

# JOBST<sup>®</sup> COMPRESSION Lower Limb Compression Garments

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Lower Limb Compression Garments

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## WHAT TYPE OF COMPRESSION DOES MY PATIENT NEED?

#### 1

#### Select the required compression

#### CCL 1: 15-20 mmHg

- Tired aching legs
- Minor ankle, leg and foot swelling
- Minor varicoses during pregnancy
- Long distance travel

#### CCL 2: 20-30 mmHg

- Tired aching legs
- Moderate to severe varicoses during pregnancy
- Post vein surgery/post sclerotherapy
- Moderate tendency of oedema
- Superficial thrombophlebitis
- Helps prevent recurrence of ulcerations

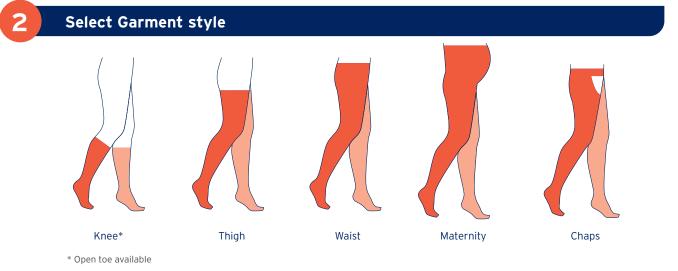
#### CCL 3: 30-40 mmHg

- Severe varicose veins
- Lymphatic oedema
- Post vein surgery/post sclerotherapy
- Venous ulcers
- Manages manifestations of Post Thrombotic Syndrome (PTS), Chronic Venous Insufficiency CVI/CVD
- Aids in prevention of thrombotic syndrome

JOBST® Medical LegWear should not be worn and is contraindicated for the following conditions:

- Ischemia (eg. Advanced arterial disease)\*
- Uncontrolled congestive heart failure
- Untreated septic phlebitis
- Phlegmasia cerulea dolens

\*As part of a comprehensive assessment, a Doppler Ultrasound is used in the vascular screening process to clarify the vascular aetiology. A hand-held Doppler will assist in determining the degree, if any, of arterial disease. Using the Doppler the Ankle/Brachial Index (ABPI) can be calculated.



Some considerations when selecting the most appropriate style for your patient:

- Indication being treated/managed
- Lifestyle, mobility and age
- Ability to don and tolerate level of compression

- Skin Integrity
- Open toe or closed toe requirements
- Maternity Style only available in JOBST<sup>®</sup> UltraSheer

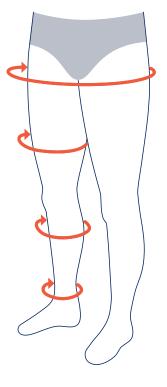
#### Measure for JOBST<sup>®</sup> Medical LegWear

#### Measuring positions

#### cH - Hip

З

Circumference at largest dimension around buttocks	сН
<b>cG - Thigh</b> Circumference at largest dimension	cG
<b>cC - Calf</b> Circumference at largest dimension	cC
<b>cB - Ankle</b> Circumference at smallest dimension	сВ



#### Provide the following measurements

Knee High - cB & cC Thigh High - cB, cC & cG Waist high - cB, cG & cH

**NOTE** Each leg is measured independently and measure in the early morning when possible as swelling often increases later in the day.

Style	Measurement		S	М	L	L Full Calf	XL	XL Full Calf
	Ankle		18 - 21 cm	21 - 25 cm	25 - 29 cm	25 - 30 cm	29 - 33 cm	30 - 36 cm
SEX	Calf		28 - 38 cm	30 - 42 cm	32 - 46 cm	46 - 61 cm	34 - 50 cm	46 - 61 cm
UNISEX	Thigh		40 - 62 cm	46 - 70 cm	54 - 78 cm		60 - 81 cm	
	Hip		71 - 117 cm	76 - 127 cm	81 - 137 cm		102 - 166 cm	
≥	Ankle		18 - 21 cm	21 - 25 cm	25 - 29 cm		29 - 33 cm	
MATERNITY	Thigh		40 - 62 cm	46 - 70 cm	54 - 78 cm		60 - 81 cm	
MA	Нір		81 - 132 cm	86 - 142 cm	91 - 152 cm		112 - 180 cm	

UltraSheer: Petite Knee High Length 34 - 39 cm, Regular Knee High Length 39 - 45 cm

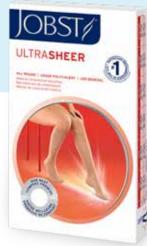
**JOBST**/

## JOBST<sup>®</sup> ULTRASHEER Circular Knit Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Medical compression stockings to help manage specific venous and lymphatic conditions
- Fine high quality yarns with an open mesh like knitting structure allows air to pass for greater breathability
- Excellent moisture wicking for better patient compliance
- Shimmering appearance for a glossy, stylish look
- Silicone top bands that grip in style
- Maternity style: Elastic SoftFlex Zone adapts to the growing belly







Sizing & Compression Classes									
CCL 1: 15-2	20 mmHq								Transparent Allows air to pass
CCL 2: 20	-30 mm⊦	lg	$\sum \sum$						For a glossy look
CCL 3: 30	-40 mm⊦	lg		<b>(</b> )				<	
								5	
Name	S	S	М	М	L	L	XL	XL	- Colour
and Style	Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe	Closed Toe	- Colour
	75165-30	75165-25	75166-30	75166-25	75167-30	75167-25	75168-30	75168-25	Natural Regular
		75408-02		75409-02		75410-02		75415-02	Natural Petite
		75165-04		75166-04		75167-04		75168-04	Black
		73633-00		73633-01		73633-02		73633-03	Diamond Pattern Black
UltraSheer Stockings		75201-19		75202-19		75203-19		75204-19	Natural Regular
Knee High		75435-02		75436-02		75437-02		75438-02	Natural Petite
		75201-04		75202-04		75203-04		75204-04	Black
		73634-00		73634-01		73634-02		73634-03	Diamond Pattern Black
		75241-21		75242-21		75243-21		75244-21	Natural
	_	75241-04		75242-04		75243-04		75244-04	Black
		75169-22		75170-22		75171-22		75172-22	Natural
		75169-04		75170-04		75171-04		75172-04	Black
		73635-00		73635-01		73635-02		73635-03	Diamond Pattern Black
UltraSheer Stockings		75205-23		75206-23		75207-23		75208-23	Natural
Thigh High		75205-04		75206-04		75207-04		75208-04	Black
		73636-00		73636-01		73636-02		73636-03	Diamond Pattern Black
		75245-20		75246-20		75247-20		75248-20	Natural
		75245-04		75246-04		75247-04		75248-04	Black
		77686-12		77686-13		77686-14			Natural
UltraSheer		77686-04		77686-05		77686-06		77686-07	Black
SENSITIVE Stockings		77687-12		77687-13		77687-14		77687-15	Natural
Thigh High		77687-04		77687-05		77687-06			Black
		77688-12		77688-13		77688-14		77688-15	Natural
	_	77688-04		77688-05		77688-06		77688-07	-
		75173-12		75174-12		75175-12		75176-12	Natural
		75173-04		75174-04		75175-04		75176-04	-
		73637-00		73637-01		73637-02			Diamond Pattern Black
UltraSheer Stockings		75209-13		75210-13		75211-13		75212-13	Natural
Waist High		75209-04		75210-04		75211-04			-
		73638-00		73638-01		73638-02			<ul> <li>Diamond Pattern Black</li> </ul>
		75249-13		75250-13		75251-13		75252-13	Natural
		75249-04		75250-04		75251-04		75252-04	-
UltraSheer		75177-04		75178-04		75179-04			<ul> <li>Natural</li> </ul>
Stockings		75177-01		75178-01		75179-01		75180-01	Black
Maternity		75213-06		75214-06		75215-06			<ul> <li>Natural</li> </ul>
		75213-03		75214-03		75215-03			Black

## JOBST<sup>®</sup> FORMEN Circular knit Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- A unique knit structure
- Ribbed design offers a fashionable men's look dress sock
- JOBST<sup>®</sup> forMen offers therapy and style with unparalleled comfort and durability





#### Sizing & Compression Classes

CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg

CCL 3: 30-40 mmHg



For longterm use

Helps to keep feet fresh



Helps to keep

feet dry

Length	S	М	L	XL	Colour
	Closed Toe	Closed Toe	Closed Toe	Closed Toe	
Knee High	75253-01	75254-01	75255-01	75256-01	Black
Thigh High	75285-00	75286-00	75287-00	75288-00	Black
Knee High	75257-01	75258-01	75259-01	75260-01	Black
Thigh High	75261-00	75262-00	75263-00	75264-00	Black
Knee High	75265-01	75266-01	75267-01	75268-01	Black
Thigh High	75269-00	75270-00	75271-00	75272-00	Black

## JOBST<sup>®</sup> FORMEN CASUAL Circular knit Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- A soft, contemporary, relaxed design offering graduated compression
- Dri-release technology delivers superior moisture wicking technology to keep feet dry and cool
- With its reinforced heel and strong yarns, JOBST<sup>®</sup> forMen Casual Socks are able to resist daily wear and tear
- Contains a wool blend





#### Sizing & Compression Classes

CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg

CCL 3: 30-40 mmHg





Helps to keep

feet fresh

Helps to keep feet dry



Wool fibres promote softness

S	М	L	XL	Colour
Closed Toe	Closed Toe	Closed Toe	Closed Toe	
75476-02	75477-02	75478-02	75479-02	Black
75476-03	75477-03	75478-03	75479-03	🛑 Khaki Beige
75484-02	75485-02	75486-02	75487-02	Black
75484-03	75485-03	75486-03	75487-03	🛑 Khaki Beige
75492-02	75493-02	75494-02	75495-02	Black
75492-03	75493-03	75494-03	75495-03	🛑 Khaki Beige

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**JOBST** 

## JOBST<sup>®</sup> **RELIEF** Circular knit Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Universal graduated compression in a classical stocking appearance
- Reinforced areas in the foot make Relief stockings especially durable
- Circular knit and seamless providing comfort and support
- Available in open and closed toe for choice
- A wide top band promotes all day comfort



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#### Sizing & Compression Classes



S	S	М	М	L	L	L	L	XL	XL	XL	XL	
Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe	Closed Toe	Open Toe Full Calf	Closed Toe Full Calf	Open Toe	Closed Toe	Open Toe Full Calf	Closed Toe Full Calf	Colour
Relief Ga	rments Kne	ee High										
78649-00	75339-12	78649-01	75340-12	78649-02	75341-12	78649-04	75343-12	78649-03	75342-12	78649-05	75344-12	Black
75339-10	75339-11	75340-10	75340-11	75341-10	75341-11	75343-10	75343-11	75342-10	75342-11	75344-10	75344-11	🛑 Beige
78052-20	78052-32	78052-21	78052-33	78052-22	78052-34	78052-24	78052-36	78052-23	78052-35	78052-25	78052-37	Black
78052-26	78052-38	78052-27	78052-39	78052-28	78052-40	78052-30	78052-42	78052-29	78052-41	78052-31	78052-43	<ul> <li>Black</li> <li>Petite</li> </ul>
78050-04	78050-15	78051-04	78051-15	78052-04	78052-15	77975-15	77975-16	78053-04	78053-15	77976-15	77976-16	Beige
78054-04	78054-15	78055-04	78055-15	78056-04	78056-15	77977-15	77977-16	78057-04	78057-15	77978-15	77978-16	Beige
Relief Ga	rments Thi	gh High										
78649-20	75345-02	78649-21	75346-02	78649-22	75347-02			78649-23	75348-02			Black
78650-20	78042-07	78650-21	78043-07	78650-22	78044-07			78650-23	78045-07			Black
78042-08	78042-09	78043-08	78043-09	78044-08	78044-09			78045-08	78045-09			🛑 Beige
78059-08	78059-09	78047-08	78047-09	78048-08	78048-09			78049-08	78049-09			🔵 Beige
Relief Ga	rments Wai	ist High										
78476-10	78476-11	78477-10	78477-11	78478-10	78478-11			78479-10	78479-11			Beige
78480-10		78481-10		78482-10				78483-10				🛑 Beige
Relief Garments Chaps												
78031-05		78032-05		78033-05				78034-05				🔴 Beige L
78031-06		78032-06		78033-06				78034-06				🔵 Beige R
78035-05		78036-05		78037-05				78041-05				🔵 Beige L
78035-06		78036-06		78037-06				78041-06				Beige R



## JOBST<sup>®</sup> **TRAVEL** Circular knit Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Promotes leg health during long hours of inactivity
- Helps reduce swelling and aching legs, ankles and feet due to long periods of sitting or standing
- 15-20mmHg compression helps reduce the risk of deep vein thrombosis (Blood Clot)
- Improves circulation and energises legs



#### Sizing & Compression Classes





Size 1	Size 2	Size 3	Size 4	Size 5	— Calaur
Closed Toe	— Colour				
78844-07	78845-07	78846-07	78847-07	79272-07	Black
78844-12	78845-12	78846-12	78847-12	79272-12	🛑 Beige

#### JOBST<sup>®</sup> Travel Socks measurements table

Size	1	2	3	4	5
Ankle Circumference	18 - 21 cm	20 - 23 cm	22 - 25cm	24 - 27 cm	26 - 29 cm
Calf Circumference	27 - 37 cm	30 - 40 cm	33 - 43 cm	36 - 46 cm	39 - 49 cm
US Women's Shoe*	4.5 - 6.5	7 - 9	9.5 - 11	11.5 - 13.5	-
US Men's Shoe*	3.5 - 5.5	6 - 8	8.5 - 10	10.5 - 12	12.5 - 14
EU Shoe	37 - 38	39 - 40	41 - 42	43 - 44	45 - 46
UK Shoe	3 - 5	5 - 7	7 - 9	9 - 11	11 - 13

\*Australian shoe sizing is the same as US women's and men's sizing



## JOBST<sup>®</sup> ACTIVEWEAR Circular knit Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Soft and latex free
- Unisex
- Easy to apply
- Cushioned foot and seamless toe help protect feet from shoe seams
- Dri-release technology: providing a dry and cooling effect



## Sizing & Compression Classes

#### CCL 1: 15-20 mmHg

CCL 2: 20-30 mmHg

CCL 3: 30-40 mmHg



Cushioned foot part provides comfort

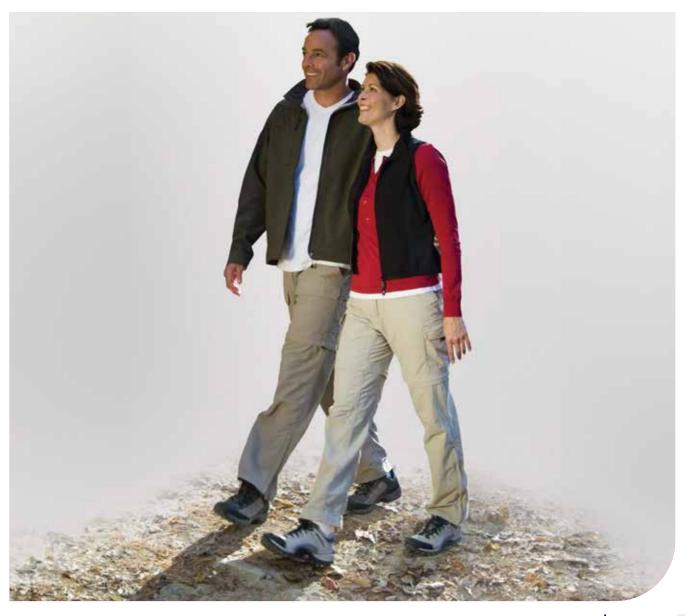


Helps to keep feet dry

BI ya

Blend of soft yarns

S	М	L	XL	Colour
Closed Toe	Closed Toe	Closed Toe	Closed Toe	
75147-03	75148-03	75149-03	75150-03	Black
75147-02	75148-02	75149-02	75150-02	<b>O</b> White
75155-03	75156-03	75157-03	75158-03	Black
75155-02	75156-02	75157-02	75158-02	<b>O</b> White
75411-03	75412-03	75413-03	75414-03	Black
75411-02	75412-02	75413-02	75414-02	<b>O</b> White



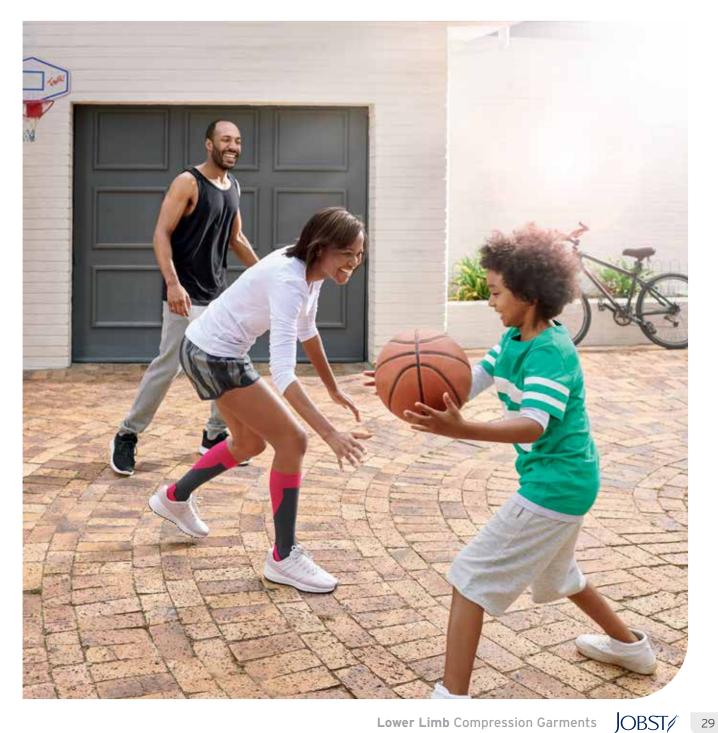
## JOBST<sup>®</sup> **SPORT** Circular knit Ready-To-Wear (RTW)

- Graduated compression helps improve blood flow and reduce swelling
- Soft fabric with a breathable knit provides a high level of comfort for sporting activities
- JOBST<sup>®</sup> Moisture management system for moisture control of the feet
- Anatomically cushioned heel and sole support
- Activated carbon fibers for effective odour control
- Extra flat toe seam for extended wearing comfort



#### Sizing & Compression Classes Support zone for tendons CCL 1: 15-20 mmHg Helps to keep feet fresh Helps keep feet dry

S	М	L	XL	Colour
75289-70	75289-71	75289-72	75289-73	🖉 Black
75289-80	75289-81	75289-82	75289-83	🜌 Royal Blue
75289-90	75289-91	75289-92	75289-93	🗾 Pink

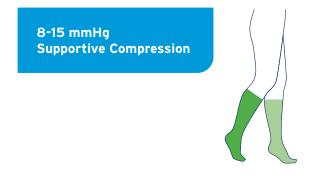


## JOBST<sup>®</sup> **soSoft** Circular knit Ready-To-Wear (RTW)

- JOBST<sup>®</sup> soSoft compression socks provide graduated compression to help support circulation
- With gentle compression of 8-15mmHg, JOBST<sup>®</sup> soSoft compression socks can help tired and achy legs
- Suitable for longer periods of sitting and standing
- Provide relief from minor oedema



#### Sizing & Compression Classes



S	М	L	XL	Colour
73679-11	73679-21	73679-31	73673-05	Black
73680-12	73680-22	73680-32	73673-10	Sand

Sizing		Ankle cB	Calf cC
CC CB	S	18 - 21 cm	28 - 38 cm
	М	20 - 24 cm	30 - 42 cm
	L	22 - 26 cm	32 - 46 cm
	XL	24 - 28 cm	34 - 50 cm

US Sizing Women					
	S	4.5 - 6.5			
	М	7 - 9			
	L	9.5 - 11			
	XL	11.5 - 13			

Shoe size alone is not an indicator for correct sizing. Measurements of calf and ankle circumference are mandatory for the proper performance of this product



# JOBST® ELVAREX SOFT

## Ready to Wear

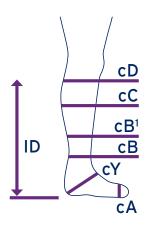
Flat knit compression garments

- JOBST® Elvarex® Soft Knee High garments are the perfect alternative for patients where management with circular knitted garments are no longer suitable due to uncontrolled oedema
- Indicated for the management of mild Lymphoedema and vascular insufficiency
- Soft and Skin Friendly: The soft knitted yarn combines skin protecting softness with excellent breathability, making it an ideal solution for those with sensitive and fragile skin
- Therapeutically effective: Combining the right level of compression with the right fabric stiffness, JOBST<sup>®</sup> Elvarex Soft offers an extremely comfortable and effective treatment for low to moderate oedema



## Sizing & Compression Classes





#### JOBST<sup>®</sup> Elvarex Soft Regular Calf

JOBST <sup>®</sup> Elvarex Soft 20-30mmHg Silicone Band - short 2.5 cm, long 5 cm								
Size	I	Ш	III	IV	V	VI		
Regular (ID AD= 40-45)	79559-012	79559-013	79559-014	79559-015	79559-016	79559-017		
Petite (ID AD= 34-39)	79558-012	79558-013	79558-014	79558-015	79558-016	79558-017		
JOBST® Elvarex Soft 30-40	JOBST® Elvarex Soft 30-40mmHg Silicone Band - short 2.5 cm, long 5 cm							
Size	I	П	Ш	IV	v	VI		
Regular (ID AD= 40-45)	73552-012	73552-013	73552-014	73552-015	73552-016	73552-017		
Petite (ID AD= 34-39)	73579-012	73579-013	73579-014	73579-015	73579-016	73579-017		
Size	I.	П	Ш	IV	v	VI		
cD	28 - 32 cm	30 - 34 cm	32 - 36 cm	34 - 38 cm	36 - 40 cm	38 - 42 cm		
cC	29 - 33 cm	31 - 35 cm	33 - 37 cm	35 - 39 cm	37 - 41 cm	39 - 43 cm		
cB1	23 - 26 cm	25 - 28 cm	27 - 30 cm	29 - 32 cm	31 - 34 cm	33 - 36 cm		
сВ	18 - 20 cm	20 - 22 cm	22 - 24 cm	24 - 26 cm	26 - 28 cm	28 - 30 cm		
cY	26 - 31 cm	28 - 33 cm	39 - 35 cm	31 - 37 cm	32 - 38 cm	33 - 40 cm		
cA	17 - 22 cm	19 - 24 cm	21 - 26 cm	23 - 29 cm	25 - 32 cm	27 - 34 cm		

#### JOBST<sup>®</sup> Elvarex Soft PLUS Calf

JOBST® Elvarex Soft 20-30mmHg Silicone Band - short 2.5 cm, long 5 cm							
Size- PLUS	l Plus	II Plus	III Plus	IV Plus	V Plus	VI Plus	
Regular (ID AD= 40-45)	79559-018	79559-019	79559-020	79559-021	79559-022	79559-023	
Petite (ID AD= 34-39)	79558-018	79558-019	79558-020	79558-021	79558-022	79558-023	
JOBST <sup>®</sup> Elvarex Soft 30-40	OmmHg Silicone E	Band - short 2.5 c	m, long 5 cm				
Size- PLUS	l Plus	II Plus	III Plus	IV Plus	V Plus	VI Plus	
Regular (ID AD= 40-45)	73552-018	73552-019	73552-020	73552-021	73552-022	73552-023	
Petite (ID AD= 34-39)	73579-018	73579-019	73579-020	73579-021	73579-022	73579-023	
Size chart	l Plus	II Plus	III Plus	IV Plus	V Plus	VI Plus	
cD Plus	32 - 36 cm	34 - 38 cm	36 - 40 cm	38 - 42 cm	40 - 44 cm	42 - 46 cm	
cC plus	33 - 37 cm	35 - 39 cm	37 - 41 cm	39 - 43 cm	41 - 45 cm	43 - 47 cm	
cB1 plus	24 - 27 cm	26 - 29 cm	28 - 31 cm	30 - 33 cm	32 - 35 cm	34 - 37 cm	
сВ	18 - 20 cm	20 - 22 cm	22 - 24 cm	24 - 26 cm	26 - 28 cm	28 - 30 cm	
cY	26 - 31 cm	28 - 33 cm	39 - 35 cm	31 - 37 cm	32 - 38 cm	33 - 40 cm	
cA	17 - 22 cm	19 - 24 cm	21 - 26 cm	23 - 29 cm	25 - 32 cm	27 - 34 cm	

# JOBST<sup>®</sup> ULCERCARE



JOBST<sup>®</sup> UlcerCARE<sup>™</sup> enables effective management of hard to heal wounds on the lower leg while offering ease of use for patients and care givers - the perfect combination for providing patients with an improved quality of life.

#### JOBST<sup>®</sup> UlcerCARE<sup>™</sup> Compression System:

- Provides graduated compression of 40 mmHg, the recommended pressure for the healing of these types of wounds
- Is a 2-in-1 stocking system designed for patient's self-management to facilitate easy changing of the wound dressing and to allow for improved personal hygiene (e.g. bathing and skin care)
- JOBST<sup>®</sup> UlcerCARE Liner provides mild compression (17mmHg) for the non-ambulatory patient to help manage lower leg oedema during bed rest
- Outer stocking comes with a zipper on the left or right side for comfortable closure on the opposite side of the wound. It is removed at night and applied first thing in the morning

			JOBST® Ulce Stocking and Liners		
Size	Ankle	Ankle	Zipper on Left Side	Zipper on Right Side	JOBST <sup>®</sup> UlcerCARE Replacement Liners (3 liners)
Small	18 - 21 cm	29 - 35 cm	73631-21	73631-61	73632-21
Medium	21 - 24 cm	34 - 41 cm	73631-22	73631-62	73632-22
Large	24 - 27 cm	40 - 47 cm	73631-23	73631-63	73632-23
X-Large	27 - 30 cm	46 - 54 cm	73631-24	73631-64	73632-24
XX-Large	30 - 33 cm	48 - 56 cm	73631-25	73631-65	73632-25
XXX-Large	33 - 36 cm	50 - 58 cm	73631-26	73631-66	73632-26
XXXX-Large	36 - 39 cm	52 - 60 cm	73631-27	73631-67	73632-27

#### Sizing & Compression Classes



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# JOBST® COMPRINET® PRO

Graduated compression anti-embolism stockings

- Indicated for thrombosis prophylaxis in surgical patients and patients requiring prolonged periods of immobilisation
- Comprinet<sup>®</sup> pro anti-embolism stockings can help reduce the risk of thrombosis in immobile and surgical patients
- Comprinet<sup>®</sup> pro exerts pressure on the vessels from outside. This narrows the veins and, although you are lying in bed, the blood flows at a faster rate back to the heart



#### Sizing & Compression Classes

The colour-coded sizing system allows rapid allocation of the right size.

The colours displayed at the inspection window correspond to the width (inner colour) and the length (outer colour) of the stocking.

Select the correct size garment based upon measurement guide on this page.



#### Comprinet<sup>®</sup> pro Knee High

Size	Width	Colour Code	Product Code
Small	23 - 30 cm	$\bigcirc$	77026-02
Medium	30 - 38 cm	$\bigcirc$	77027-02
Large	38 - 46 cm		77028-02
X-Large	46 - 53 cm		77124-05
XX-Large	53 - 66 cm		77133-03

#### Comprinet<sup>®</sup> pro Thigh High

Size	Width	Length	Colour Code	Product Code
Small Regular	23 - 30 cm	64 - 80 cm	$\bigcirc$	46335-12
Small Long	23 - 30 cm	80v97 cm	$\bigcirc$	46336-02
Medium Regular	30 - 38 cm	64v80 cm	$\bigcirc$	46337-02
Medium Long	30 - 38 cm	80 - 97 cm	$\bigcirc$	46338-02
Large Regular	38 - 46 cm	64 - 80 cm		46388-02
Large Long	38 - 46 cm	80 - 97 cm		46389-02
X-Large Regular	46 - 53 cm	64 - 80 cm		77125-02
X-Large Long	46 - 53 cm	80 - 97 cm		77128-02
XX-Large Regular	53 - 66 cm	64 - 80 cm		77130-01
XX-Large Long	53 - 66 cm	80 - 97 cm		77131-01



# JOBST® ACCESSORIES AND CARE GUIDELINES

# JOBST® DONNING AND DOFFING SOLUTIONS



Application of knee high stockings



Application of thigh high stockings



Doffing of thigh high stockings instructions

#### JOBST<sup>®</sup> Application



Put the hand inside the stocking and grip the heel.



Push the overlapping part of the stocking over the heel.



Turn the stocking inside-out, whilst still holding onto the heel.



Pull the inside-out of the stocking over the front of the foot as far as



Gradually pull the stocking onto the calf, like a normal stocking.







Fold over the stocking and pull without using force.

Make sure that the heel of the stocking is free of creases.

Pull the stocking up to the knee, thigh or waist; let it slide over the thumbs.

Knee high socks or stockings should finish 2 finger width's below the knee crease at the back of the leg.

## JOBST<sup>®</sup> ACCESSORIES





#### JOBST<sup>®</sup> Stocking Donner

Product Code: 79668-00

Due to the nature of compression stockings, people may find putting them on to be initially a challenging task. The JOBST<sup>®</sup> Stocking Donner, which features a lightweight frame and foam grip handles, is designed to aid in the application of all JOBST<sup>®</sup> Medical LegWear.



Place your JOBST<sup>®</sup> compression stocking inside the semi-circle frame and pull the top of the stocking down over the semi-circle. The heel of the stocking must face the back of your JOBST<sup>®</sup> Stocking Donner.

Continue to slide the stocking down over the semi-circle until the heel protrudes from the frame. and is centred and even.



Whilst using a support for balance, insert your foot into the stocking until your foot is completely on the floor.

Helpful Tip: Sit down and hold the heel pocket against the frame as you slide your toes into the stocking.



Preferably whilst seated, grasp the padded handles and gently pull the stocking donner upwards whilst moving your leg slightly outwards, until the stocking is above the calf.



Push the JOBST<sup>®</sup> Stocking Donner backward and down to free the stocking.

Be sure the heel of the stocking is properly placed on the foot. Then adjust the length and smooth out any wrinkles by stroking with the palm of your hands.

The knee band in Knee High socks or stockings should stop two finger widths below the crease at the back of the knee.



## **ARION** DONNING AND DOFFING AIDS

Slide solutions for medical compression garments

#### Product benefits

#### Easy to Use

- Minimise friction between compression garment and skin
- Reduce physical strain for both compression wearers and caregivers
- Promote independence of compression wearers

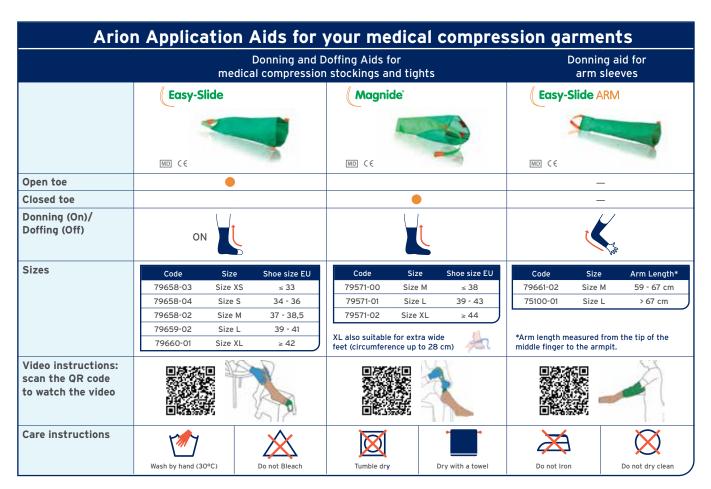
#### Safe to Apply

- Reduce risk of skin damage; can be especially beneficial in case of high skin sensitivity or leg ulcers
- Contribute to a longer garment lifetime by preventing damage from fingers and nails
- Help maintaining the original compression longer and avoiding garments from overstretching and distortion



Simple Solutions -

- Offer application aids for all types of compression garments: stockings, tights, arm sleeves, and gloves
- Designed for different shapes and sizes of limbs
- Support the concordance to compression therapy





## JOBST® DONNING GLOVES

JOBST<sup>®</sup> Donning Gloves help create friction and provide a better grip when you put your garments on. They support an even distribution of the fabric of your compression garments on the leg. Wearing donning gloves also reduces the risk of damage to the fabric.

#### Extra Tip

Besides donning aids and accessories, there are helpful tips and tricks for easier application. Make sure that your skin is dry before putting on your garments. Avoid using any greasy ointments or body lotions prior to applying compression stockings.

XS	S	м	L	XL	Colour
77400-27	77400-28	77400-29	77400-30	77400-31	Blue



Dry clean

## JOBST® ROLL-ON-ADHESIVE

An adhesive lotion to help hold garments in place

#### Suitable for daily use.

A single application with the roll-on-ball on the exposed skin around the arm or leg is sufficient. Then the edge of the garment is folded up and pressed against the skin.

For garments with a silicone edge, the adhesive lotion should not be applied directly under it.

Cleaning instructions: Remnants of the adhesive lotion can be easily washed off the skin or garment with water after removing the garment.

#### Product code: 79274-11



Use softeners

**JOBST** 

# JOBST® GENERAL CARE INSTRUCTIONS



- Hand or gentle machine warm wash at 40 degrees celsius (Laundry bag recommended)
- Use mild liquid detergent
- Do not use powder detergent as it clogs elastic fibres
- Rinse well to remove all traces of detergent
- Do not bleach

For garments with silicone band:

The use of skin care products (such as skin creams, body lotion or powder) as well as various skin types (such as dry or peeling skin) and hair growth, may prevent the silicone band from keeping the thigh high in place. Therefore, moisturisers should be well absorbed before applying stockings.

We recommend the following steps to maximise the grip performance:

- 1. Turn the garment inside out before washing
- 2. Before the main wash, thoroughly hand wash the silicone band using a delicate fabric detergent. Concentrate on removing any lotions, hair or foreign material from the silicone.

#### **Drying Instructions**

- Dry JOBST<sup>®</sup> UltraSheer, JOBST<sup>®</sup> Travel Socks and JOBST<sup>®</sup> UlcerCARE<sup>™</sup> liner either indoors or in the shade, laid flat
- JOBST<sup>®</sup> forMen Casual, ActiveWear, Sport, soSoft, forMen, Relief and UlcerCARE<sup>™</sup> outer stocking can all be tumble dried at low temperature
- Do not wring







each Do not iron

Do not dry clean

Please refer to the product label and / or package insert for full instructions on the safe use of these products.

Always read the label and follow the instructions for use. If symptoms persist, see your doctor / healthcare professional.

