

# JOBST® Elvarex® and JOBST® Elvarex® Soft Custom-Fit, Flat-Knit Below Knee Measuring Form

For the treatment of lymphoedema and chronic oedema

## Download Printable Copies of JOBST Measuring Forms

You can download copies of the measuring forms for the full  
JOBST range that can be printed on standard office printers at:  
[jobst.co.uk/professionals/resources/measuring-forms/](http://jobst.co.uk/professionals/resources/measuring-forms/)  
or scan the QR to access



# JOBST® Elvarex® and JOBST® Elvarex® Soft

## Measuring instructions

### Circumference Measurements (cm)

All circumference measurements to be taken with lay-on tape tension, except for the **C** circumference

1. Measure foot **A** circumference along the base of the toe joints at the widest part of the foot, including any bunions
2. Measure **Y** circumference around the front ankle crease and heel with the foot at maximal dorsiflexion (tendons flexed and toes pointing up)
3. Measure narrowest part of ankle **B** circumference
4. Measure **B1** circumference at the insertion of the Achilles tendon (calf transition). If not clearly visible, **B1** is halfway between the **B** and **C** measurements
5. Measure widest part of the calf **C** circumference. This is an anchor point for the garment, so pull the tape together to first resistance
6. Measure **D** circumference at two finger widths below the crease of the knee / base of patella

### Length Measurements (cm)

1. Measure **a-B** length from the floor to narrowest part of the ankle
2. Measure **a-B1** length from the floor to insertion of the Achilles tendon (calf transition)
3. Measure **a-C** length from the floor to widest part of the calf
4. Measure **a-D** length from the floor to two finger widths below the crease of the knee / base of patella

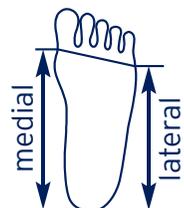
### Foot Style Options Length Measurements (cm)

Tip: length measurement should be taken in full weight bearing, standing position.

For total foot length, measure from the end of the heel to the tip of the longest toe



Measure from the end of the heel to the base of the large toe (inside/medial) and from the end of the heel to the base of the little toe (outside/lateral)



Note: medial = inside  
lateral = outside

### Silk Pocket and Patch Options

Ankle to foot (base of toes)



Patch tibia from B



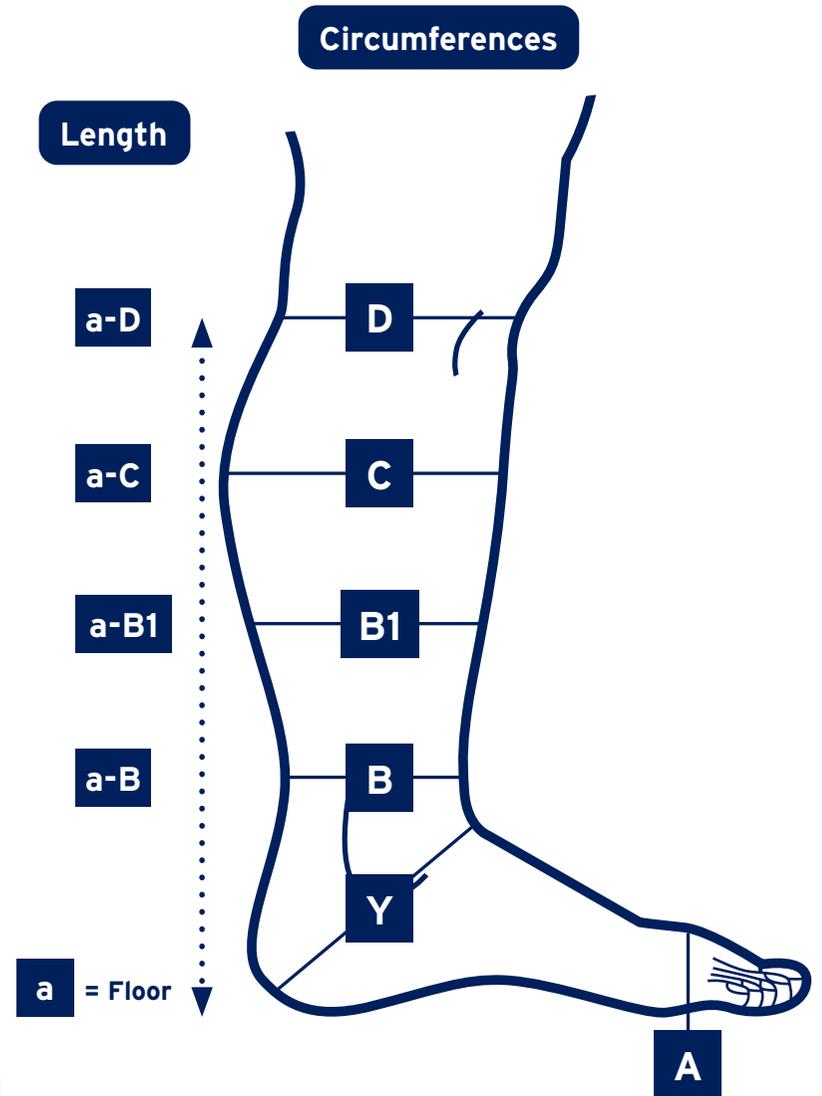
Patch instep (ankle crease)



Pocket top of foot



Pocket instep (ankle crease)



Check out our measuring guide videos

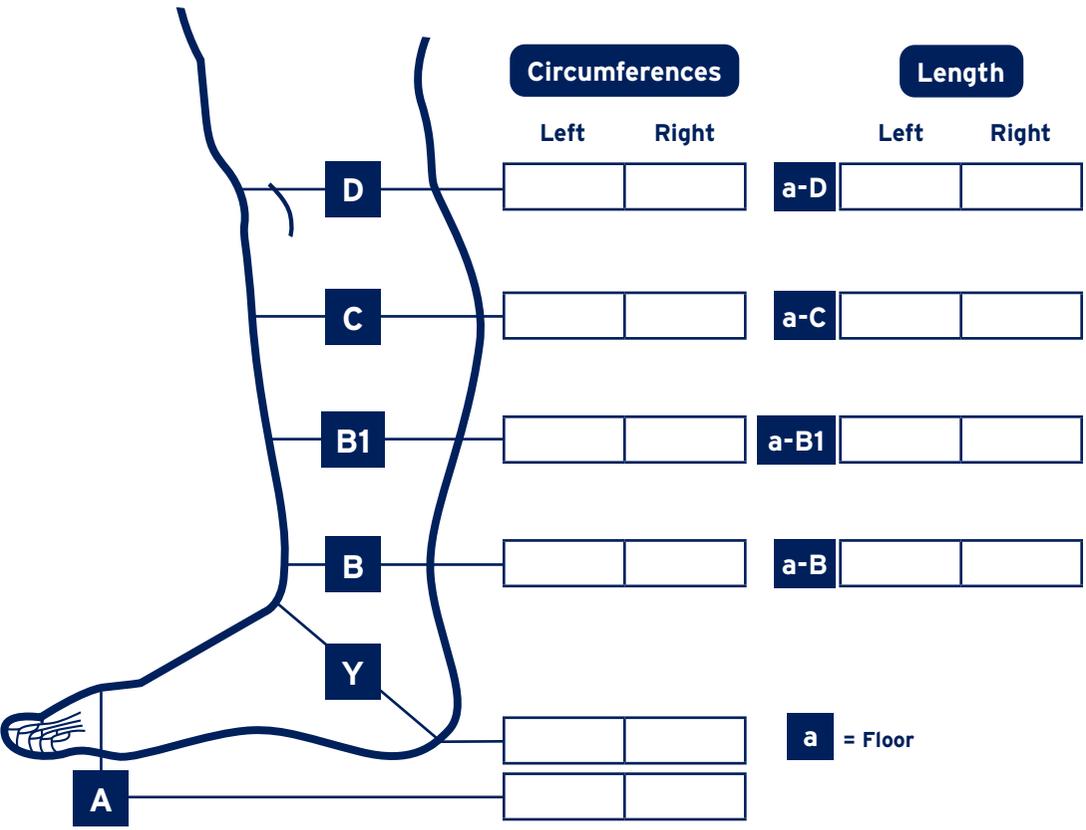
Scan the QR code for help with measuring for JOBST Elvarex and JOBST Elvarex Soft



# JOBST® Elvarex® and JOBST® Elvarex® Soft

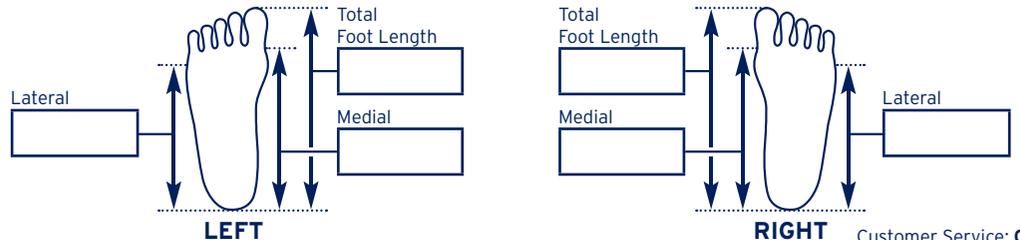
Date: \_\_\_\_\_ Purchase Order No.: \_\_\_\_\_ Patient Name: \_\_\_\_\_  
 Measured By: \_\_\_\_\_ Tel: \_\_\_\_\_ Email: \_\_\_\_\_  
 Delivery Address: \_\_\_\_\_  
 Post Code: \_\_\_\_\_

**Below Knee**, Custom-Fit measuring form and prescription request  
 Email order to Customer Services on: [compression.uk@jobst.com](mailto:compression.uk@jobst.com)



### Foot Style Options

All three measurements should be taken in full weight bearing, standing position.  
 • **Medial** = heel to base of big toe (inside)  
 • **Lateral** = heel to base of little toe (outside)  
 • **Total Foot Length** = heel to end of longest toe



### JOBST® Elvarex®

**Compression Class (RAL)**

CCL 1 (18-21mmHg)  
 CCL 2 (23-32mmHg)  
 CCL 3 (34-46mmHg)  
 CCL 3F (34-46mmHg)  
 CCL 4 (49-70mmHg)  
 CCL 4S (60-90mmHg)

**Quantity**  
 Left  Right

**Top Band Option**  
 SoftFit (CCL 1-3 only)  
**OR**  
 2.5cm silicone band  
 Inside  On top  
 3/4 band  
 5cm silicone band  
 Inside  On top  
 3/4 band  Pieces

**Style**  
 AD Knee high

**Standard Colours**

Beige  Black  
 Caramel  Bronze  
 Dark brown

**Non-Standard Colours**

Dark blue  Grey  
 Cranberry  Henna  
 Denim  Graphite  
 Stone  Aubergine

**Options**

Zipper (Y-D as standard unless otherwise stated)  
 Medial (inside)  Lateral (outside)  
 Front  
 Zipper ring pull  
 Silk pocket (1 side open)  
 Top of foot  
 Instep (ankle crease)  
 Other (add location in 'Remarks')  
 Silk patch (4 sides closed)  
 Ankle to foot (base of toes)  
 Instep (ankle crease)  
 Tibia (from B)  
 Other (add location in 'Remarks')  
 T-Heel (CCL 2-3F only)  
 Ankle pad(s) (profile)  
 Slipform

**Coloured Seam**  
 Mix garment and seam colour (no code / charge for seam colour)  
 Beige  Black  
 Dark blue  Dark brown  
 Grey  Cranberry

**Foot Style**

Open Toe Slant  
 Open Toe Straight  
 Closed Toe Slant  
 Closed Toe Straight

**Remarks**

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### JOBST® Elvarex® Soft

**Compression Class (RAL)**

CCL 1 (18-21mmHg)  
 CCL 2 (23-32mmHg)  
 CCL 3 (34-46mmHg)

**Style**  
 AD Knee high

**Standard Colours**

Beige

**Non-Standard Colours**

Dark blue  Grey  
 Cranberry  Ruby red  
 Pine green  Black  
 Sunflower yellow  
 Dark brown

**Quantity**  
 Left  Right

**Foot Style**

Open Toe Slant  
 Open Toe Straight  
 Closed Toe Slant  
 Closed Toe Straight

**Top Band Option**

SoftFit (CCL 1-3 only)  
**OR**  
 Silicone band  
 2.5cm on top  
 5cm on top

**Options**

Silk pocket (1 side open)  
 Top of foot  
 Instep (ankle crease)  
 Silk patch (4 sides closed)  
 Ankle to foot (base of toes)  
 Instep (ankle crease)  
 Tibia (from B)  
 Slipform  
 T-Heel

# JOBST® Elvarex® and JOBST® Elvarex® Soft

Dear Prescriber

Following a full assessment, it is my recommendation that the above patient is supplied with JOBST® Elvarex® Custom-Fit or JOBST® Elvarex® Soft **Custom-Fit** compression garment(s). Please could you therefore provide a prescription for the following as soon as possible. In addition, please add to repeat prescription to facilitate patient self-ordering.

Please state quantity in appropriate boxes for compression class and option(s) so that ALL necessary codes can be included on the prescription.

**Schema Number (for repeat orders):** \_\_\_\_\_

Note: this number can be found on the Reorder Letter included in the original garment.

**To place your order**

For JOBST Delivered orders:

1. Post the printed prescription and JOBST **Custom-Fit** measuring form to JOBST Delivered\* or
2. Send the prescription electronically via EPS to Daylong Direct\*\* and either post the JOBST Custom-fit measuring form to JOBST Delivered\* or email to [jobstdelivered@daylongdirect.co.uk](mailto:jobstdelivered@daylongdirect.co.uk) or [dac.fj708@nhs.net](mailto:dac.fj708@nhs.net)  
If the healthcare professional has already provided the JOBST **Custom-Fit** measuring form via JOBST Online, only the prescription is required by JOBST Delivered.

For Pharmacy orders, provide the printed prescription or send electronically via EPS and provide the JOBST **Custom-Fit** measuring form.

\*JOBST Delivered, FREEPOST, Unit 5, Heritage House, Cossall Industrial Estate, Ilkeston, Derby, DE7 5UD

\*\*to nominate as dispenser, search either FJ708, DE7 5UD or Daylong Direct under 'appliance contractor'

**Repeat prescription required every \_\_\_\_\_ months.**

Thank you for your assistance.

\_\_\_\_\_ Healthcare Professional

\_\_\_\_\_ Contact telephone number, in case of query

Any queries, please call the manufacturer:

**Essity UK Ltd**

Customer Services: 0345 122 3600 or email: [compression.uk@jobst.com](mailto:compression.uk@jobst.com)

JOBST® Elvarex®			
Style	Compression Class	Drug Tariff Code	Qty
AD Below Knee	CCL 1 (18-21mmHg)	L1-01-04	
AD Below Knee	CCL 2 (23-32mmHg)	L2-02-04	
AD Below Knee	CCL 3 (34-46mmHg)	L3-03-04	
AD Below Knee	CCL 3F (34-46mmHg)	L3-04-04	
AD Below Knee	CCL 4 (49-70mmHg)	L4-05-04	
AD Below Knee	CCL 4S (60-90mmHg)	L5-06-04	
Style	Options	Drug Tariff Code	Qty
AD Below Knee	Closed Toe	L-A001	
AD Below Knee	2 Ankle pad (profile)	L-A002	
AD Below Knee	Zipper	L-A003	
AD Below Knee	Silicone band	L-A004	
AD Below Knee	Non-standard colour	L-A008	
AD Below Knee	T-Heel (CCL 2-3F only)	L-A010	
AD Below Knee	SoftFit (CCL 1-3 only)	L-A016	

JOBST® Elvarex® Soft			
Style	Compression Class	Drug Tariff Code	Qty
AD Below Knee	CCL 1 (18-21mmHg)	L1-10-04	
AD Below Knee	CCL 2 (23-32mmHg)	L2-08-04	
AD Below Knee	CCL 3 (34-46mmHg)	L3-09-04	
Style	Options	Drug Tariff Code	Qty
AD Below Knee	Closed Toe	L-A001S	
AD Below Knee	Silicone band	L-A004S	
AD Below Knee	Non-standard colour	L-A008S	
AD Below Knee	T-Heel	L-A010S	
AD Below Knee	SoftFit	L-A016S	

**Download our help guide for how to prescribe JOBST custom-fit compression garments**



**Go digital and order using JOBST Online**

Bringing you an easier way to order JOBST. Order direct with payment by account or on prescription by selecting JOBST Delivered\* as the dispenser on JOBST Online.

Scan QR code to register or visit [order.jobst.com/UK](http://order.jobst.com/UK)

\*JOBST Delivered is operated by Daylong Direct, 10 Cossall Industrial Estate, Ilkeston, Derby, DE7 5UG

Privacy Policy: [www.daylong.co.uk](http://www.daylong.co.uk)



By completing this order form, you are confirming that you are aware of your obligation to obtain consent from the patient on the processing of their data for the production of their JOBST® compression garment in accordance with the Data Protection Act 2018, the UK's implementation of the (EU) General Data Protection Regulation [GDPR]. For more information and our Privacy Policy, visit [www.jobst.co.uk](http://www.jobst.co.uk).



JOBST®, an Essity brand



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