

THE REVOLUTIONARY NEW COMPRESSION GARMENT

JOBST Relax is designed to complement lymphoedema management during the day and offers an alternative to night-time compression solutions such as compression bandages. **JOBST Relax** provides the oedema control patients need, both at night-time and during periods of relaxation, combined with the look and comfort that patients want. It is intended for mild to severe lymphoedema patients in the maintenance phase, who are looking for a garment that will better suit their lifestyle.

JOBST RELAX IS COMFORTABLE, AESTHETICALLY PLEASING AND CLINICALLY EFFECTIVE

A unique experience with **outstanding patient feedback** is what matters to us. This is why we conducted a patients satisfaction survey⁴ to learn what PATIENTS had to say about **JOBST Relax**:

“I think it's great,
I really like it!”

“It was very comfortable to
wear and awesome!”

“I feel like it's keeping my
lymphoedema at bay, my
arm, my swelling down.”

“It just feels like
it's doing its job.”



JOBST RELAX PRODUCT ASSORTMENT

Compression class	AG1 Armsleeve with gauntlet	CG1 Armsleeve	AD Knee High	AG Thigh High
CCL 1 (15-20mmHg)	●	●	●	●
CCL 2 (20-30mmHg)			●	●
Colour				
Beige	○	○	○	○
Rose	○	○	○	○



The **integrated zipper option**, with puller, facilitates easy donning and doffing and the fabric underneath the zipper protects the skin.



Packaged in its own **satin drawstring bag**, along with easy to follow instructions for use, to offer protection and storage of the garment and to aid self-management.



Lower limb garments have an integrated and durable anti-slip velour pad on the sole to prevent slipping and sliding.

HOW TO ORDER

Complete a JOBST Relax order form, measuring in the same way as for a JOBST® Elvarex® compression garment. Select the garment required, tick the appropriate boxes for the compression class, quantity, colour and zipper if required. Ensure all applicable measurement boxes are completed. Fax your order form to our Customer Service team or order using JOBST ONLINE, our fast, easy and efficient ordering system for JOBST compression garments.

Call: 0845 122 3600 • Direct fax: 0845 122 3450 • E-mail: compression.uk@bsnmedical.com

Source

¹ Hibbard, J.H. and Greene, J. (2013) 'What the evidence show about patient activation: Better health outcomes and care experiences; fewer data on costs', Health Affairs, 32 (2), pp. 207 – 214.
² Whitaker, J (2016) 'Lymphoedema Management at Night: Views from Lymphoedema Patients across 5 Countries'; Wounds UK 2016; Poster
³ Whitaker, J (2016) 'Lymphoedema Management at Night: views from patients across five countries', British Journal of Community Nursing, 21 (Sup10) pp. S22-S30
⁴ BSN medical Satisfaction Survey, USA, 2016. Data on file.

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BSNmedical

JOBST[®]
Comfort, Health and Style!

JOBST[®] RELAX
MORE THAN JUST A GOOD NIGHT'S SLEEP



THERAPIES. HAND IN HAND.

BSNmedical

DESIGNED TO MEET PATIENT’S NEEDS

Lymphoedema management can be challenging and requires special attention – right around the clock. Here at **BSN medical** we offer **holistic treatment concepts** that support successful therapies, with a focus on lymphoedema patients and the medical professionals responsible for their care.

Patient self-management is required to enable a continuous management of lymphoedema in today's multi-faceted approach¹. The use of compression therapy to manage lymphoedema is well acknowledged but there is limited published information relating to compression therapy usage and outcomes during periods of rest or at night².

We have spent time with patients and seen first-hand how challenging daily treatment can be. Even when receiving optimised treatment during the day, patients may still experience swelling and fluctuating oedema at night. We conducted a **patient survey**³ on **94 lymphoedema patients** from five different countries, asking them about their oedema at night and how it affected their lives.

SOME OF THE SPONTANEOUS RESPONSES RECEIVED FROM PATIENTS

“ ... it is a nuisance at night – more than anything. ”

“ ... the night is the worst – it [my arm] is heavy and just does not feel part of me. ”

“ ... that pain pretty much every night - it usually wakes me and I have to get up and move around. ”

BENEFITS OF COMPRESSION AT NIGHT

Night-time compression can provide comfort and a reassuring sense of being in control. It might offer benefits which can even be felt the next day. Patients in the study using night-time compression reported benefits of reduced swelling, improved pain management and better sleep with an increase in swelling documented in 89% of all patients when night-time compression was **not** used³. However, current solutions are often uncomfortable to wear, because they are too warm, too constricting or cause itching³. This may result in poor quality of sleep for patients, and alongside the difficulties in donning, this is likely to have a negative impact on patient compliance.

This is why we asked patients: **“If you could change something about night-time compression products, what would it be?”**. From their answers, we understand they are looking for a **solution** that provides:

- Greater wearing **comfort**
- Easier **handling**
- More attractive **design**

...**JOBST Relax** is the answer.

JOBST RELAX THE PREMIUM COMPRESSION GARMENT FOR...

Monofilament spacer layer

- Provides cushioning
 - ▶ Comfortable to wear
 - ▶ Adapts to most sleeping positions

Textured surface

- Creates a micro-massage effect
 - ▶ Stimulation of lymph flow
- Luxurious feel
 - ▶ More aesthetically pleasing

Custom-fit, flat-knit technology

- Provides consistent gradient compression
 - ▶ Constriction free sleep
 - ▶ Helps prevents swelling at night
- Anatomically shaped
 - ▶ Stays in place
 - ▶ Aids donning and doffing

COOLMAX

Coolmax® yarns and advanced knitting technique

- Offers increased breathability and moisture management
 - ▶ Cooling effect
 - ▶ Comfortable feeling on the skin
 - ▶ Improved fit and drying time
 - ▶ Easy to care for

Low-profile material

- Slimline, lightweight and flexible material
 - ▶ Encourages air flow for higher wearing comfort
 - ▶ Can be folded to fit within satin bag
 - ▶ Modern design

JOBST Relax compression garments are backed up by our 6-month guarantee against garment failure due to manufacturing or material defect.

COOLMAX® is a registered trademark of INVISTA

MORE THAN JUST A GOOD NIGHT’S SLEEP

SLIMLINE, LIGHTWEIGHT AND FLEXIBLE DESIGN MAKES JOBST RELAX IDEAL FOR RELAXING BEFORE BEDTIME

Relax and sleep

Anatomically shaped for a comfortable fit

Freedom to live life

Freedom of movement to accommodate the patient's lifestyle

Comfort and care

Coolmax® and Lycra® fibres provide an improved fit and drying times

Patient independence

Easy to fold and fits comfortably into an overnight bag

