference at the upper edge of the belt.
- Length H is measured at the side of the leg, from the feet up to the upper edge of the belt. Measure along the contour of the hip at the upper part.



MEASURING FOR JOBST® LOWER EXTREMITIES

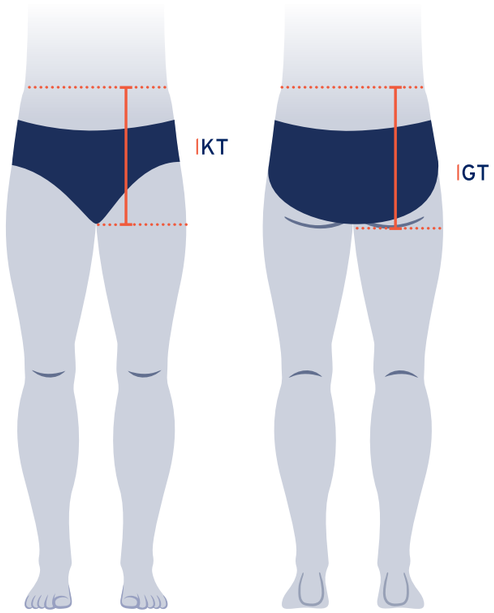
Body bandage for JOBST® Elvarex and Elvarex Soft

How to measure GT (back length) and KT (front length)

- K to T: Measure length point T from eye-line of pubic bone to waist, pulling tape tension on any contours.
- G to T: Measure from gluteal crease to T, pulling tape tension on contours.

TIPS & TRICKS

- If the belly of the patient is heavy, kindly ask your patient to flatten the belly with their hands when measuring length. This creates a 'lift'-effect.



T Circumference for JOBST® Elvarex and Elvarex Soft

- Point T is located at the waist and indicates the end of the garment.
- To measure the circumference at point T, place the elastic belt comfortably around the waist and measure the circumference along the upper edge of the belt.

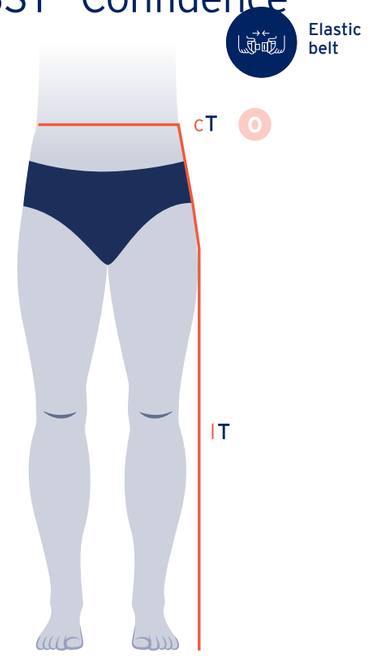


T Circumference and T Length for JOBST® Confidence

- Point T is located at the waist and indicates the end of the garment.
- To measure the circumference at point T, place the elastic belt comfortably around the waist and measure the circumference along the upper edge of the belt.
- Length T is measured at the side of the leg from the feet to the upper edge of the belt, following the contour from G to T.

TIPS & TRICKS

- For an optimum fit, find the natural waistline, consider support point such as the smallest circumference, skin crease etc.
- For men with bigger abdomen, measure below the belly and higher at the centre back.



Rise measurement TT (L) and K3 (L1) for JOBST® Confidence

TT (L) and K3 (L1) need to be measured in one go using the JOBST® tape clipper and the elastic belt

Measuring length TT (L):

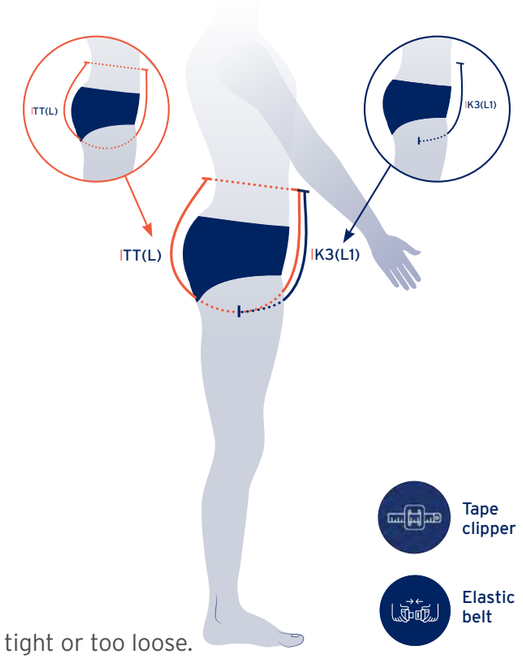
- Place the elastic belt comfortably around the waist.
- Place the tape with clipper at the middle of the belt at the front side of the body.
- Gently extend the tape between the legs, through the crotch to the middle of the belt at the back side of the body. This is length TT (L).

Measuring length K3 (L1):

- Slide the tape clipper from the top of the waistband front side to the middle point between the legs. Take the measuring tape away. The number at the clipper is length K3 (L1).

TIPS & TRICKS

- Avoid either securing the tape too tight or too loose.
- For men, the tape should be placed in the groin, beside the genitals and not on top of genitals.



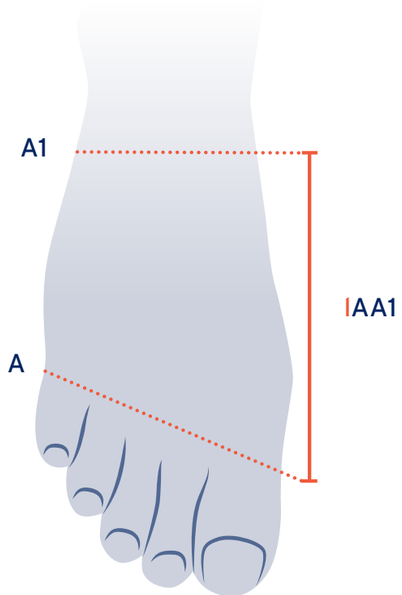
JOBST® ELVAREX TOE CAP

A-A1 Length

- Measure the foot lengths with the patient standing. Mark all length measuring points on the foot.
- The length is measured from A to A1.
- This length is taken for the lateral side and the medial side.
- These measurements will differ.

TIPS & TRICKS

- It is recommended to have a length difference between medial and lateral of at least 2 cm.
- For a better anatomical fit, the recommended medial length is at least 8 cm.

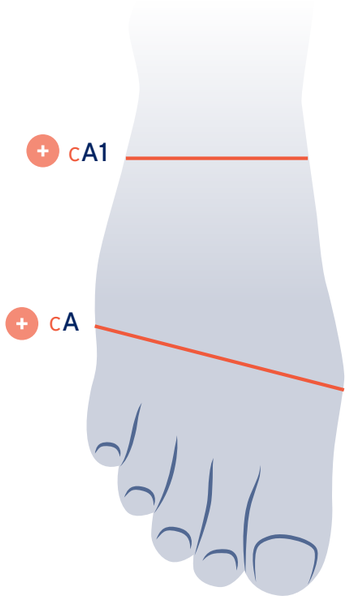


A-A1 Circumference

- This measurement is taken with the patient standing.
- A is measured at the base of the toes or the widest part of the foot.
- A1 is measured at the end of the toe cap.

TIPS & TRICKS

- When the toe cap and leg garment are worn together, it's recommended to order a slant foot to avoid pain on the bones and callus growth.
- When the compression class of the leg garment and the toecap are the same, add 1cm to cA and cA1 to avoid double compression.

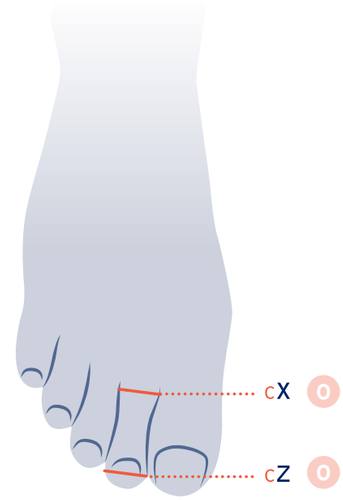


X and Z digit Circumferences

- Measure circumference X at the base of the toe.
- Measure circumference Z at the end of the toe.
- The X should not be less than the Z measurement.
- These measurements are taken without tension.

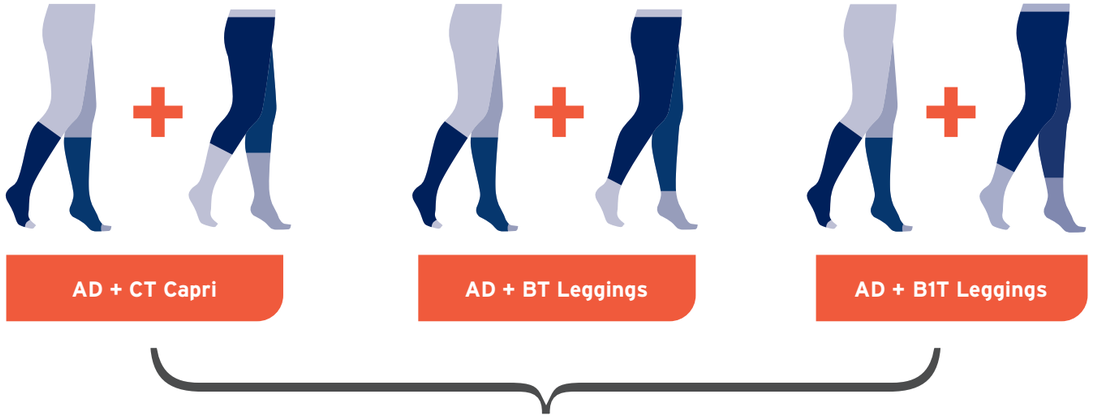
TIPS & TRICKS

- It is easier to measure this circumference using a small measuring tape.

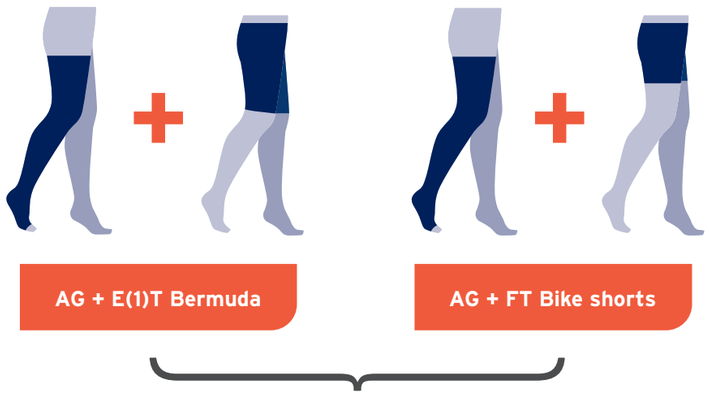


JOBST® ELVAREX/SOFT/CONFIDENCE
LOWER EXTREMITIES

Overlapping garment instructions



Add 2-3 cm to
Capri/Leggings **at**
the points of overlap.



Add 1-2 cm to Bermuda/Bike
at the points of overlap.

- In case of patients with severe oedema, you **may not** add extra measurements.

JOBST® ELVAREX LOWER EXTREMITIES

Donning & Doffing videos

TIPS FOR EASY APPLICATION



SCAN ME
for application video

TIPS FOR EASY REMOVAL

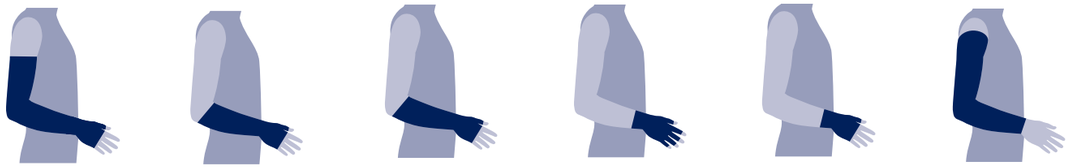


SCAN ME
for application video

JOBST® ELVAREX® UPPER EXTREMITIES

At a glance

POPULAR STYLES



Combined Armsleeve | AE Long Gauntlet | AE Long Glove | AC1 Glove | AC1 Gauntlet | CG1 Armsleeve

COMPRESSION CLASSES

CCL 1

CCL 2

POPULAR OPTIONS



Functional Zone Elbow

JOBST® ELVAREX SOFT UPPER EXTREMITIES

At a glance

POPULAR STYLES



CG1 Armsleeve

COMPRESSION CLASSES

CCL 1

CCL 2

JOBST® CONFIDENCE UPPER EXTREMITIES

At a glance

POPULAR STYLES



CG1 Armsleeve | AG1 Combined Armsleeve

COMPRESSION CLASSES

CCL 1

CCL 2

POPULAR OPTIONS



Functional Zone Elbow

JOBST® RELAX UPPER EXTREMITIES

At a glance

POPULAR STYLES



Combined Armsleeve | CG1 Armsleeve

This garment has been developed to be soft and comfortable to the skin while sleeping or relaxing, forgoing the usage of a top band. It is not constructed for a lot of movement, especially strong bending of the knees. As a consequence the garment might move from its original position. If needed, adjust before and after sleeping. Furthermore, some patients might experience a slight volume reduction during the night and find the garment loose in the morning.

COMPRESSION CLASSES

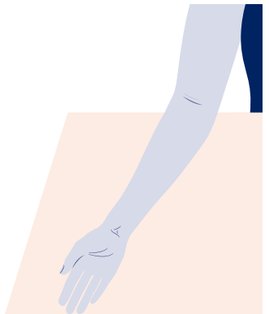
CCL 1

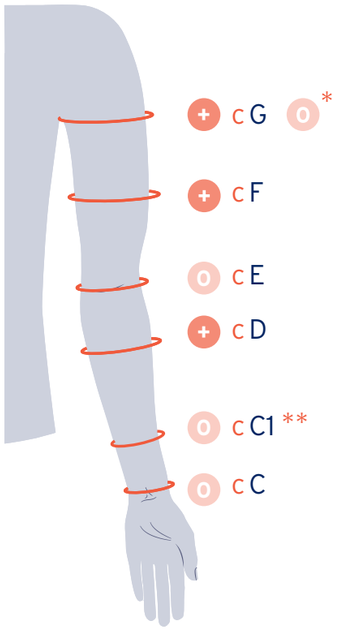
MEASURING FOR JOBST® UPPER EXTREMITIES

General

Position the patient:

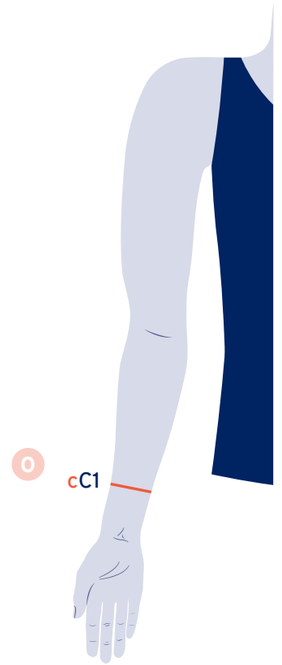
- Preferably on a chair, beside a table or bench. The arm lays on the surface and has a bent elbow as shown in the image below.
- First, mark ALL measuring points with a skin pencil.
- After that, proceed with measuring all circumferences. Then continue with measuring all lengths.





C Circumference

- Point C1 is located 5-7 cm above wrist.
- Measure C1 circumference.



C Circumference

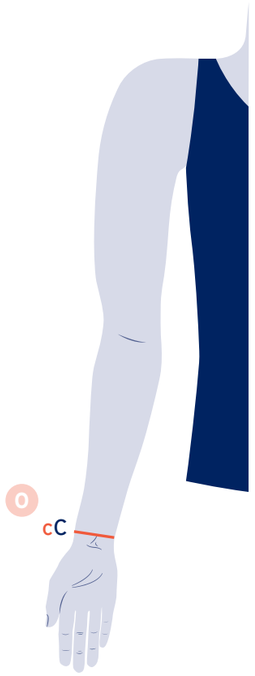
- Ask the patient to flex the hand towards inner wrist.
- At second crease, mark point C using a skin pencil.
- Ask the patient to lay the hand flat on the table (palm down) and measure circumference C around the wrist bone.

Note: the circumference is not taken at the exact position of the length mark.

TIPS & TRICKS

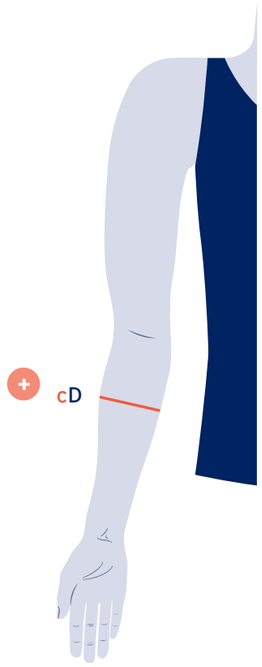
When measuring for JOBST® Elvarex and JOBST® Elvarex Soft, please keep in mind:

- If proximal from C is bigger, always take the biggest circumference.
- If circumference is between 15 and 18 cm, add 1 cm to the measurement taken.
- If circumference is < 15 cm, add 2 cm to the measurement taken.



D Circumference

- Point D is located in the middle third of the forearm, typically as the forearm starts to flare.
- Measure D circumference here.

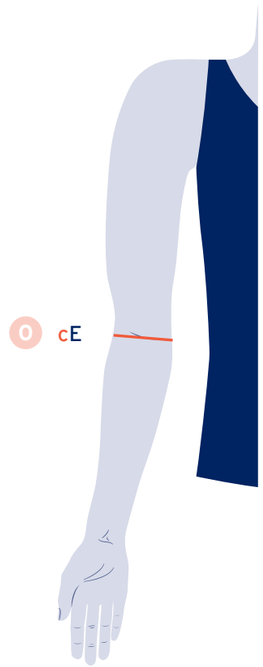


* with silicone band & straight ending ** for JOBST Confidence

MEASURING FOR JOBST® UPPER EXTREMITIES

E Circumference

- At the elbow crease, mark point E.
- Measure E circumference with the elbow flexed to ensure enough width for movement (45°).

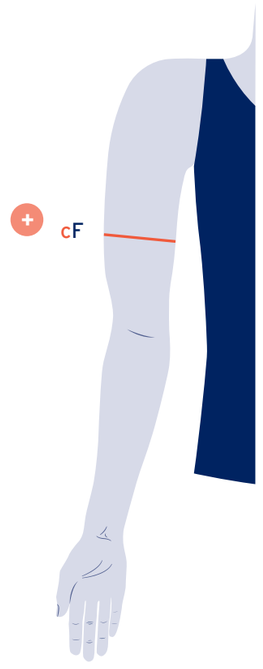


TIPS & TRICKS

- If the tissue from proximal E is bigger, take the bigger circumference.

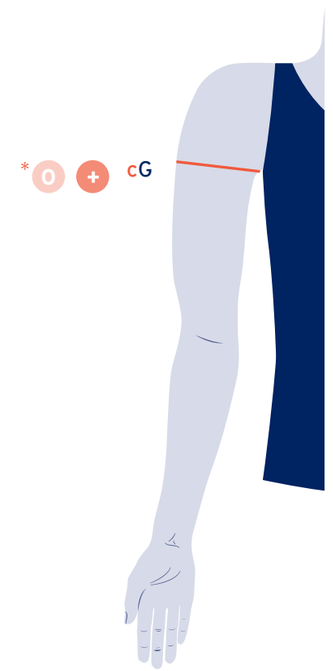
F Circumference

- At mid upper arm, mark point F. This is 1/2 way between landmark E and G.
- This is the anchor point which holds the garment in place.
- Measure F circumference here.
- For JOBST® Relax, if needed, slightly more tension can be used.



G Circumference

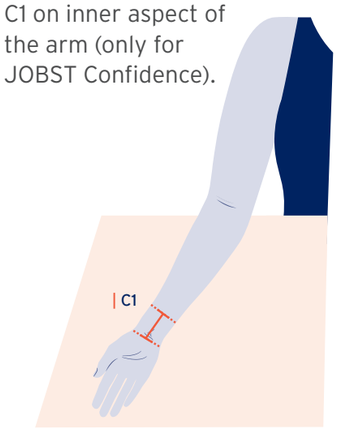
- Use the measuring card to define point G. Ask the patient to comfortably place it high in the axilla.
- Fold the measuring card horizontally over the arm and mark point G. This should be level with the axilla.
- Measure G circumference.
- For JOBST® Relax, if needed, slightly more tension can be used.



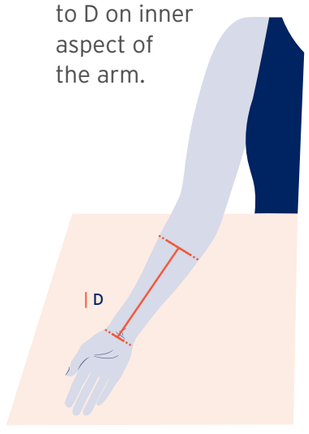
CC1, CD, CE Length

Now, continue with taking the length measurements as contoured measures**

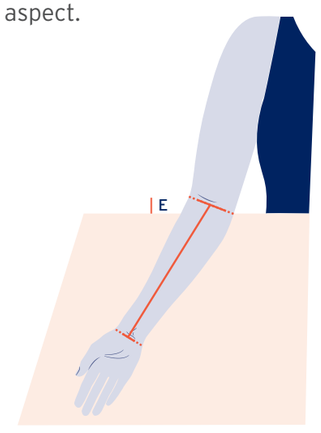
- Measure length C to C1 on inner aspect of the arm (only for JOBST Confidence).



- Measure length C to D on inner aspect of the arm.



- Measure length C to E on inner aspect.



* with silicone band & straight ending.

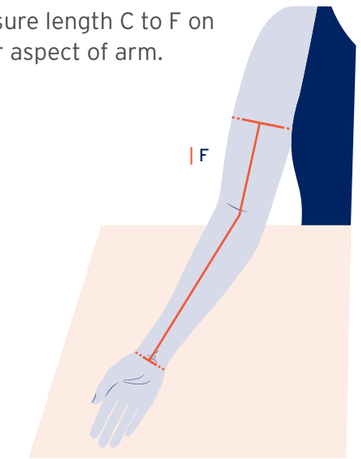
** A contoured measure is when you fix the tape measure with your finger before moving to the next measure point. Be sure to press down at each point.

MEASURING FOR JOBST® UPPER EXTREMITIES

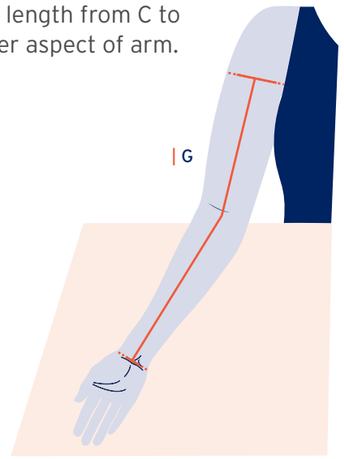
CF, CG Length

Now, continue with taking the length measurements as contoured measures**

- Measure length C to F on inner aspect of arm.

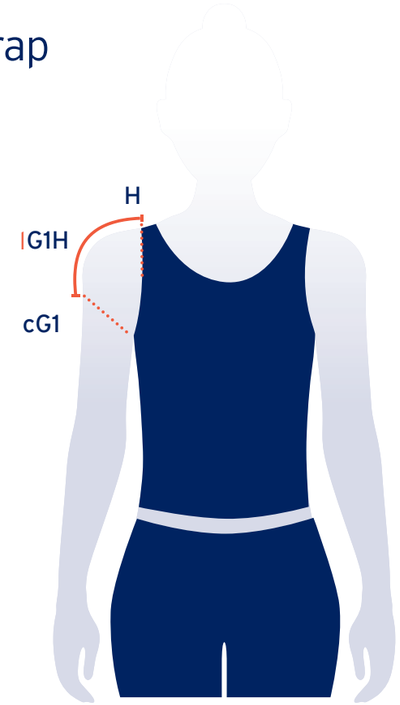


- Measure length from C to G on inner aspect of arm.



Shoulder Cap for bra loop or body strap

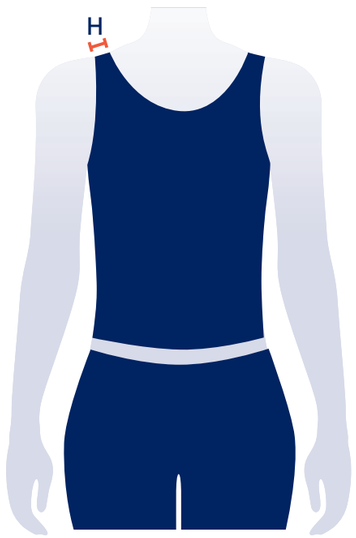
- Measure the length from point G1 to outer aspect of bra strap point H.
- Apply the measuring tape firmly over the contour of the shoulder.



** A contoured measure is when you fix the tape measure with your finger before moving to the next measure point. Be sure to press down at each point.

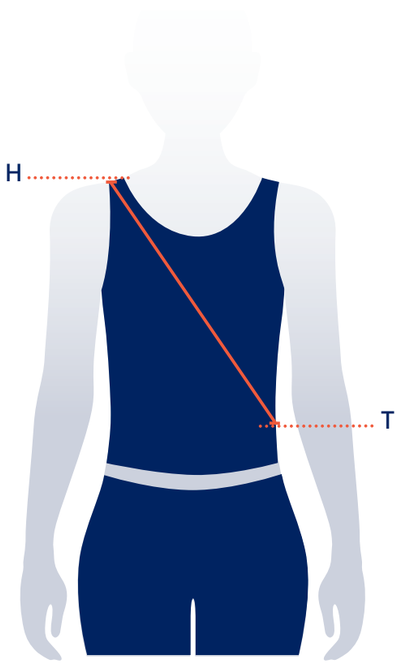
Shoulder Cap for bra loop or body strap

- Measure the width of the bra strap for the VELCRO brand hook and loop fastener system.
- A minimum 2.5 cm strap width is recommended, to be effective.



Body strap

- Measure from the shoulder (H) across the body (T) and then around the back of the body back up to the shoulder (T)

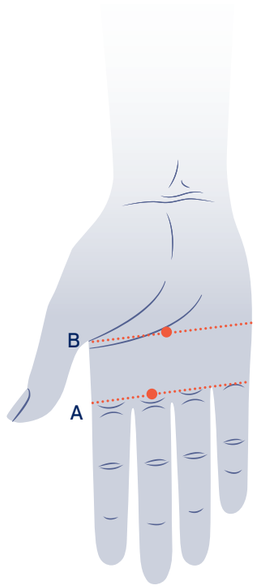


MEASURING FOR JOBST®

GLOVES AND GAUNTLETS

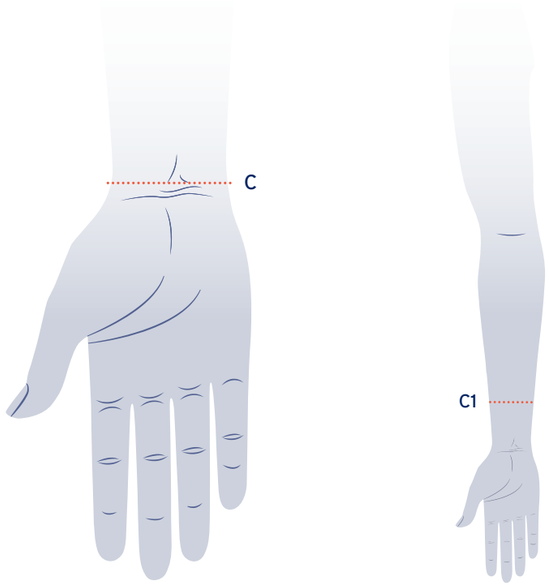
Defining measuring points A and B

- Place the hand flat on the table, palm up.
- Use the JOBST® measuring card to identify point A.
- Place the measuring card in line with the base of the 5th and index finger. Just below the middle finger, mark point A.
- After this, slide the card up, towards the thumb, and position the card in to the thumb web space.
- At middle of the hand mark point B.



Defining measuring points C and C1

- Ask the patient to flex the hand towards inner aspect of wrist.
- At second crease, mark point C.
- Point C1 is the ending point of the glove and should be located at least 5 cm from C.

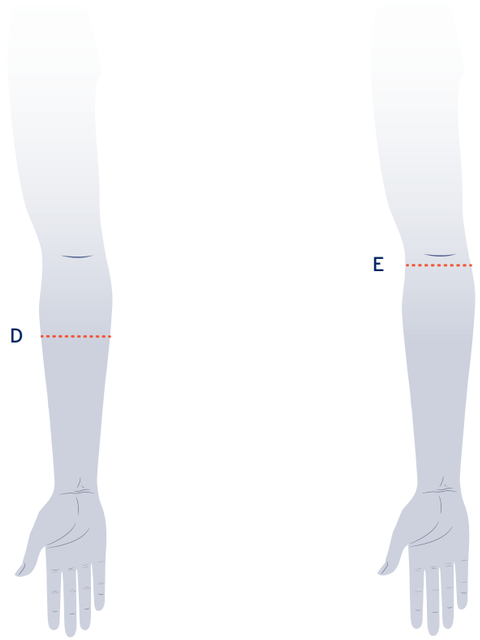


TIPS & TRICKS

- The maximum ending point is at 20,5 cm proximal from point A.

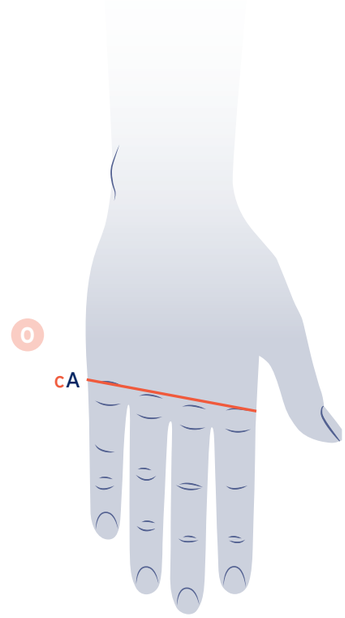
Defining measuring points D and E (long glove, long gauntlet)

- Point D is located in the middle third of the forearm between point C and E.
- Point E is located 1 cm distal of the elbow crease.
- Point E is the ending point of the glove.



A Circumference

- Place the hand flat on a table (palm down).
- Ask the patient to apply pressure through to hand.
- Measure A circumference.

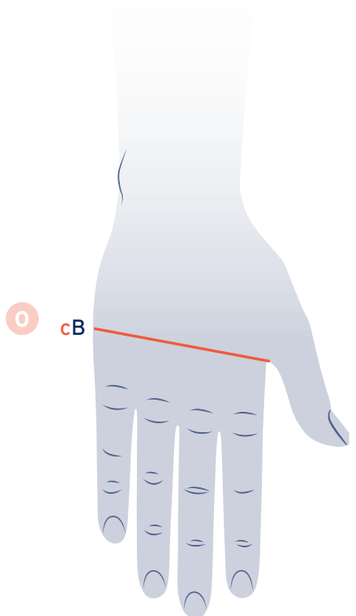


MEASURING FOR JOBST®

GLOVES AND GAUNTLETS

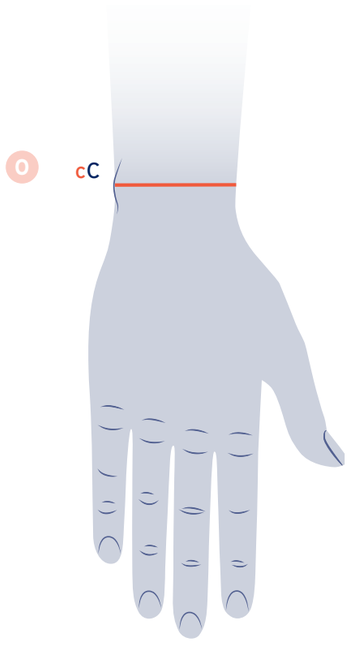
B Circumference

- Place the hand flat on a table (palm down).
- Ask the patient to apply pressure through to hand.
- Measure B circumference.



C Circumference

- Place the hand flat on a table (palm down).
- Measure circumference C around the wrist bone.

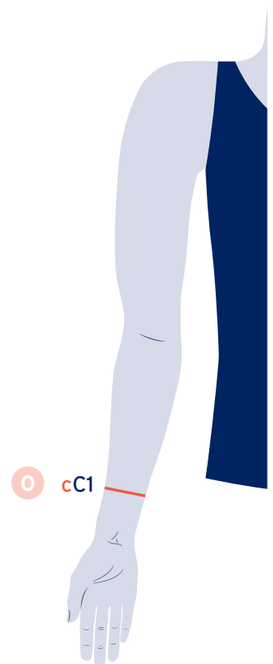


TIPS & TRICKS

- If the glove is worn together with an armsleeve, you will have an overlap and should add 1 cm to C.

C1 Circumference

- Measure C1 circumference.

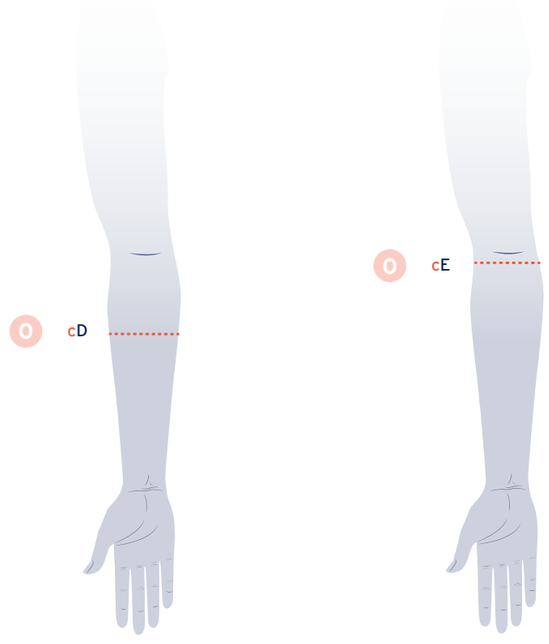


TIPS & TRICKS

- If the glove is worn **together with an armsleeve**, you will have an **overlap** and should **add 1 cm to C1**.

D and E Circumference (long glove and long gauntlet)

- Measure D circumference.
- Measure E circumference 1 cm below the elbow crease.

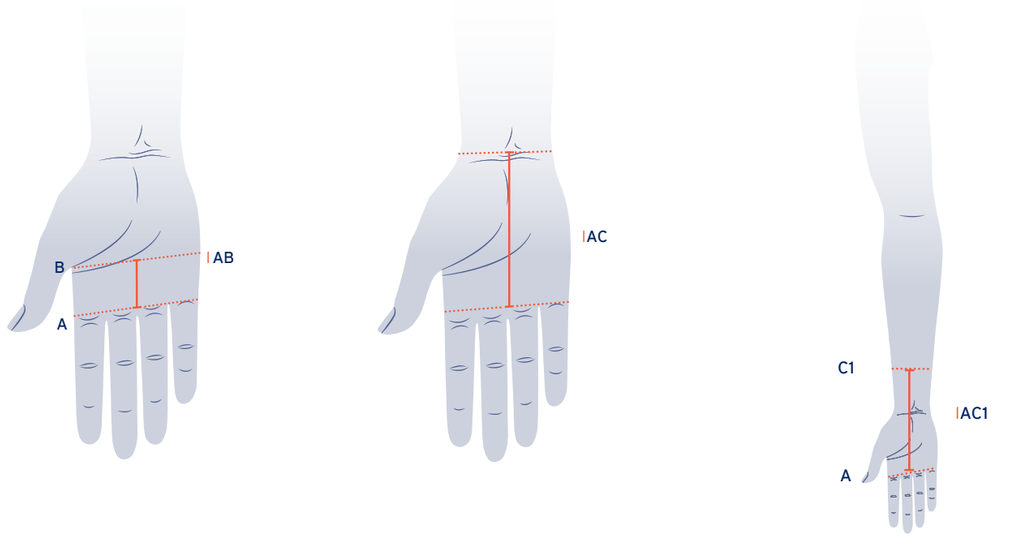


MEASURING FOR JOBST®

GLOVES AND GAUNTLETS

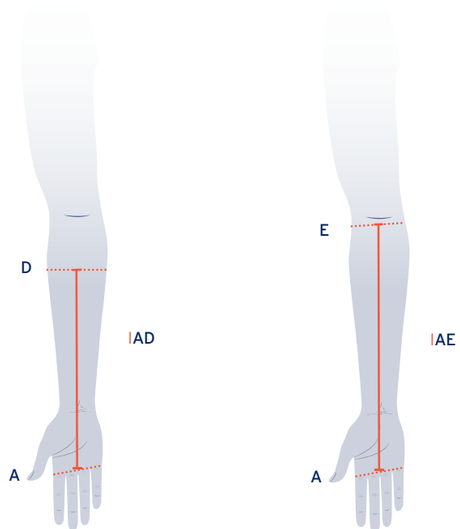
AB, AC, AC1 Length

- Measure length AB on inner aspect of the palm.
- Measure length AC on inner aspect of the hand.
- Measure length AC1 on inner aspect of the hand and arm.



AD, AE Length (long glove, long gauntlet)

- Measure length AD and length AE on inner aspect of the hand and arm.

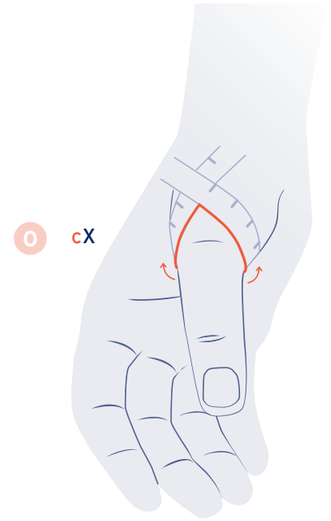


TIPS & TRICKS

- For JOBST® Relax gauntlet, add 1 cm to measured lengths AB and AC.

Thumb Circumference

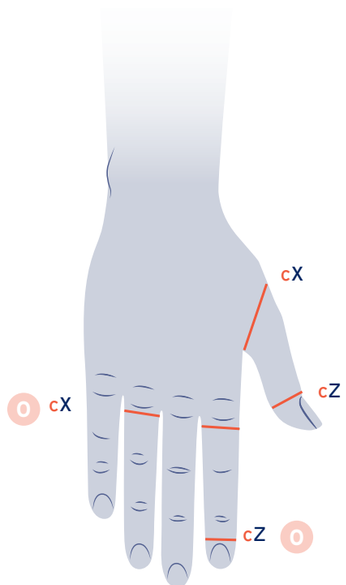
- Measure the thumb circumference using a relaxed figure-8 measurement, at the base of the joint of the thumb (MCP).



MCP - Metacarpophalangeal

X and Z digit Circumferences

- Measure X circumference at the base of the finger.
- Measure Z circumference at the point of the desired finger length.
- The X circumference should not be less than the Z circumference.



TIPS & TRICKS

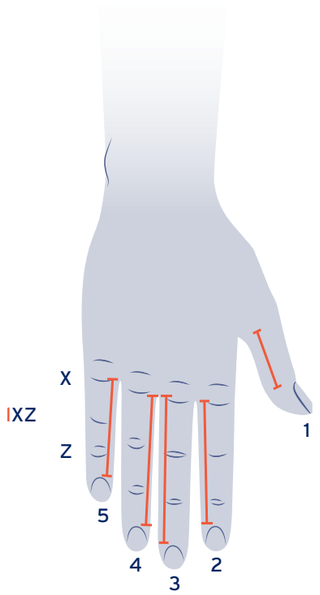
- When the desired finger length is less then 1.5 cm, use circumference X for Z
- Please note that the minimum finger length is 1 cm.
- Please avoid an ending on the joint.

MEASURING FOR JOBST®

GLOVES AND GAUNTLETS

Digit Length

- Measure the finger length using the JOBST measuring card.
- Place the measuring card between the fingers and measure the length on the side which is closest to the middle finger.
- Measure up to the nailbed to avoid swelling at the end.



TIPS & TRICKS

- A garment with long fingers is advised if there is swelling in the fingers.
- Please note that the minimum finger length is 1 cm.

JOBST® CONFIDENCE UPPER EXTREMITIES

Donning & Doffing videos

TIPS FOR EASY APPLICATION



SCAN ME
for application video

TIPS FOR EASY REMOVAL



SCAN ME
for application video

JOBST® ELVAREX PLUS AND JOBST® ELVAREX SOFT SEAMLESS

At a glance

POPULAR STYLES



AC1 Glove | AC1 Gauntlet | AE Long Glove | AE Long Gauntlet | AA Toe Cap

COMPRESSION CLASSES

CCL 1

CCL 2

WASH AND CARE INFORMATION

Please remind the user to keep in mind the following:

Washing the garments every day, or every other day, is important for hygiene and to maintain the elasticity and performance of the garment.

There are a few things to keep in mind when washing the garments:

- Wash the garments together with garments of the same colour.
- A laundry net can protect the garments from damage.
- Wash the garments at the temperature indicated in the Instructions For Use, please refer to the washing label.
- Choose a gentle wash cycle.
- Do not use a brightener or fabric softener.

How to dry garments after washing:

Garments should not be dried in the sunlight as this harms the fabric.

What else should be kept in mind?

- Long fingernails and jewellery can damage the fabric when putting garments on or off.
- Do not use body lotions or greasy skin care ointments when wearing the garments.
- When any loose threads or loops are noticed, they shall not be cut off – this can cause holes or ladders in the garments. Instead, the medical supply store shall be contacted to get a professional repair, when possible.

In addition, always **advise to follow the Instructions For Use for the respective garments** because they can differ from product to product.



JOBST®
CONFIDENCE

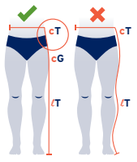
The correct measuring technique for compression garments with anatomically shaped panty part

Check out the video on JOBST® Confidence measurement

www.jobst.com/measuring-instructions-for-jobst-confidence-panty/

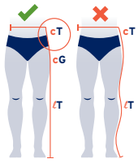
JOBST® Confidence is a flat-knit compression garment for patients with mild to moderate lymphoedema and lipedema without pronounced skin folds or shape distortions. In order for the garment to exert its optimal compression pressure, precise measuring is necessary for an accurate fit. Please find below the measurement instructions to be used together with JOBST® Global Measurement Guide.

Please always use the JOBST measuring aids to measure our JOBST Confidence garments*



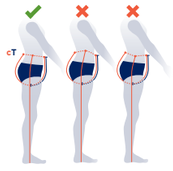
Measure length IK

- Place the JOBST® foam pad as far as comfortably possible into the crotch, between the legs.
- Measure perpendicularly from the floor to the top edge of the foam pad.



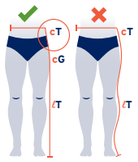
Measure length IH

- Put the belt around the **widest part** of the buttocks
- Measure **perpendicularly** from the bottom to the top edge of the belt



Measure circumference cT

- The measuring belt should be at the waist and around the hips in a straight line form
- Too high on the belly part or too low at the back results in an inaccurate fit



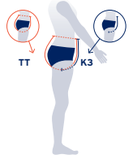
Measure length IT

- Place the belt at the desired waist place (approx belly button)
- Length T should be measured **perpendicularly** from the floor to point G. And then, following the **contour** from G to T.
- In other words, measuring tape should be placed in a straight line from floor to the hips and shall follow the contours from hip to the upper edge of the belt.



Measure length TT/K3

- Place the measuring tape with tape slider on the upper edge of the belt.
- The measuring tape shall now pass through the gluteal cleft (and not on buttocks) - to the upper edge of the belt on back. This is length TT.
- The patient slides the tape slider to the centre of the crotch.
- Remove the tape from patient's body. The measurement read at the tape slider position is length K3.

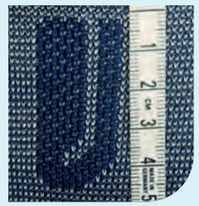


* You have not yet received a measuring aid tool kit? - Please contact your JOBST sales representative.

JOBST® Confidence garments should not be pulled up too high! Please use the size of the woven-inn logo as reference.



JOBST® Logo approx 3cm long ✓



JOBST® Logo > 3cm long ✗

WHICH PATIENTS ARE SUITABLE FOR JOBST® CONFIDENCE?*

JOBST Confidence is suitable for patients who ...

- ... have mild to moderate lymphoedema and Lipoedema without pronounced skin folds or shape distortions.
- ... have fragile or tender to touch skin.
- ... seek comfort and are new to flat-knit compression.
- ... are sporty and active.

JOBST Confidence is not suitable for patients who ...

- ... want to feel a strong pressure.
- ... hide their belly or have body shaping trousers.
- ... have considerably different circumferences in one limb, if you wish to have two legged panty.
- ... have belly overhangs.
- ... have large adipose tissue lobules.

Note: In theses cases, possibly JOBST® Elvarex or JOBST® Elvarex Soft may be suitable. Please feel free to contact us.

Measuring points	Minimum/Maximum Measurement	Notes
Circumferences		
cG	max. 90cm	We recommend using JOBST® Elvarex or JOBST® Elvarex Soft for larger circumferences
cH	up to 140cm	We recommend using JOBST® Elvarex or JOBST® Elvarex Soft for larger circumferences.
Length		
IB	min. 7cm	A shorter length is unrealistic.
TT	max. 100cm	We recommend using JOBST® Elvarex or JOBST® Elvarex Soft for larger length measurements.
K3	max. 45cm	K3 must always be less than TT and must not exceed 45% of the total length (TT).
Length btw two points		
IG to IK	up to 4cm	Longer measurements than 6cm to 7cm are uncommon and may result in more material on the leg and therefore wrinkling.
IK to IH	approx 10cm, min 4cm	Usual length is between 4cm - 12cm.
IH to IT	min. 7cm	The waist band needs about 4cm to 5cm. At least 2cm of knitted fabric must also be added.

* This recommendation is to help healthcare professionals to navigate through JOBST flat-knit assortment and choose a suitable product for patients based on material properties as well as the indications and precautions in the Instructions for Use. For further information please read the Instructions for Use.

CUSTOM GARMENT MEASURING VIDEOS

Elvarex Custom Garments





AD

SCAN ME
for application video

AG

SCAN ME
for application video

PANTY

SCAN ME
for application video

TOE CAP

SCAN ME
for application video

GLOVE

SCAN ME
for application video

CG1

SCAN ME
for application video

Confidence Custom Garments





AD

SCAN ME
for application video

AG

SCAN ME
for application video

PANTY

SCAN ME
for application video

CG1

SCAN ME
for application video



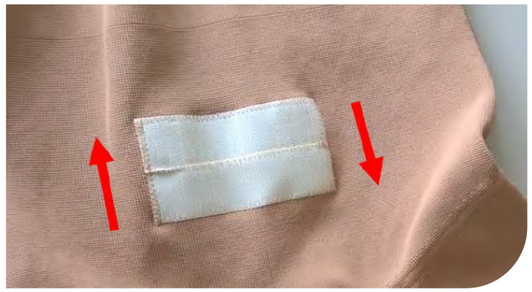
JOBST®
CUSTOM GARMENTS
TIPS AND TRICKS

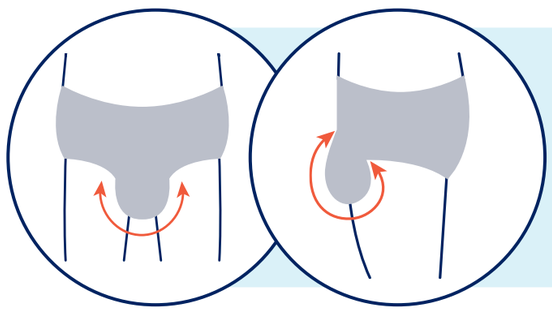
GENITAL OPTIONS

Managing Gravity

- Because of the challenges of genitals being in a **gravity dependent position,** adding in a vertical support can assist in added 'lift' and support.
- This can be included into the Elvarex garment to support against gravity.
- With the inclusion of multiple levels of Velcro, a patient can vary the amount of vertical lift depending on the time of day or level of refill.
- The standard way to measure the genital strap is to measure from the perineum seam, up to the midpoint of the trunk. The velcro is placed in the middle of the front of the pants – standard is 2 strips however you can have up to 3 pieces.
- Genital strap - measure the length and width of the strap and insert into the comments box.
- **Only available in Elvarex**
- A standard male pouch is 12 cm medial to lateral and anterior to posterior. Should a larger pouch be required, please document in the comments section of the order form. Note: 48 cm is the maximum size and can be dependent on the circumference of the panty.







Measure around the scrotum from left side to right side, then measure from the base of the penis anteriorly, to where the scrotum connects to the perineum posteriorly.

Gussets

Crotch for Women – without compression	Crotch for Women – with compression	Crotch for Men – without compression	Crotch for Men – with compression
Bellavar material	Elvarex material	Bellavar material	Full compression double bellavar material





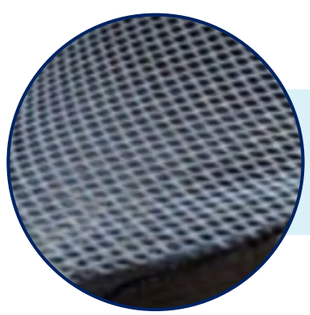
Additional option for no gusset and open crotch

Crotch width is approximately 3 cm but can be modified for women





- Bellavar is the standard gusset for females. Should you require Elvarex fabric gussets, please request in the comments. Note, 3 cm is the standard width gusset.
- Bellavar is the standard gusset for males. Note: Elvarex is not available for male gussets and the standard gusset is 12 cm for males.



You can also have the crotch in a net material

- Only available for the female crotch.
- It does not offer compression.

Stoma

Option 1

Measuring instructions

1. Measure from side seam to side seam rather than from the midline.
2. Measure the distance from the top waist band down to the stoma opening location.
3. Document the diameter of the opening, note the average is approximately 4.5 cm. Be mindful not to make the opening excessive as it will increase in diameter with donning.

Option 2

If documenting the location is complex, the garment can be donned by the patient and the location of the stoma documented with chalk markings on the garment. The garment can then be shipped back to Emmerich, Germany for post production alteration.



Stumps

Plate Finish
The preferred option

- Suitable for rounded, tapered stumps.
- Plate is made from Elvarex fabric with a soft internal lining.
- Measure the true A-G and A-F lengths (or lower if below knee amputation).
- It is recommended that 2 cm is accounted for in the overall length as the plate will provide some stretch and length characteristics.
- Take the circumference of F at the narrowest part of the stump where the convergence commences.



Straight Edge Finish

- Suitable for stumps with a more straight edge appearance.
- Note not suitable for more tapered shapes as can result in a ‘dog ear’ appearance.

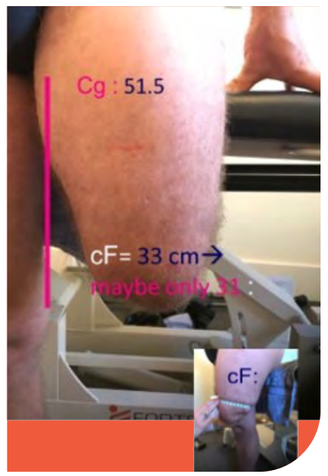




For Upper Limb stumps

For upper limb garments, measure the same as a lower limb garment but account for approximately 1.5 cm in stretch and length from the plate.







Silicone patches, strips, dots

- Standard: 5 cm and 2.5 cm dotted waistban.
- Patches: Standard are 5cm x 5cm.
- Strips: available in the following lengths, 10 cm, 12 cm, 15 cm, 20 cm and 25 cm.
- Only available in Elvarex and Elvarex Soft.

Zippers

Are only available for Elvarex fabric garments.

- Note: zippers are not possible through knee or elbow joints, in the foot section of garments or in toe pieces.
- Not available for toe caps or foot part of a garment.



Glove with pocket; back of the hand

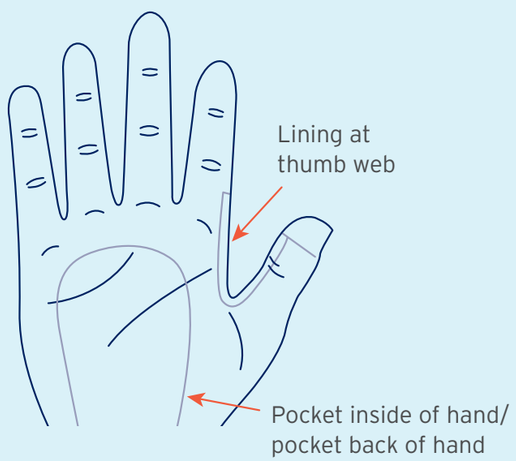


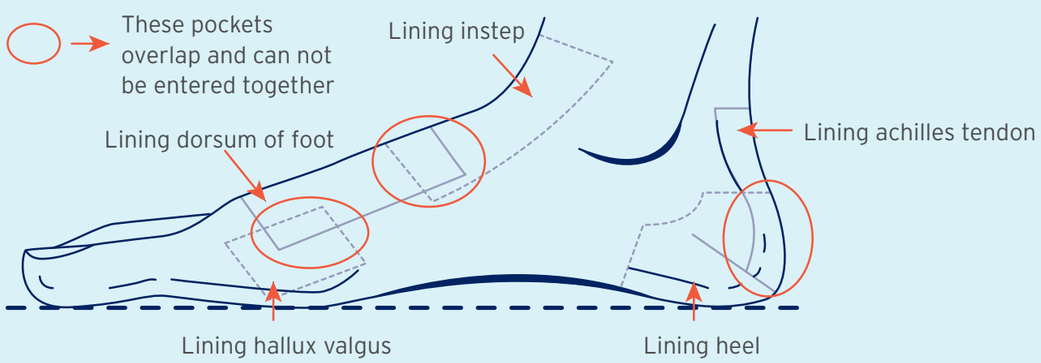
Armsleeve with pocket; bend of the elbow

Lining options

Please see the attached images for possible locations regarding the placement of lining. It is possible to request additional locations and the production team will be able to offer advice if technically feasible (based on material, size and placement).

Note: lining must be at least 1 cm away from seams and the ends of garments for adequate fixation and optimal outcome.







Dear Customer

Thank you for choosing JOBST®, the medical compression garment that incorporates gradient compression for the management of venous and lymphatic diseases.

Care Instructions

- JOBST® compression garments should, if possible, be washed daily, or at least every other day.
- Please use a regular mild detergent.
- Do not use laundry additives such as fabric softener, optical brightener or stain remover.
- Rinse your garment well.
- Roll up the wet compression garment in a towel after washing and press out excess moisture.
- Do not wring.
- Do not dry the compression garment on a radiator/heater or in direct sunlight.
- For tumble dryer compatibility please check your compression stocking's product label.
- Silicone band care - when needed, hand wash silicone band to remove excess creams, lotions hair and other foreign material.

Special notes

- Caution: Long fingernails and jewellery may damage the garments when putting them on.
- Please use rubber gloves or a donning aid.
- Do not bring the compression garments into contact with greasy ointments, body lotions or similar substances unless recommended by JOBST.®
- Loose threads or loops should not be cut off, since this may cause holes or runs to form in the garment.
- Intended to be used by a single patient only.

QUICK GUIDE FOR **TROUBLESHOOTING**

As soon as you receive your garments, please inspect them, and try them on.

Sometimes there can be a short adjustment period with your new garments, whether they are your first or you have been wearing them for years.

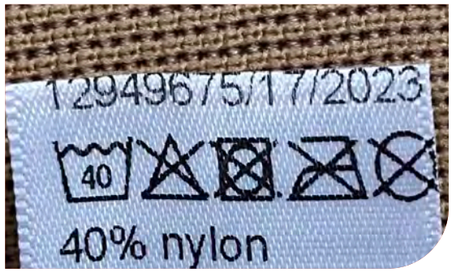
If you feel that the fit is not exactly right, please continue to wear your garment as prescribed for a period of 2 weeks and follow these troubleshooting ideas.

- Garment should be washed every day, or at least every other day, at 40°C.
- If the garment feels too tight, continue to wash as per the general care instructions.
- After 2 weeks, if the fit still does not feel right, please contact your therapist for review.

Take a photo of the front and back of the tags on all the garments and follow the guidelines on which photos to take.



Front tag image shows the schema numbers, patient's name (removed here for privacy) and style of garment.



Back tag image shows the schema numbers and date of production.

Take a photo of the garment/s on you as per below



If your limb goes blue or you experience pain or pins and needles whilst wearing your garment, please remove and advise your therapist straight away.

Email the photos directly to your therapist, or send them in a text message.

The garments need to be assessed by the factory within 4 weeks of you receiving them.



FREE OF CHARGE GUIDELINES
FOR CUSTOM GARMENTS

Customer enquiries on Custom Garments are managed by the Customer Service Team.

1. The Customer or Clinical Sales Specialist (CSS) is requested to send photographic evidence via email showing the affected area on the garment to the Customer Service Team at **Jobstcs.AU@essity.com**
2. Customer Service sends the information to the manufacturer for assessment.
3. Once reviewed, a decision is made whether or not to resupply the product.
4. Customer service will then notify the Customer/CSS of the outcome.
5. Once the patient has received the FOC replacement, the incorrect garment must be returned to Essity, either via the CSS or via mail.
5. Complaints must be received within 4 weeks of the garment being delivered

Please use the Custom-Made photography guides for all complaints

If the garment is too long:
Please measure the total length as well as the segment you feel is too long.

If the garment is too wide:
Please measure the width of the garment.

(These must be done off the patient to check the knitted dimensions and not on the patient)

If it's simply a colour or wrong compression level, the tag photo is enough.

Order Placement and Customer Service

Please complete the relevant measurement form and order form. Latest forms can be found at **www.jobst.com.au.**

Services Provided

- Order placements
- Delivery information
- Measuring assistance
- Warranty claims
- Request order/measurement forms
- Patient brochures

A dedicated Customer Service team are available to assist with your inquiries or requests.

Order Placement and Contact Details

L6, 211 Wellington Road,
Mulgrave, Victoria, Australia, 3170

JOBST® Custom Made Australia
T 1300 998 810
jobstcs.au@essity.com

JOBST® Custom Made New Zealand
T +64 8 508 998 810
jobstcs.nz@essity.com

Fibre Content

FABRIC/CCL	Nylon (Polyamide)	Polypropylene	Spandex (Elastane)	Elastodiene (Latex)	Cotton	Polyester
JOBST® Confidence CCL 1	56%	30%	14%	-	-	-
JOBST® Confidence CCL 2	52%	31%	17%	-	-	-
JOBST® Confidence CCL 3	50%	31%	19%	-	-	-
JOBST® Elvarex CCL 1	72%	-	16%	12%	-	-
JOBST® Elvarex CCL 2	40%	-	10%	21%	29%	-
JOBST® Elvarex CCL 3	32%	-	6%	21%	41%	-
JOBST® Elvarex CCL 3 Forte	27%	-	6%	26%	41%	-
JOBST® Elvarex CCL 4	26%	-	5%	30%	39%	-
JOBST® Elvarex CCL 4 Super	24%	-	5%	32%	39%	-
JOBST® Elvarex Soft CCL 1	70%	-	30%	-	-	-
JOBST® Elvarex Soft CCL 2	65%	-	35%	-	-	-
JOBST® Elvarex Soft CCL 3	60%	-	40%	-	-	-
JOBST® Elvarex Soft Seamless CCL 1	70%	-	30%	-	-	-
JOBST® Elvarex Soft Seamless CCL 2	65%	-	35%	-	-	-
JOBST® Elvarex Plus CCL 1	72%	-	16%	12%	-	-
JOBST® Elvarex Plus CCL 2	40%	-	10%	21%	29%	-
JOBST® Relax CCL 1	72%	-	11%	-	-	17%
JOBST® Relax CCL 2	71%	-	12%	-	-	17%

Top bands contain silicone.

Caution: Products labelled on the packaging with LATEX contain natural rubber (latex) which may cause allergic reactions.



DEFY GRAVITY

JOBST®

JOBST® COMPRESSION

Compression Wrap Therapy

CONTENTS

Compression Wrap Therapy

SHORT-STRETCH COMPRESSION WRAP SOLUTIONS

JOBST® **FarrowWrap®** 140

- Product Range
- Footpiece
- Toe Cap
- Legpiece
- Kneepiece
- Thighpiece
- Liners & Accessories
- Upper Limb

JOBST® **FarrowWrap®**
APPLICATION TECHNIQUES 162

JOBST® **FarrowWrap®**
CARE GUIDELINES 164



JOBST®
FarrowWrap®

Easy-to-attach VELCRO® brand tabs support easy donning and doffing.

Easy Donning

Short-stretch technology provides low resting and high working pressures to enhance lymphatic and venous return.

Short Stretch Technology

VELCRO® brand hook & loop system allows patients to respond better to fluctuating oedema by simply tightening or loosening the wrap.

Adjustable

Discreet design is less bulky than multi-layer bandaging and can be worn under normal clothing.

Low Profile Design

THE **EASY CHOICE** TO SUPPORT PATIENT **SELF-CARE** AND **EMPOWERMENT**

Give your patients the tools they need to better manage their swelling and respond confidently to fluctuating oedema levels, with a solution that takes the guesswork out of applying compression safely.

JOBST® FarrowWrap® garments are a range of adjustable compression devices that are available in a variety of styles, fabrics, sizes and compression classes. Made with durable materials, they are designed to help reduce limb swelling and maintain volume reductions, as well as promote healing of venous leg ulcers. They are designed to provide the same strong support as multi-layer bandaging but in a simplified, intuitive design.



Overlapping bands replicate the principles of multi-layer bandaging.

Apply and adjust confidently

JOBST® FarrowWrap® was engineered for easy application and can offer all the benefits of multi-layer bandaging without the complexity of application. The overlapping material supports consistent self-application without the need for specialised intervention by health care providers. The overlap provides the support needed to efficiently control oedema and help reduce the risk of swelling forming between the bands.



THE **JOBST® FarrowWrap®**
Product Range

LITE



20-30 mmHg

Indicated for mild to moderate chronic oedema/lymphoedema.

A double laminated fabric suitable for mild to moderate compression needs, making it especially suitable for palliative and paediatric patients. The fabric is both durable and breathable.

- Conforms to limb shape
- Good choice for patients who have neuropathy or peripheral vascular disease (PVD)
- Recommended for paediatric patients
- Suitable for sensitive skin and as such palliative care patients
- Machine washable

STRONG



30-40 mmHg

Indicated for moderate to severe chronic oedema/lymphoedema with a good limb shape.

Premium fabric with strong compression and soft inner layer suitable for patients with a good limb shape and moderate to severe oedema.

- Less rigid than CLASSIC
- Contoured bands conform to the limb and resist sliding
- Highly breathable and durable
- Suitable for minor skin folds and distortion
- Material less likely to pill or fray
- Machine washable

CLASSIC



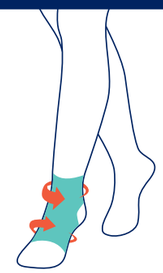
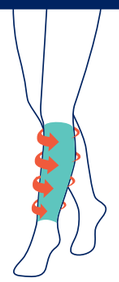
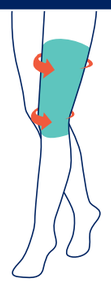
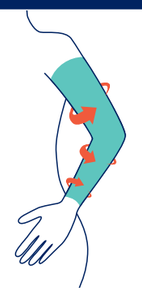
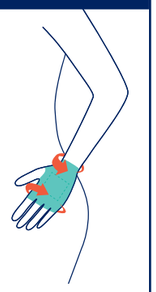
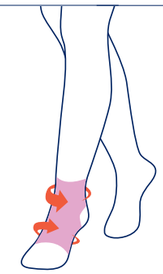
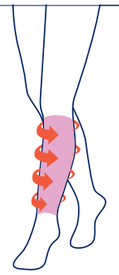
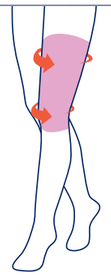
30-40 mmHg

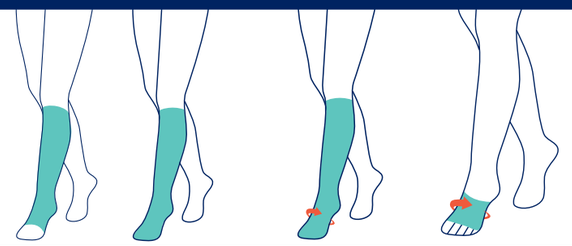
Indicated for moderate to severe chronic oedema/lymphoedema.

The original material that has been clinically proven over many years of use on thousands of patients worldwide. The rigid nature of the material offers performance beyond the compression range making it excellent for patients with moderate to severe compression levels.

- Suitable for oedema with skin folds and irregular limb shapes
- Durable, rigid fabric with a comfortable feel
- Reinforced spine for easier donning
- Less likely to roll down and will not work into skin folds
- Hand wash only

Product Assortment

	Footpiece	Legpiece	Thighpiece	Armpiece	Gauntlet
JOBST® FarrowWrap® LITE **Mild to Moderate 20-30mmHg**					
JOBST® FarrowWrap® STRONG **JOBST® FarrowWrap® CLASSIC** **Moderate to Strong 30-40mmHg**					

	Non-compressive Liners	FarrowHybrid® Compressive Liner	Toe Cap
Accessories			
JOBST® FarrowWrap® GarmentGrip™ Roll			
JOBST® FarrowWrap® Short-Stretch			



EASY-TO-USE COMPRESSION SOLUTIONS
HELP TO PROMOTE INDEPENDENT SELF-CARE

Compression therapy is a vital component in the management of chronic swelling from venous and lymphatic conditions. Conventional treatment focuses on reducing symptoms with multi-layer bandaging.

For certain patients, this management system can be difficult to maintain independently. It is therefore important to offer these patients suitable compression solutions that are efficient and easy-to-use, to help improve therapy outcomes and empower patients to confidently care for their own needs.

Choosing the right compression[1]:

- **Easy to apply and remove**
- **Is comfortable for the patient and stays in place**
- **Offers variety in patient choice**
- **Delivers therapeutic compression and has high stiffness**
- **Is aesthetically acceptable**

[1] Harding, K., Dowsett, C., Flas, L et al. Simplifying venous leg ulcer management: consensus recommendations. Wounds International, 2015. https://tinyurl.com/jrxfcrj (accessed 26 February 2017).
Properties of an ideal compression system.

INNOVATIVE SOLUTIONS DESIGNED FOR IMPROVED SELF-CARE: **ADJUSTABLE COMPRESSION DEVICES**

Give your patients the choice and variety needed to take control of their own care and support them to achieve better therapy outcomes with adjustable compression devices.

In oedema management, adjustable compression devices (or compression wraps) can be used as a first-choice treatment option and offer an alternative to multi-layer bandaging or hosiery.

JOBST® FarrowWrap has short-stretch properties similar to multi-layering bandaging, delivering low resting pressure and high working pressure. As a result, they may create peak pressures that produce a massaging effect and stimulate lymph flow. JOBST® FarrowWrap are designed for easy use, enabling patients to independently apply and adjust the compression according to their needs and tolerance.

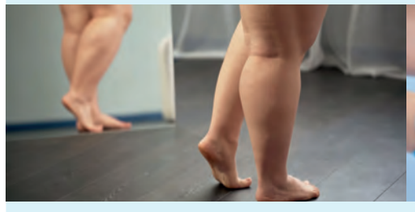
Which of your patients would benefit from **JOBST® FarrowWrap?**



OEDEMA

Patients with swelling resulting from lymphoedema and venous oedema:

- With fluctuations in limb swelling
- In decongestive and/or maintenance phases







LARGER BODY SIZES

Patients unable to don or unsuitable for compression garments/ bandages through:

- Severe obesity
- Overweight or larger body sizes
- Irregular shape of limbs
- Skin folds and lobules

VENOUS LEG ULCER

Patients with open lesions between the knee and the ankle:

- Most common type of leg ulcer, accounting for more than 90% of all cases
- Can develop after a minor injury, where persistently high pressure in the veins of the legs has damaged the skin

PHYSICAL LIMITATIONS

Patients unable to apply or remove compression hosiery/ bandaging due to:

- Arthritis or weak hand strength
- Back problems
- Sensitive or fragile skin at risk of breakdown

JOBST® FarrowWrap® FOOTPIECE



LITE Footpiece

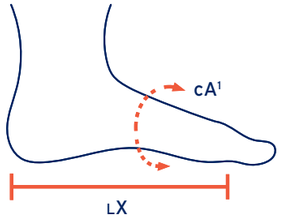


STRONG Footpiece



CLASSIC Footpiece

How to Measure

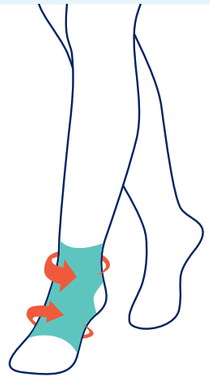
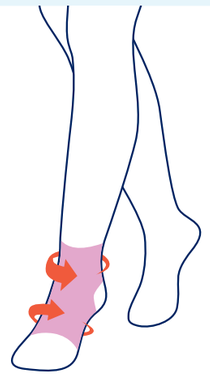
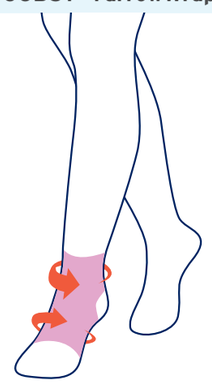


Footpiece Size Chart

	XSmall	Small	Medium	Large	XLarge
cA1 **Mid-foot**	22 - 24 cm	25 - 27 cm	28 - 30 cm	31 - 34 cm	35 - 40 cm
LX **Regular**	16 - 17 cm	17 - 18 cm	19 - 20 cm	20 - 21 cm	22 - 23 cm
LX **Long**	18 - 19 cm	19 - 20 cm	21 - 22 cm	22 - 23 cm	24 - 25 cm

Circumference A[1] = Mid-foot circumference taken around the middle of the foot.
Length X = Foot length is measured from the most posterior aspect of the heel to the base of the 5th toe.
Circumference measurements must be within +/- 0.5cm.

Ordering Information

	Product Code	Size	Length	Colour
JOBST® FarrowWrap® Lite (20-30mmHg) Footpiece				
	76652-05	XSmall	Regular	Tan
	76652-06	Small	Regular	Tan
	76652-07	Medium	Regular	Tan
	76652-08	Large	Regular	Tan
	76652-09	XLarge	Regular	Tan
	76652-00	XSmall	Long	Tan
	76652-01	Small	Long	Tan
	76652-02	Medium	Long	Tan
	76652-03	Large	Long	Tan
	76652-04	XLarge	Long	Tan
JOBST® FarrowWrap® Strong (30-40mmHg) Footpiece				
	76646-04	XSmall	Regular	Tan
	76646-05	Small	Regular	Tan
	76646-06	Medium	Regular	Tan
	76646-07	Large	Regular	Tan
	76646-08	XLarge	Regular	Tan
	76646-09	XSmall	Long	Tan
	76646-00	Small	Long	Tan
	76646-01	Medium	Long	Tan
	76646-02	Large	Long	Tan
	76646-03	XLarge	Long	Tan
JOBST® FarrowWrap® Classic (30-40mmHg) Footpiece				
	76656-05	XSmall	Regular	Tan
	76656-06	Small	Regular	Tan
	76656-07	Medium	Regular	Tan
	76656-08	Large	Regular	Tan
	76656-09	XLarge	Regular	Tan
	76656-00	XSmall	Long	Tan
	76656-01	Small	Long	Tan
	76656-02	Medium	Long	Tan
	76656-03	Large	Long	Tan
	76656-04	XLarge	Long	Tan

All JOBST FarrowWrap Footpieces are supplied as single units and without a liner.

JOBST® Farrow® TOE CAP

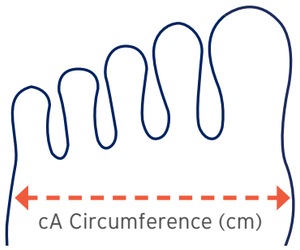
Ready-to-wear Toe Cap which can be worn on either right or left foot.

Fine seams, with ultra thin fabric, allows air to pass to enhance patient comfort.

Toe lengths can be easily trimmed with scissors to the required length.

Toe Cap Size Chart

Size	cA
XSmall	20 - 22 cm
Small	22 - 24 cm
Medium	24 - 26 cm
Large	26 - 28 cm



Ordering Information

Size	Product Code	Compression	Colour
XSmall	72947-00	20 - 30 mmHg	Tan
Small	72947-01	20 - 30 mmHg	Tan
Medium	72947-02	20 - 30 mmHg	Tan
Large	72947-03	20 - 30 mmHg	Tan

All JOBST Farrow Toe Caps are supplied as single units.





JOBST® FarrowWrap® LEGPIECE



LITE Legpiece

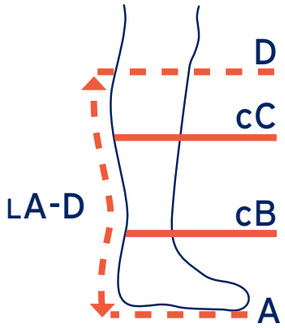


STRONG Legpiece



CLASSIC Legpiece

How to Measure

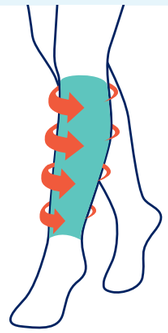
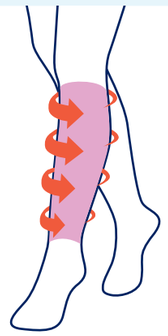
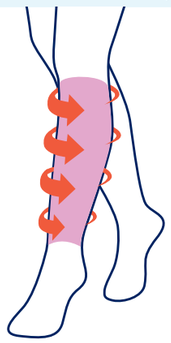


Legpiece Size Chart

		XSmall	Small	Medium	Large	XLarge
cC	Calf	36 - 43 cm	42 - 50 cm	48 - 58 cm	53 - 63 cm	58 - 68 cm
cB	Ankle	21 - 25 cm	25 - 30 cm	30 - 36 cm	36 - 42 cm	42 - 50 cm
LA-D	Regular	33 - 37 cm	35 - 39 cm	37 - 41 cm	39 - 43 cm	39 - 43 cm
LA-D	Tall	38 - 41 cm	40 - 43 cm	42 - 45 cm	44 - 47 cm	44 - 47 cm

Circumference C = Calf circumference taken at the widest part of the calf.
Circumference B = Ankle circumference taken at the narrowest part of the ankle.
Length A-D = Floor to two finger widths below crease of knee. Measure posteriorly following the contour of the leg.

Ordering Information

	Product Code	Size	Length	Colour
JOBST® FarrowWrap® Lite (20-30mmHg) Legpiece				
	76654-00	XSmall	Regular	Tan
	76654-01	Small	Regular	Tan
	76654-02	Medium	Regular	Tan
	76654-03	Large	Regular	Tan
	76654-04	XLarge	Regular	Tan
	76654-05	XSmall	Tall	Tan
	76654-06	Small	Tall	Tan
	76654-07	Medium	Tall	Tan
	76654-08	Large	Tall	Tan
	76654-09	XLarge	Tall	Tan
JOBST® FarrowWrap® Strong (30-40mmHg) Legpiece				
	76648-00	XSmall	Regular	Tan
	76648-01	Small	Regular	Tan
	76648-02	Medium	Regular	Tan
	76648-03	Large	Regular	Tan
	76648-04	XLarge	Regular	Tan
	76648-05	XSmall	Tall	Tan
	76648-06	Small	Tall	Tan
	76648-07	Medium	Tall	Tan
	76648-08	Large	Tall	Tan
	76648-09	XLarge	Tall	Tan
JOBST® FarrowWrap® Classic (30-40mmHg) Legpiece				
	76657-00	XSmall	Regular	Tan
	76657-01	Small	Regular	Tan
	76657-02	Medium	Regular	Tan
	76657-03	Large	Regular	Tan
	76657-04	XLarge	Regular	Tan
	76657-05	XSmall	Tall	Tan
	76657-06	Small	Tall	Tan
	76657-07	Medium	Tall	Tan
	76657-08	Large	Tall	Tan
	76657-09	XLarge	Tall	Tan

All JOBST FarrowWrap Legpieces are supplied as single units with a pair of closed toe, knee high liners.

JOBST® FarrowWrap® KNEEPIECE

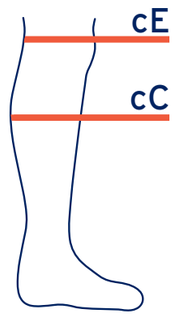




Adjustable Kneepiece, easy to apply & comfortable to wear.

Can be worn in combination with JOBST® FarrowWrap® Legpieces and Thighpieces, or as a single unit (e.g. in combination with an Elvarex knee high stocking).

Available in two fabrics: LITE and STRONG.



How to Measure

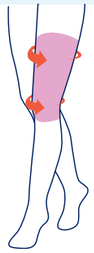
Kneepiece Size Chart

	XSmall	Small	Medium	Large	XLarge
cE 5cm above Patella	47 - 52 cm	53 - 59 cm	60 - 66 cm	67 - 73 cm	74 - 80 cm
cC Calf	36 - 43 cm	42 - 50 cm	48 - 58 cm	53 - 63 cm	58 - 68 cm

Circumference E = Knee circumference taken 5cm above the patella.
Circumference C = Calf circumference taken at the widest part of the calf.

JOBST FarrowWrap Kneepiece is automatically supplied with the Thighpiece. Kneepieces can be purchased as single units.

Ordering Information

	Product Code	Size	Colour
JOBST® FarrowWrap® Lite (20-30mmHg) Kneepiece			
	73367-00	XSmall	Tan
	73367-01	Small	Tan
	73367-02	Medium	Tan
	73367-03	Large	Tan
	73367-04	XLarge	Tan
JOBST® FarrowWrap® Strong (30-40mmHg) Kneepiece			
	73368-00	XSmall	Tan
	73368-01	Small	Tan
	73368-02	Medium	Tan
	73368-03	Large	Tan
	73368-04	XLarge	Tan

JOBST® FarrowWrap®
THIGHPIECE



LITE Thighpiece

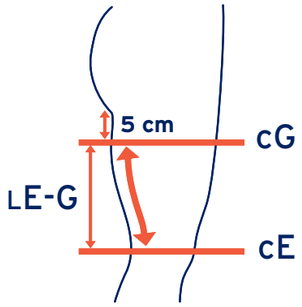


STRONG Thighpiece



CLASSIC Thighpiece

How to Measure



Thighpiece Size Chart

	XSmall	Small	Medium	Large	XLarge
cG Groin	60 - 70 cm	65 - 75 cm	70 - 80 cm	75 - 90 cm	85 - 100 cm
cE Above Knee	47 - 52 cm	53 - 59 cm	60 - 66 cm	67 - 73 cm	74 - 80 cm
LE-G Short	16 - 20 cm	16 - 20 cm	16 - 20 cm	16 - 20 cm	16 - 20 cm
LE-G Regular	21 - 26 cm	21 - 26 cm	21 - 26 cm	21 - 26 cm	21 - 26 cm
LE-G Tall	27 - 31 cm	27 - 31 cm	27 - 31 cm	27 - 31 cm	27 - 31 cm

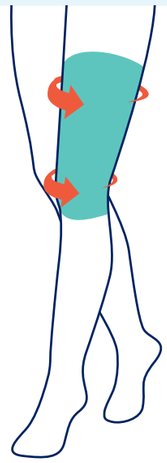
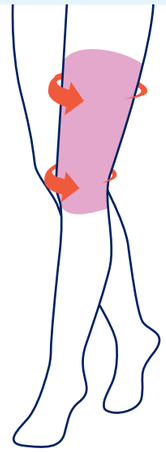
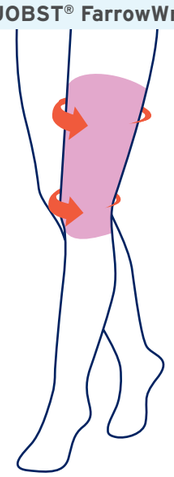
Circumference G = Thigh circumference 5cm below the gluteal fold (where the buttock meets the leg).

Circumference E = Knee circumference 5cm above the patella.

Length E-G = Measure the length of the thigh medially (inside leg) between E and G following the contour of the leg.

JOBST FarrowWrap Thighpiece is supplied as a single unit with the equivalent sized Kneepiece. All Classic Thighpieces are supplied with the equivalent Strong Kneepiece.

Ordering Information

	Product Code	Size	Length	Colour
JOBST® FarrowWrap® Lite (20-30mmHg) Thighpiece				
	76655-05	XSmall	Short	Tan
	76655-06	Small	Short	Tan
	76655-07	Medium	Short	Tan
	76655-08	Large	Short	Tan
	76655-09	XLarge	Short	Tan
	76655-00	XSmall	Regular	Tan
	76655-01	Small	Regular	Tan
	76655-02	Medium	Regular	Tan
	76655-03	Large	Regular	Tan
	76655-04	XLarge	Regular	Tan
	76655-10	XSmall	Tall	Tan
	76655-11	Small	Tall	Tan
	76655-12	Medium	Tall	Tan
	76655-13	Large	Tall	Tan
	76655-14	XLarge	Tall	Tan
JOBST® FarrowWrap® Strong (30-40mmHg) Thighpiece				
	76649-05	XSmall	Short	Tan
	76649-06	Small	Short	Tan
	76649-07	Medium	Short	Tan
	76649-08	Large	Short	Tan
	76649-09	XLarge	Short	Tan
	76649-00	XSmall	Regular	Tan
	76649-01	Small	Regular	Tan
	76649-02	Medium	Regular	Tan
	76649-03	Large	Regular	Tan
	76649-04	XLarge	Regular	Tan
	76649-10	XSmall	Tall	Tan
	76649-11	Small	Tall	Tan
	76649-12	Medium	Tall	Tan
	76649-13	Large	Tall	Tan
	76649-14	XLarge	Tall	Tan
JOBST® FarrowWrap® Classic (30-40mmHg) Thighpiece				
	76658-06	XSmall	Short	Tan
	76658-07	Small	Short	Tan
	76658-08	Medium	Short	Tan
	76658-09	Large	Short	Tan
	76658-10	XLarge	Short	Tan
	76658-00	XSmall	Regular	Tan
	76658-01	Small	Regular	Tan
	76658-02	Medium	Regular	Tan
	76658-03	Large	Regular	Tan
	76658-04	XLarge	Regular	Tan
	76658-12	XSmall	Tall	Tan
	76658-13	Small	Tall	Tan
	76658-14	Medium	Tall	Tan
	76658-15	Large	Tall	Tan
	76658-16	XLarge	Tall	Tan

JOBST® FarrowWrap®
LINERS & ACCESSORIES

JOBST® FarrowHybrid® Liner



FarrowHybrid® is a patented foot compression garment that provides compression in the foot up to the ankle.

- 20-30mmHg Compression
- From the ankle and above, it serves as a liner
- Available in standard and wide sizes
- Great alternative to a footpiece
- Low profile, easily fits into a shoe

How to Measure

Measure the mid-foot circumference A1.
Two mid-foot sizes available: 20-27cm (regular foot) and 28-35cm (wide foot).
Request the patient's shoe size (US Sizing).
The maximum calf circumference for FarrowHybrid® Liners is 60cm.

Accessories

Product Code	Size	Style	Limb	Colour
JOBST® Accessories				
76672-00	14 cm x 80 cm	GarmentGrip	Thigh	Tan
76672-01	14 cm x 120 cm	GarmentGrip	Thigh Long	Tan
76672-03	20 cm x 120 cm	GarmentGrip	Thigh Long Wide	Tan
76672-04	30 cm x 150 cm	GarmentGrip	Thigh Extra Wide	Tan
76672-02	14 cm x 550 cm	GarmentGrip	Thigh Extra Long	Tan
76673-00	10 cm x 150 cm	Farrow Short Stretch		Tan
76673-01	8 cm x 150 cm	Farrow Short Stretch		Tan

JOBST® Farrow GarmentGrip can be cut to size to fit the shape and contour of the body and VELCRO® brand hook-and-loop fasteners can be added to secure in place. For triangular shaped legs, it is recommended to be worn over the legpiece to secure the wrap system in place.

JOBST® Farrow GarmentGrip is washable and therefore reusable. It is available for the upper and lower limb in differing roll lengths and extra wide widths and can also be used to manage mid-line oedema.

FarrowHybrid Liners

Product Code	Fabric	Size	Female Shoe Size	Male Shoe Size	Colour	Mid-foot Circumference A1
JOBST® Knee High Liner (20-30mmHg)						**Regular**
76664-00	Hybrid ADI	Small	US Female Shoe 4 - 7	US Male Shoe 3 - 6	Beige	Mid-foot 20 - 27 cm
76664-01	Hybrid ADI	Medium	US Female Shoe 8 - 10	US Male Shoe 7 - 9	Beige	Mid-foot 20 - 27 cm
76664-02	Hybrid ADI	Large	US Female Shoe 11 - 13	US Male Shoe 10 - 12	Beige	Mid-foot 20 - 27 cm
76664-03	Hybrid ADI	XLarge	US Female Shoe 14 - 16	US Male Shoe 13 - 15	Beige	Mid-foot 20 - 27 cm
JOBST® Knee High Liner (20-30mmHg)						**Wide**
76664-12	Hybrid ADI	Small	US Female Shoe 4 - 7	US Male Shoe 3 - 6	Beige	Mid-foot 28 - 35 cm
76664-13	Hybrid ADI	Medium	US Female Shoe 8 - 10	US Male Shoe 7 - 9	Beige	Mid-foot 28 - 35 cm
76664-14	Hybrid ADI	Large	US Female Shoe 11 - 13	US Male Shoe 10 - 12	Beige	Mid-foot 28 - 35 cm
76664-15	Hybrid ADI	XLarge	US Female Shoe 14 - 16	US Male Shoe 13 - 15	Beige	Mid-foot 28 - 35 cm
JOBST® Knee High Liner (20-30mmHg)						**Wide**
76664-16	Hybrid ADI	Small	US Female Shoe 4 - 7	US Male Shoe 3 - 6	Black	Mid-foot 28 - 35 cm
76664-17	Hybrid ADI	Medium	US Female Shoe 8 - 10	US Male Shoe 7 - 9	Black	Mid-foot 28 - 35 cm
76664-18	Hybrid ADI	Large	US Female Shoe 11 - 13	US Male Shoe 10 - 12	Black	Mid-foot 28 - 35 cm
76664-19	Hybrid ADI	XLarge	US Female Shoe 14 - 16	US Male Shoe 13 - 15	Black	Mid-foot 28 - 35 cm

Calf circumference up to 60cm.
JOBST FarrowHybrid Liners are supplied as a pair.

Non-compressive Lower Limb Liners

Product Code	Type	Size	Calf Circumference	Colour
JOBST® Knee High Liners				
76666-21	Closed Toe	Standard	19 - 48 cm	Beige
76666-22	Closed Toe	Wide	48 – 70 cm	Beige
76669-00	Terry Cloth Open Toe	Small	< 40 cm	White
76669-02	Terry Cloth Open Toe	Medium	41 – 70 cm	White
76669-04	Terry Cloth Open Toe	Large	71 – 120 cm	White
JOBST® Thigh High Liners				
76670-00	Terry Cloth Open Toe	Small	< 40 cm	White
76670-02	Terry Cloth Open Toe	Medium	41 – 70 cm	White
76670-04	Terry Cloth Open Toe	Large	71 – 120 cm	White

JOBST non-compressive liners are supplied as a pair.
All JOBST FarrowWrap Legpieces are supplied with a pair of closed toe, knee high liners.
All JOBST FarrowWrap Thighpieces are supplied with a pair of open toe, thigh high liners.

JOBST® FarrowWrap® UPPER LIMB

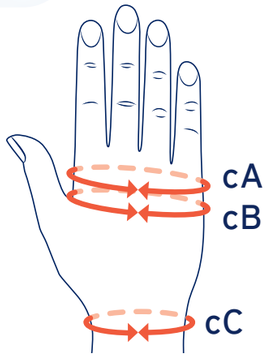
JOBST® FarrowWrap® LITE Hand Gauntlet 20-30mmHg



JOBST® FarrowWrap LITE Hand Gauntlet is ambidextrous and comes with 4mm and 8mm foam squares for added compression to the dorsal hand. Suitable for mild to severe oedema.

Benefits:

1. Foam inserts help reduce oedema that can pool on the back of the hand
2. Ambidextrous, i.e. can be used on either hand
3. Durable and comfortable



How to Measure

Gauntlet Size Chart

	XSmall	Small	Medium	Large
cA	16 - 18 cm	18 - 20 cm	20 - 22 cm	22 - 24 cm
cB	17 - 19 cm	19 - 21 cm	21 - 23 cm	23 - 26 cm
cC	15 - 18 cm	17 - 20 cm	19 - 22 cm	22 - 24 cm

Ordering Information

Product Code	Size
JOBST® FarrowWrap® Lite (20-30mmHg) Gauntlet	
76653-00	XSmall
76653-01	Small
76653-02	Medium
76653-03	Large





JOBST® FarrowWrap® UPPER LIMB

JOBST® FarrowWrap® LITE Armpiece 20-30mmHg

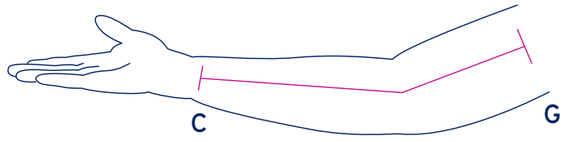


FarrowWrap LITE Armpiece is an anatomically contoured effective solution to control upper extremity oedema. It is easy to apply and remove with one hand and designed for mild to moderate oedema control. Light and comfortable with just one layer but with a robust short-stretch performance.

Liner is built into the armsleeve.
Product is anatomically designed for left and right arms.

SCAN ME
for application video

How to Measure



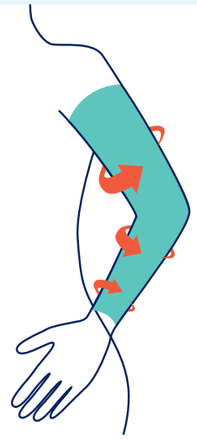
Armpiece Size Chart

	Length C-G
Short	40 cm - 43 cm
Regular	44 cm - 47 cm
Long	48 cm - 51 cm

NOTE: Measure length along the lateral outer arm from the wrist to the axilla with a slight bend in the arm.

	cC Wrist	cE Elbow	cG Axilla
Small	14 - 18 cm	20 - 27 cm	22 - 31 cm
Medium	16 - 21 cm	25 - 34 cm	29 - 39 cm
Large	19 - 25 cm	30 - 40 cm	32 - 45 cm

Ordering Information

	Product Code	Size	Option	Colour
JOBST® FarrowWrap® Lite (20-30mmHg) Armpiece				**Long**
	76650-35	Small	Left	Tan
	76650-00	Small	Right	Tan
	76650-01	Medium	Left	Tan
	76650-02	Medium	Right	Tan
	76650-03	Large	Left	Tan
	76650-04	Large	Right	Tan
	76650-17	Small	Left	Black
	76650-18	Small	Right	Black
	76650-19	Medium	Left	Black
	76650-20	Medium	Right	Black
	76650-21	Large	Left	Black
	76650-22	Large	Right	Black
JOBST® FarrowWrap® Lite (20-30mmHg) Armpiece				**Regular**
	76650-05	Small	Left	Tan
	76650-06	Small	Right	Tan
	76650-07	Medium	Left	Tan
	76650-08	Medium	Right	Tan
	76650-09	Large	Left	Tan
	76650-10	Large	Right	Tan
	76650-23	Small	Left	Black
	76650-24	Small	Right	Black
	76650-25	Medium	Left	Black
	76650-26	Medium	Right	Black
	76650-27	Large	Left	Black
	76650-28	Large	Right	Black
JOBST® FarrowWrap® Lite (20-30mmHg) Armpiece				**Short**
	76650-11	Small	Left	Tan
	76650-12	Small	Right	Tan
	76650-13	Medium	Left	Tan
	76650-14	Medium	Right	Tan
	76650-15	Large	Left	Tan
	76650-16	Large	Right	Tan
	76650-29	Small	Left	Black
	76650-30	Small	Right	Black
	76650-31	Medium	Left	Black
	76650-32	Medium	Right	Black
	76650-33	Large	Left	Black
	76650-34	Large	Right	Black

FarrowWrap® FOOTPIECE APPLICATION TECHNIQUE

SCAN ME
for application video

Applicable for the following fabrics:

- JOBST® FarrowWrap® Lite
- JOBST® FarrowWrap® Strong
- JOBST® FarrowWrap® Classic



Apply a liner. Either the open toe Soft Liner (white) or the closed toe Liner (beige).

With the Soft Liner, ensure you extend the fabric past the toes distally and past the knee proximally to allow sufficient fabric to fold back over the wraps once they have been applied. Unwrap the Footpiece and lay it on the floor with the hole for the heel closest to you.



Place the foot on top of the Footpiece, resting the heel over the hole in the Footpiece.



To secure the foot, hold the Footpiece flap closest to the toes on each side and pull both sides over the top of the foot to the opposite side. Apply at or near end stretch with the VELCRO®.

Now apply the remaining flap (the one closest to the ankle) in the same manner.



After securing the forefoot, hold one side of the ankle band and pull it over the top of the mid-foot to the opposite side and secure it in place at or near end stretch.



Repeat the same step with the other half of the ankle band on the opposite side.

When removing the Footpiece, fold the VELCRO® over on itself and back on the same band.



Care instructions - Strong and Lite fabric: Machine wash in cold water with a mild detergent, lay flat to dry, do not iron, do not dry clean.

Care instructions - Classic fabric: Hand wash in cold water with mild detergent, lay flat to dry, do not iron, do not dry clean.

FarrowWrap® LEGPIECE APPLICATION TECHNIQUE

SCAN ME
for application video

Applicable for the following fabrics:

- JOBST® FarrowWrap® Lite
- JOBST® FarrowWrap® Strong
- JOBST® FarrowWrap® Classic



Apply a JOBST® Farrow liner and Footpiece if applicable.

Unwrap the Legpiece and lay the wrap on the floor behind your leg with the label side furthest back and facing up. The shortest bands will be closer to the foot.



Place the wrap with its spine positioned behind the leg starting from the ankle and finishing just below the knee.

Apply the top wrap as an anchor to hold the wrap in place. Then commence wrapping from the ankle up towards the knee.



Grab each side of the band closest to your ankle and pull forward wrapping the band around the lowest part of the leg at or near end stretch and affix with the VELCRO®. Undo the top band before applying the second last band to ensure the final band sits over the top. If wearing a Footpiece, the bottom band should overlap the Footpiece.



Repeat with each band moving up the leg, smoothing out any wrinkles as you go.

Try to ensure a 50% overlap between adjacent straps.

JOBST® FarrowWrap®
CARE GUIDELINES



Wash your wrap/s weekly or more often if you experience wound leakage and wash your liner every day.

Prior to any washing fold the Velcro tabs back on themselves. This prevents the build-up of fluff, keeping the tabs in good condition and easy to apply.

Hand Washing

- After folding the tabs on themselves, wash with warm water (30°C) and a mild soap or detergent.
- Roll firmly in a towel to remove excess water.

Washing Machine

- After folding the tabs on themselves, place your wraps in a laundry bag
- Wash at 30°C using a mild soap or detergent.

Drying Your Wraps

- Dry flat and leave in a warm or shady room.





Do not tumble dry



Do not bleach



Do not iron



Do not use softeners



Do not dry clean

Fibre Content

FABRIC/CCL	Nylon (Polyamide)	Spandex (Elastane)	Cotton	Polyester	Neoprene	Polyurethane
JOBST® FarrowWrap® LITE 20-30mmHg	82%	18%	-	-	-	-
JOBST® FarrowWrap® STRONG 30-40mmHg	82%	18%	-	-	-	-
JOBST® FarrowWrap® CLASSIC 30-40mmHg	32%	5%	47%	16%	-	-
JOBST® Farrow Non-compressive Closed Toe Liner	94%	6%	-	-	-	-
JOBST® FarrowWrap® Non-compressive Terry Cloth Liner	-	15%	85%	-	-	-
JOBST® FarrowHybrid® ADI 20-30mmHg	83%	17%	-	-	-	-
JOBST® Farrow Toe Cap	59%	41%	-	-	-	-
JOBST® Farrow GarmentGrip Roll	48%	5%	-	-	47%	-
JOBST® FarrowFoam Squares	-	-	-	-	-	100%



DEFY GRAVITY

JOBST®

JOBST® COMPRESSION

Compression Bandages

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Compression Bandages

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JOBST® COMPRILAN®
JOBST® COMPRILAN® S

100% Cotton Short-Stretch Compression Bandage

Comprilan® can be used for phlebology and lymphatic indications to support the muscle pump action and improve the haemodynamics of venous return. This short-stretch bandage provides high working pressure and low resting pressure. It is durable and extremely resistant for a cost-effective treatment with easy reapplication.

- Washable and re-usable up to 10 times
- Air permeable
- Bandage ends do not fray

INDICATIONS:

- Lymphoedema
- Venous ulcers
- Venous oedema
- Thrombophlebitis
- Post sclerotherapy

COMPRILAN®

Product Code	Size	Pack Quantity
01026-00	6 cm x 5 m	1 Roll
01027-00	8 cm x 5 m	1 Roll
01028-00	10 cm x 5 m	1 Roll
01029-00	12 cm x 5 m	1 Roll



COMPRILAN® S*

Product Code	Size	Pack Quantity
75078-00	6 cm x 5 m	10 Rolls
75079-00	8 cm x 5 m	10 Rolls
75080-00	10 cm x 5 m	10 Rolls
75081-00	12 cm x 5 m	10 Rolls



Compression dosage is dependent on the method of application.
* Comprilan S has no metal clips

JOBST® COMPRI2
JOBST® COMPRI2 LITE

Two-Layer Compression Bandage System

JOBST® Compri2 and Compri2 Lite have visible guidance tools to aid application and promote the correct compression. Two compression levels, ensuring the right level can be selected for both venous and mixed aetiology leg ulcers. Intended for single use with up to 7 day wear time.

- Short-stretch, graduated compression layer
- Soft, air permeable padding layer
- Bandage ends do not fray

INDICATIONS:

- Lymphoedema
- Venous leg ulcers

Type of Disease	Incidence	ABPI	Compression Level	
Venous	~ 60%	>0.8	30-40mmHg	JOBST® Compri2
Mixed aetiology	~ 20%	0.5-0.8	20-30mmHg	JOBST® Compri2 Lite
Arterial	~ 20%	<0.5	No compression	-

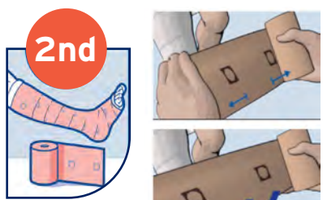




1st Layer

- Application around the heel becomes much easier because the bandage stretches and conforms
- Tearable to allow extra padding to be easily applied where necessary





2nd Layer

- A simple indicator to assist achieving the correct compression level every time
- The bandage can be adjusted during application



Product Code	Type	Compression Level	Size	Pack Quantity
76271-01	Compri2	30-40mmHg	10 cm x 7.5 m	1 Kit
76271-05	Compri2	30-40mmHg	10 cm x 7.5 m	6 Kits
76271-03	Compri2 Lite	20-30mmHg	10 cm x 7.5 m	1 Kit
76271-07	Compri2 Lite	20-30mmHg	10 cm x 7.5 m	6 Kits

Comprilan® and **Comprilan® S**
Upper Limb Application Technique



Before applying the bandages, ensure good skin care has taken place.



Measure the Protouch® Stockinette to be used as protection by measuring the length of the total arm from fingers to shoulder tip.



Apply the Protouch® Stockinette to the length of the arm, allowing a small hole for the thumb.



To bandage the fingers, start an anchor at the wrist with a gauze bandage.



Coming from the wrist, make approximately two turns around the finger with light tension before returning over the back of the hand. Ensure you leave the finger tips free.



Secure each finger bandage with an anchor around the back of the hand.



The completed finger bandages should be on the dorsum of the hand, leaving the palm free.



Pad the limb with Artiflex®, starting at the base of the metacarpal heads and leaving a hole for the thumb.



Bandage up the limb with 50% overlapping turns.



Additional padding may be added for extra protection.



Continue applying padding up the limb. It is recommended that a wider size padding is used beyond the forearm.



Continue the padding up to the armpit.

Product Code	Product	Width	Quantity
72026-02	Protouch® Stockinette	7.5 cm	1 Length
71961-01	Easifix® Bandage	2.5 cm	1 or 2 Rolls
73048-00	Artiflex® Soft	7.5 cm	1 or 2 Rolls
01026-00	Comprilan® (or Comprilan® S)	6 cm	1 Roll
01027-00	Comprilan® (or Comprilan® S)	8 cm	1 or 2 Rolls
01028-00	Comprilan® (or Comprilan® S)	10 cm	1 or 2 Rolls



Start the 6 cm Comprilan® compression bandaging with an anchor at the wrist.



The turns run from the back of the hand to the palm, returning to the back of the hand.



After one turn across the middle phalanx of the thumb, hold the edge of the bandage down.



To prevent pocketing between the thumb and index finger, press down the edge of the previous turn.



Repeat this turn once more.



After two turns around the hand, the first Comprilan® bandage should end two figures of eight just behind the wrist.



The patient presses a clenched fist against the therapist's abdomen and tenses their muscles. 8 cm Comprilan® is started from the wrist.



Run in long figures of eight or spirals, using 50% overlap, up to the elbow.



Start a new 10 cm Comprilan® and commencing in the opposite direction, in figures of eight or spirals, wrap up the limb, over the elbow and up to the upper arm.



Secure the end of the bandage with adhesive tape and roll over the Protouch® Stockinette for protection.



Ensure there are no gaps in the bandages to ensure no fluid accumulates in any area not compressed with bandage.

© 2000 Beiersdorf AG Hamburg. Excerpt from the book prepared for publication "Compression therapy – healing with pressure" by Peter D. Asmussen and Brigitte Söllner. Bandaging technique of the Földi-Klinik, Klinik für Lymphologie, D-79856 Hinterzarten, Therapist: Heinz Thoma.

Comprilan® and **Comprilan® S**
Lower Limb Application Technique

Product Code	Product	Width	Quantity
73048-01	Artiflex® Soft	10 cm	1 or 2 Rolls
01027-00	Comprilan®	10 cm	1 Roll



Apply Artiflex® padding from the base of toes to tibial plateau in a spiral configuration. The layers assist in absorbing exudate and to correct any distortions of the natural contours of the leg.



Commence 10 cm Comprilan® compression bandage at the base of the toes, working from inside to outside, with the barrel of the bandage facing upwards.



Keep the tail of the bandage short and apply firmly over the dorsum of the foot maintaining an even tension without overstretching.



Bandage twice around the foot.



Wind bandage over top of foot, cover outside ankle, inside ankle and return back over top of foot and wind under heel.



Instructions as per step 5.



Wrap bandage around inside ankle to outside ankle joint. Ensure heel flap from first bandage is covered.



Continue to wind bandage in a spiral configuration to base of the tibial plateau or two finger width below the knee.



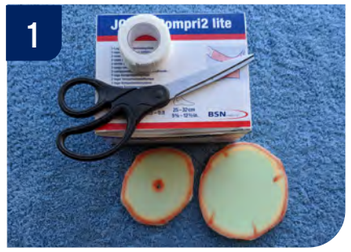
The bandage is applied in a spiral configuration with a 50% stretch and 50% overlap.



Secure bandage with clips or tape e.g. Leukopor® or Leukoplast®. Any excess bandage is placed down the leg without compression.



Compri2 Lite
Upper Limb Application Technique



Equipment

Set up with the required equipment (foam is optional to protect bony prominences).

Always include the fingers for an upper limb application. Skin care and wound care first (if applicable).



Fingers

Loose anchor at wrist and then wrap towards the thumb starting distally then going to the proximal base of the thumb.

Finger bandage – Handy® Gauze Cohesive 2.5 cm.



Wrap towards the thenar eminence rather than "around the wrist".



Continue with each finger until each has been individually bandaged.



Finish with "Opera House" pattern.



Compri2 Padding Layer

Measure where to cut thumb hole.



Tuck thumb away first for safety by making a fist and cut a small hole.



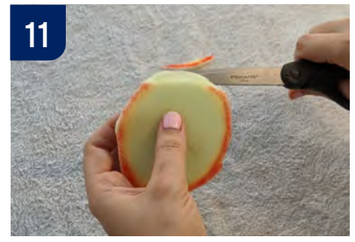
Slip the thumb through the opening of the padding. After padding the dorsum of hand, continue to pad the wrist before moving up the limb.



50% overlap up the limb. The area should not be "see through".



Trim excess.



Foam

Trim edges.



Apply foam as an option to ensure protection of the thumb web space.

Product Code	Product	Size	Pack Quantity
76271-03	Compri2 Lite	10 cm x 7.5 m	1 Kit
76271-07	Compri2 Lite	10 cm x 7.5 m	6 Kits
92557-00	Handy® Gauze Cohesive	2.5 cm x 2 m	2 Rolls

13



Compri2 Compression Layer: Hand

Cut a piece of the compression layer that is approximately 8 indicator squares long. Cut to one indicator square from one end.

14



Cut from the opposite end lengthwise, leaving a 2 cm region uncut.

15



Drape over the hand. Apply the first "strap" over the dorsum of the hand.

16



Drape and apply the more distal strap first, followed by the more proximal strap second.

17



Use the second strap over the dorsum and the thenar eminence area. Wrap in a figure 8 pattern to encompass the base of the thumb.

18



Once the hand has been encompassed, continue up to the wrist.

19



Apply a second layer to ensure optimal stiffness is created over the dorsum of the hand.

20



The individual length should be able to complete two rotations around the hand.

21



COmpri2 Compression Layer: Arm

Overlap hand compression with a loose anchor. Compress up the limb.

22



To achieve correct pressure, pull from oval to square on the pressure indicator.

23



Maintain the correct tension during application to ensure even compression.

24



Insert elbow pad (optional).

25



Elbow pad is recommended especially for the first application.

26



Finish two fingers from the axillary fold.

27



Test function and comfort and provide safety warnings.

SCAN ME
for application video



Compri2 and **Compri2 Lite**
Lower Limb Application Technique



Apply toe bandaging if toe or significant dorsal foot oedema is present (for lymphoedema patients).



Apply the compression padding with the foot at an angle of 90 degrees. Start by wrapping it around the foot, starting at the base of the toes. Continue wrapping it around the foot, overlapping the padding on the back of the foot so that half of its width covers the ankle.



The next turn of the bandage goes over the heel. If necessary, prominent points on the leg can be additionally padded with cut-offs of the padding.



Continue bandaging as far as the knee and ensure 50% overlapping.

The padding should fit the shape of the limb with minimal stretching.



Remove excess material and press the end of the padding on lightly.



An indicator on the compression bandage helps to ensure correct tension by changing from an oval to a circle when correct tension is applied.



Start by wrapping it around the foot at the base of the toes.



Pass it around the ankle in two or three figure of eight, ensuring the heel is completely covered. Ensure the foot is kept at 90 degrees.



Continue wrapping the compression bandage around the lower leg, overlapping by at least 50%, keeping the bandage under even tension. The indicator on the bandage will be a circle when the correct tension is applied.



Cut off excess bandage material and press the compression bandage on lightly. This will ensure the bandage adheres well to itself and to the padding.

Product Code	Product	Size	Pack Quantity
76271-03	Compri2 Lite	10 cm x 7.5 m	1 Kit
76271-07	Compri2 Lite	10 cm x 7.5 m	6 Kits
76271-01	Compri2	10 cm x 7.5 m	1 Kit
76271-05	Compri2	10 cm x 7.5 m	6 Kits
92557-00	Handy® Gauze Cohesive	2.5 cm x 2 m	2 Rolls

Fibre Content

FABRIC/CCL	Cotton	Nylon (Polyamide)	Polyurethane	Polyester Fibre	Polyester Foam	Non-latex Natural Rubber
JOBST® Comprilan® / Comprilan® S	>98%	<1%	<1%	-	-	-
JOBST® Compri2 / Compri2 Lite: Layer One support fabric 1.5mm thickness	-	-	-	100%	-	-
JOBST® Compri2 / Compri2 Lite: Layer One coating 0.3mm thickness	-	-	-	-	100%	-
JOBST® Compri2 / Compri2 Lite: Layer Two support fabric	92%	<1%	<1%	-	-	-
JOBST® Compri2 / Compri2 Lite: Layer Two coating	-	-	-	-	-	6%



DEFY GRAVITY

JOBST®

JOBST® COMPRESSION

Head & Chest Garments

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Head and Chest Garments

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JOVIPAK **HEAD AND NECK COMPRESSION GARMENTS** 187



BELLISSE® **BRA** AND **PADS**





BELLISSE®

Bellisse® is a medical compression garment that facilitates drainage of excess lymphatic fluid in the chest and breast area following breast cancer and other chest or truncal surgeries.

Colour

Buff

Fabric

Polyester/Nylon/
Spandex

The benefits of the Bellisse® Bra include:

1. Gentle compression of the torso while directing the excess lymphatic load to alternate functional pathways.
2. Simplified use of specialty pads to address specific areas of breast and/or chest wall oedema and/or fibrosis.
3. A large range of sizes, with unprecedented adjustability: a front zipper for ease of donning and a variable position back closure, allowing for optimal fit.
4. The unique, non-restrictive design is comfortable, day and night, and aids in pain reduction and swelling following surgery.

Product Code	Product Description and Size
76125-29	Bellisse Compression Bra Size 30 A/B Buff
76125-30	Bellisse Compression Bra Size 30 C/D Buff
76125-31	Bellisse Compression Bra Size 32 A/B Buff
76125-32	Bellisse Compression Bra Size 32 C/D Buff
76125-33	Bellisse Compression Bra Size 32 DD/E Buff
76125-34	Bellisse Compression Bra Size 34 A/B Buff
76125-35	Bellisse Compression Bra Size 34 C/D Buff
76125-36	Bellisse Compression Bra Size 34 DD/E Buff
76125-37	Bellisse Compression Bra Size 36 A/B Buff
76125-38	Bellisse Compression Bra Size 36 C/D Buff
76125-39	Bellisse Compression Bra Size 36 DD/E Buff
76125-40	Bellisse Compression Bra Size 38 A/B Buff
76125-41	Bellisse Compression Bra Size 38 C/D Buff
76125-42	Bellisse Compression Bra Size 38 DD/E Buff
76125-43	Bellisse Compression Bra Size 40 A/B Buff
76125-44	Bellisse Compression Bra Size 40 C/D Buff

Product Code	Product Description and Size
76125-45	Bellisse Compression Bra Size 40 DD/E Buff
76125-46	Bellisse Compression Bra Size 42 A/B Buff
76125-47	Bellisse Compression Bra Size 42 C/D Buff
76125-48	Bellisse Compression Bra Size 42 DD/E Buff
76125-49	Bellisse Compression Bra Size 44 A/B Buff
76125-50	Bellisse Compression Bra Size 44 C/D Buff
76125-51	Bellisse Compression Bra Size 44 DD/E Buff
76125-52	Bellisse Compression Bra Size 46 A/B Buff
76125-53	Bellisse Compression Bra Size 46 C/D Buff
76125-54	Bellisse Compression Bra Size 46 DD/E Buff
76125-55	Bellisse Compression Bra Size 48 A/B Buff
76125-56	Bellisse Compression Bra Size 48 C/D Buff
76125-57	Bellisse Compression Bra Size 48 DD/E Buff
76125-58	Bellisse Compression Bra Size 50 C/D Buff
76125-59	Bellisse Compression Bra Size 50 DD/E Buff

Bellisse® Size Chart

To determine your patient's band size:

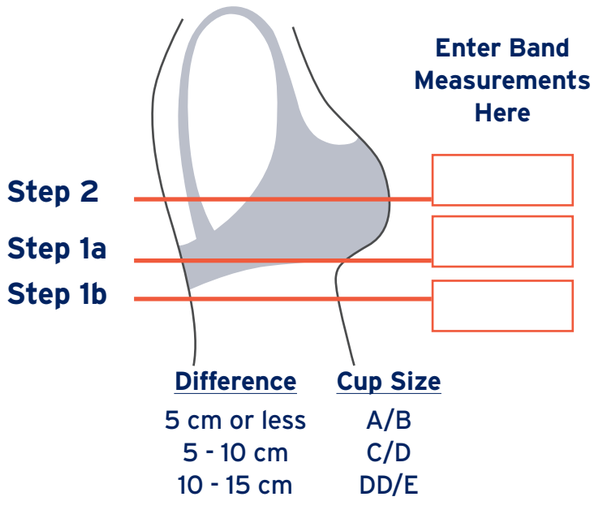
1a. Measure circumferentially below the bust where a regular bra finishes.

1b. Drop the tape 5 – 7 cm below this point and measure around the bottom of the rib cage. Use the larger of the two rib cage measurements for your patient's band size. Round odd numbers up.

To determine your patient's cup size:

2. Measure circumferentially around the fullest part of the bust.
3. Subtract largest ribcage measurement from the bust measurement to determine cup size.
   a. If the difference is 5 cm or less between 1 and 2, select cup size A/B.
   b. If the difference is 5 – 10 cm between 1 and 2, select cup size C/D.
   c. If the difference is 10 – 15 cm between 1 and 2, select cup size DD/E.
   d. If the difference is more than 15 cm, then go up one band size.

Size	Centimetres
30	76.3
32	81.3
34	86.4
36	91.4
38	96.5
40	101.6
42	106.7
44	111.8
46	116.8
48	121.9
50	127



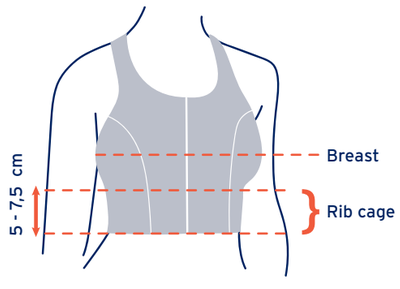
If more than 15 cm, go up one band size

Bellisse Size:



TIPS FOR GETTING THE **BEST FIT** WITH BELLISSE® – EXCLUSIVELY BY **JOBST®**

Bellisse® is unlike a conventional bra in that it is designed to contain total chest wall tissue



Measuring

1. Measure the circumference of the fullest part of the **breasts.**
2. Measure the largest **rib cage** circumference to determine band size.
3. **Cup size** is determined by the **difference between** these above two measurements (not by the patients traditional cup size).

Did you know?
A size 34 C/D is the same volume as a size 36 A/B!

Tips & tricks

- ☑ Take measurements **with a contour** and over a prosthesis or pads. It may be helpful to measure with the patient wearing an existing bra or supported with their hands to ensure breast is in the correct position.
- ☑ Select a size which **maximizes surface** area over the torso.
- ☑ Alter cup and band size according to shape to ensure chest wall volume is represented and compressed in the right location:

  Larger breast + smaller back/trunk → **bigger cup** + smaller band width.

  Smaller breast + larger back/trunk → **smaller cup** + larger band width.



THE **EYE HOOKS** CAN BE UTILIZED TO ACHIEVE A BETTER FIT

Fitting tips

Larger breast & smaller trunk

Try the **V shaped** fit:
- Loosen top
- Tighten bottom eye hooks

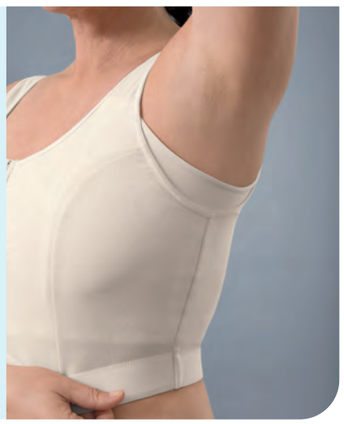


Smaller breast & larger trunk

Try the **upside-down V shaped** fit:
- Tighten top
- Loosen bottom eye hooks
  (leave last two rows undone completely)



- The bra should not move when lifting arms in the air.
- The axilla gusset should sit 2 finger widths below the axilla.
- Breathing should not be restricted, and two fingers should be comfortably able to be inserted under the band and shoulder straps.
- The band should sit between the belly button and base of rib cage.

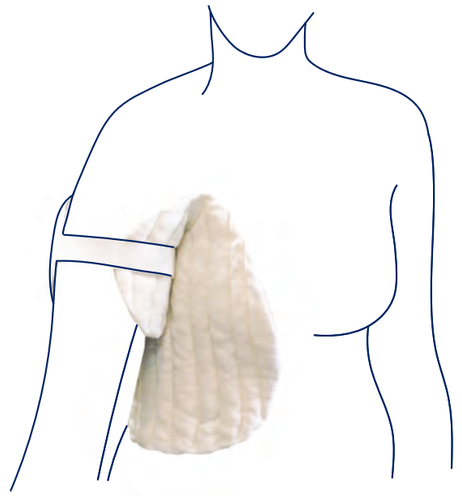


Because a **hug** should never hurt

When do you **need** to add a breast pad?

Breast pads are important when there is pitting oedema (when finger pressure leaves a lingering indentation in the skin) and/or fibrosis (stiffness or scarring) resulting from surgery or radiation.

Both conditions impede the natural flow of fluid and contribute to chronic swelling in the breast or chest wall.



AXILLA PAD

The **Axilla Pad** was created in response to a request by a breast surgeon looking for a "tapeless solution" immediately following axillary node dissection. The flat pad is placed against the chest wall and held in place by the **Bellisse**®.

Colour

Buff

Fabric

Polyester with elastic band



The size is determined by the measurement around the widest part of the biceps: 30 - 38 cm or 38 - 46 cm

Product Code	Size
75925-02	Axilla Pad 30 - 38 cm Small / Medium Buff
75925-03	Axilla Pad 38 - 46 cm Large / XLarge Buff



LATERAL PAD

The **Lateral Pad** fits into the inside pocket of the **Bellisse®** or other compression garment. It is ideal for softening fibrotic areas on the lateral breast.

Colour

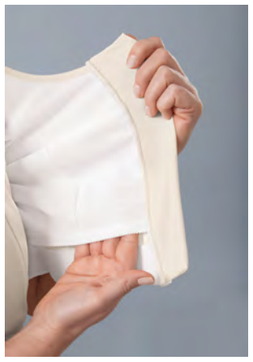
Buff

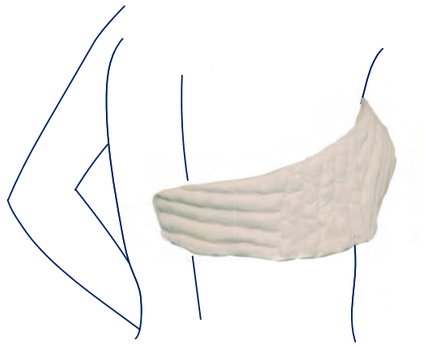
Fabric

Polyester



Product Code	Size
76166-03	Lateral Pad Small Buff
76166-04	Lateral Pad Medium Buff
76166-05	Lateral Pad Large Buff





POST-LUMPECTOMY PAD

The **Post-Lumpectomy Pad** features a posterior extension that addresses swelling and/or radiation fibrosis over the affected breast and serratus anterior. This pad covers the affected breast completely and extends to the spine.

Colour

Buff

Fabric

Polyester



Product Code	Size
75931-04	Post Lumpectomy Pad A/B Cup Small Buff
75931-05	Post Lumpectomy Pad C Cup Medium Buff
75931-06	Post Lumpectomy Pad D/DD Cup Large Buff
75931-07	Post Lumpectomy Pad E Cup XLarge Buff



JOVIPAK® **HEAD** AND **NECK** COMPRESSION GARMENTS

With **over 70 years of expertise** in compression therapy and its **patient-centred** philosophy, JOBST® products are the **gold standard** in lymphoedema management

With the integration of **JoViPak®** products into the JOBST® portfolio, Essity is providing additional effective 'tools' to help patients live their lives as independently as possible.

JoViPak® products utilise four different densities of chipped foam to apply gentle pressure to the tissue, creating regional channelling of high and low pressure areas. This effectively helps push oedema and lymph fluid into areas of least resistance along the channels and toward functioning lymphatic drainage areas of the body, a technology **JoViPak®** calls Continuous Flow Channelling.

Studies on burn patients have shown how fibrosis from excess collagen can occur after tissue injury and inflammation, and how slow and prolonged stress on these fibres can help elongate and soften the collagen, allowing for a softening of the fibrotic tissue and improved evacuation of fluid from the congested area. Chipped foam garments and compression may work in a similar way to help break up fibrotic areas.

JOVIPAK® **HEAD** AND **NECK** COMPRESSION GARMENTS

Treatment for head and neck cancer may result in lymphoedema, which can be a lifelong challenge for patients and therapists. Skilled treatment by qualified professionals is required to successfully decrease symptoms and prevent complications. JoViPak has specially designed a range of compression garments for this condition.

These garments are well accepted by therapists and are highly tolerated by patients.

The unique feature of these garments is the highly resilient shredded foam which creates high and low pressure points in the skin and underlying tissue. Continuous flow channelling guides excess fluid away from congested areas and into functional lymphatic transport vessels.

Every garment is adjustable, washable, re-usable, and easy to apply.

All garments are Ready-to-Wear.



CHIN STRAP - STANDARD

The **Chin Strap - Standard** is designed to address oedema of the neck, mandible and the anterior/lateral aspects of the face (partially covers the ears). The open neck seam accommodates a choice of padding. The Velcro® straps at the neck and top of head can be adjusted to patient's comfort level, making the garment suitable for overnight wear.

Colour

Buff

Fabric

Organic Cotton
& Spandex

Note: this garment does not have any padding. JOBST® JoViPak® recommends a **Neck Pad - Universal** with this product for maximum effectiveness.



NECK PAD - UNIVERSAL

The Neck Pad - Universal is designed to be used with the **Chin Strap - Standard**, addressing bilateral head & neck oedema where there is swelling of the neck in front of the ear(s).

Colour

Buff

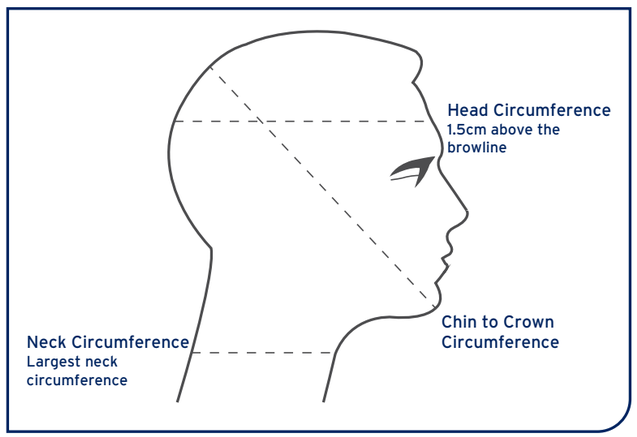
Fabric

Organic Cotton
& Spandex

Product Code	Size
76133-00	Chin Strap Standard Small Size Ivory
76133-01	Chin Strap Standard Medium Size Ivory
76133-02	Chin Strap Standard Large Size Ivory
76133-03	Chin Strap Standard XLarge Size Ivory
76133-04	Chin Strap Standard XXLarge Size Ivory
77610-00	Neck Pad Universal Shape Small/ Medium Ivory
77610-01	Neck Pad Universal Shape Large/ XLarge Ivory

Chin Strap Size Chart

Size	Head Circumference	Neck Circumference	Chin to Crown Circumference
Small	53.3 - 55.9 cm	28 - 33 cm	60 - 63.5 cm
Medium	55.9 - 58.4 cm	33 - 38.1 cm	63.5 - 67.5 cm
Large	58.4 - 61 cm	38.1 - 43.2 cm	67.5 - 71 cm
XLarge	61 - 63.5 cm	43.2 - 48.3 cm	71 - 75 cm
XXLarge	63.5 - 66 cm	48.3 - 52.1 cm	75 - 78.5 cm



Fibre Content

PRODUCT	Polyester Fibre	Spandex (Elastane)	Nylon (Polyamide)	Polyurethane	Organic Cotton
Bellisse® Breast and Chest Wall Compression Garment - Body	79%	21%	-	-	-
Bellisse® Breast and Chest Wall Compression Garment - Lining	-	32%	68%	-	-
JOBST® JoViPad Axilla / Lateral / Post-Lumpectomy Fabric	100%	-	-	-	-
JOBST® JoViPad Axilla / Lateral / Post-Lumpectomy Filling	-	-	-	100%	-
JOBST® JoViPak® Chin Strap	-	9%	-	-	91%
JOBST® JoViPad Neck Fabric	-	9%	-	-	91%
JOBST® JoViPad Neck Filling	-	-	-	100%	