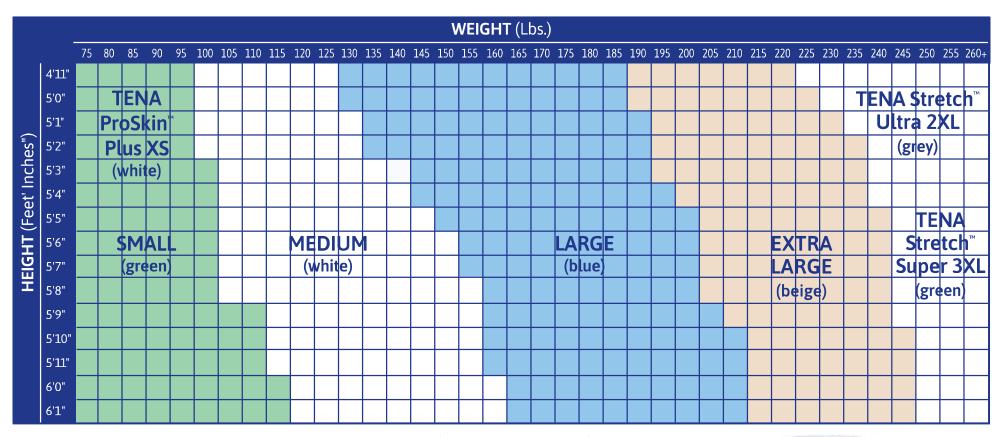


## **TENA®** Briefs Size-Wise Chart

Use this quick & easy reference guide to determine the appropriate TENA® Brief size.



See reverse for additional sizing information

Please note: this tool serves as a guideline only.

Due to differing body shapes, brief sizes may be different than sizing indicated in range.

Please reference the methods indicated in the TENA Procedure Manual.

# OR SECULOR CONTROL

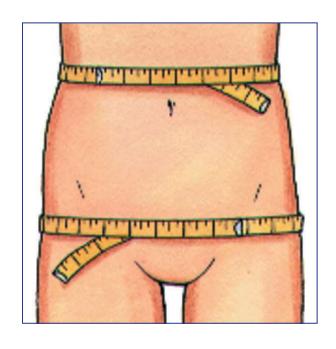
#### BETTER CARE FOR EVERYONE



# **TENA®** Brief Sizing Instructions

To determine the accurate size, measure the wearer's waist or hips (whichever is larger). You will generally find that women have larger hips while men have larger waists.

The size of the brief is printed along the length of the wetness indicator.



### Sizes Fits Waist/Hips

XS (white) 17" - 29" / 43 - 74cm

Small (green) 22" - 36" / 56 - 91cm

Medium (white) 34" - 47" / 86 - 119cm

Large (blue) 48" - 59" / 122 - 150cm

Extra Large (beige) 60" - 64" / 152 - 163cm

For the sizing needs of larger individuals, we also offer:

Stretch Ultra 2XL (grey) 64" - 70" / 163 - 178cm Stretch Super 3XL (green) 69" - 96" / 175 - 244cm

**Questions? Contact us:** 

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